

SHSAA TRACK & FIELD
Provincial Championship – Schedule
Friday and Saturday June 3 & 4, 2011 – Canada Games Park – Regina

Friday Track Schedule			Saturday Track Schedule		
<i>Time</i>	<i>Division</i>	<i>Competition</i>	<i>Time</i>	<i>Division</i>	<i>Competition</i>
9:30 am	MIDGET GIRLS	80 m Hurdle Heats	9:00 am	SENIOR GIRLS	4X100 m Relay H
	JUNIOR GIRLS	80 m Hurdle Heats	9:15	SENIOR BOYS	4X100 m Relay H
	SENIOR GIRLS	80 m Hurdle Heats	9:30	JUNIOR GIRLS	4X100 m Relay H
10:10	MIDGET BOYS	100 m Hurdle Heats	9:45	JUNIOR BOYS	4X100 m Relay H
	JUNIOR BOYS	100 m Hurdle Heats	10:00	MIDGET GIRLS	4X100 m Relay H
	SENIOR BOYS	100 m Hurdle Heats	10:15	MIDGET BOYS	4X100 m Relay H
10:50	MIDGET GIRLS	100 m Heats	10:30	SENIOR BOYS	3000 m Final
	MIDGET BOYS	100 m Heats	10:45	SENIOR GIRLS	3000 m Final
	JUNIOR GIRLS	100 m Heats	11:00	JUNIOR BOYS	3000 m Final
11:30	JUNIOR BOYS	100 m Heats	11:15	JUNIOR GIRLS	3000 m Final
	SENIOR GIRLS	100 m Heats	11:30	MIDGET BOYS	3000 m Final
	SENIOR BOYS	100 m Heats	11:45	MIDGET GIRLS	3000 m Final
12:10 pm	Open Girls	100m Quads Timed Final	12:00	SENIOR GIRLS	200 m Heats
	Open Boys	100m Quads Timed Final	12:15	SENIOR BOYS	200 m Heats
12:40	MIDGET GIRLS	400 m Heats	12:30	JUNIOR GIRLS	200 m Heats
	MIDGET BOYS	400 m Heats	12:45	JUNIOR BOYS	200 m Heats
	JUNIOR GIRLS	400 m Heats	1:00	MIDGET GIRLS	200 m Heats
1:20	JUNIOR BOYS	400 m Heats	1:15	MIDGET BOYS	200 m Heats
	SENIOR GIRLS	400 m Heats			
	SENIOR BOYS	400 m Heats			
2:00	MIDGET GIRLS	100 m Semi-final	Lunch Break 1:30 – 2:30		
	MIDGET BOYS	100 m Semi-final			
	JUNIOR GIRLS	100 m Semi-final			
2:30	JUNIOR BOYS	100 m Semi-final	2:30	Wheel Chair	400 m Timed Final
	SENIOR GIRLS	100 m Semi-final	2:40	SENIOR GIRLS	800 m Timed Final
	SENIOR BOYS	100 m Semi-final	2:55	SENIOR BOYS	800 m Timed Final
	Wheel Chair	100 m Semi-final	3:10	JUNIOR GIRLS	800 m Timed Final
3:00	MIDGET GIRLS	80 m Hurdle SF	3:25	JUNIOR BOYS	800 m Timed Final
	JUNIOR GIRLS	80 m Hurdle SF	3:40	MIDGET GIRLS	800 m Timed Final
	SENIOR GIRLS	80 m Hurdle SF	3:55	MIDGET BOYS	800 m Timed Final
3:30	MIDGET BOYS	100 m Hurdle SF	4:10	SENIOR GIRLS	200 m Timed Final
	JUNIOR BOYS	100 m Hurdle SF	4:20	SENIOR BOYS	200 m Timed Final
	SENIOR BOYS	100 m Hurdle SF	4:30	JUNIOR GIRLS	200 m Timed Final
Dinner Break 4:00 – 5:00			4:40	JUNIOR BOYS	200 m Timed Final
5:00	SENIOR BOYS	100 m Hurdle Final	4:50	MIDGET GIRLS	200 m Timed Final
	JUNIOR BOYS	100 m Hurdle Final	5:00	MIDGET BOYS	200 m Timed Final
	MIDGET BOYS	100 m Hurdle Final	5:10	SENIOR GIRLS	4 X 100 m Final
5:15	MIDGET GIRLS	80 m Hurdle Final	5:15	SENIOR BOYS	4 X 100 m Final
	JUNIOR GIRLS	80 m Hurdle Final	5:20	JUNIOR GIRLS	4 X 100 m Final
	SENIOR GIRLS	80 m Hurdle Final	5:25	JUNIOR BOYS	4 X 100 m Final
5:30	MIDGET GIRLS	1500m Timed Final	5:30	MIDGET GIRLS	4 X 100 m Final
5:45	MIDGET BOYS	1500m Timed Final	5:35	MIDGET BOYS	4 X 100 m Final
6:00	JUNIOR GIRLS	1500m Timed Final	5:40	Open Girls	4 X 400 m Final
6:15	JUNIOR BOYS	1500m Timed Final	5:50	Open Boys	4 X 400 m Final
6:30	SENIOR GIRLS	1500m Timed Final			
6:45	SENIOR BOYS	1500m Timed Final			
7:00	Wheel Chair	100m Final			
7:05	MIDGET GIRLS	100m Final			
	MIDGET BOYS	100m Final			
	JUNIOR GIRLS	100m Final			
7:20	JUNIOR BOYS	100m Final			
	SENIOR GIRLS	100m Final			
	SENIOR BOYS	100m Final			
7:30	MIDGET GIRLS	400m Timed Final			
	MIDGET BOYS	400m Timed Final			
	JUNIOR GIRLS	400m Timed Final			
7:50	JUNIOR BOYS	400m Timed Final			
	SENIOR GIRLS	400m Timed Final			
	SENIOR BOYS	400m Timed Final			
8:00 pm	Open Boys	800m Quad Timed Final			
	Open Girls	800m Quad Timed Final			

