



# SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION

#1 - 575 Park Street  
REGINA SK S4N 5B2  
PHONE: 306-721-2151 FAX: 306-721-2659  
E-mail: [shsaa@shsaa.ca](mailto:shsaa@shsaa.ca)  
Web Site: [www.shsaa.ca](http://www.shsaa.ca)

## TRACK ADVANCER INSTRUCTIONS

### Hint: HyTek starting up for a new year

[Here's a cheat sheet with some hints about starting up for a new year, using last year's meet as a template.](#)

### Entry to the Provincial Track Meet

The three methods of advancing your district team to the SHSAA office are Fast Track, Hy-Tek and manually using the spreadsheet – ensure you use this template and properly key in seed times as listed in the following link:

[http://www.carlton.srsd119.ca/sports/track/meentry/prov\\_entry.htm](http://www.carlton.srsd119.ca/sports/track/meentry/prov_entry.htm)

All entries must be sent by email by the entry deadline to SHSAA office ([Lyle McKellar](#)); (**not** to Dave Dice).

**Note: DO NOT use the advancers method built into HyTek software. It will not correctly export your results. If you have used HyTek at the district level, use method 2 below.**

1. Fast Track method. Export your entries to the provincial meet as described in the Fast Track manual. You must save the results as a zip file.
2. Advancing from a meet using HyTek. The sending team uses a program called Advancers (free [download Advancers](#) software) to automatically extract their entries and send them to the host by email. [Complete instructions for this method.](#) Note: this program has not been tested for use with Vista.
3. Manually using a spreadsheet template. [Download this template](#) and complete it exactly as shown in the template itself. Be very careful not to exceed entry limits or use improper coding of the events or seed times. Your results will be rejected if this happens.