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9:30am	Open Boys	Quad LONG JUMP			
	Open Girls	Quad LONG JUMP			
10:30am	MIDGET BOYS	High Jump	9:00am	MIDGET BOYS	Pole Vault
	MIDGET GIRLS	Discus		MIDGET BOYS	Shot Put
	JUNIOR BOYS	Long Jump		MIDGET GIRLS	Long Jump
	JUNIOR GIRLS	Pole Vault		JUNIOR BOYS	Discus
	JUNIOR GIRLS	Shot Put		JUNIOR GIRLS	High Jump
	SENIOR BOYS	Javelin		SENIOR BOYS	Triple Jump
	SENIOR GIRLS	Triple Jump		SENIOR GIRLS	Javelin
1:00pm	MIDGET BOYS	Javelin	11:30am	MIDGET BOYS	Triple Jump
	MIDGET GIRLS	High Jump		MIDGET GIRLS	Pole Vault
	JUNIOR BOYS	Pole Vault		MIDGET GIRLS	Shot Put
	JUNIOR BOYS	Shot Put		JUNIOR BOYS	High Jump
	JUNIOR GIRLS	Triple Jump		JUNIOR GIRLS	Javelin
	SENIOR BOYS	Long Jump		SENIOR BOYS	Discus
	SENIOR GIRLS	Discus		SENIOR GIRLS	Long Jump
3:30pm	Open Boys	Quad SHOT PUT			
	Open Girls	Quad SHOT PUT			
5:30pm	MIDGET BOYS	Long Jump	2:30pm	MIDGET BOYS	Discus
	MIDGET GIRLS	Triple Jump		MIDGET GIRLS	Javelin
	JUNIOR BOYS	Javelin		JUNIOR BOYS	Triple Jump
	JUNIOR GIRLS	Discus		JUNIOR GIRLS	Long Jump
	SENIOR BOYS	Pole Vault		SENIOR BOYS	High Jump
	SENIOR BOYS	Shot Put		SENIOR GIRLS	Pole Vault
	SENIOR GIRLS	High Jump		SENIOR GIRLS	Shot Put

