

# SHSAA REGIONAL WRESTLING

*DATE: Saturday, March 7, 2009*

*LOCATION: Swift Current Comprehensive High School*

*COMMISSIONER: Allen Blanke*

**PHONE: 773-2801**

**FAX: 773-9285**

## **ENTRY:**

1. All wrestlers from registered schools outside Regina and Saskatoon **MUST** attend this meet in order to qualify for the Provincial Tournament.
2. Registered schools may enter more than one wrestler per division.
3. Every participating school **MUST** contact the commissioner, with their intent to enter, and indicate the number of competitors by the Monday preceding the regional tournament. Competitors who have not been pre-registered by their coaches will not be allowed to participate in the tournament.
4. **This will be a one-day meet.** Weigh-in will be done by fax and Wrestling will begin at 10:00 a.m.
5. The Saskatchewan District team that advances to the Provincial Tournament will consist of up to four qualifiers from this meet per weight division.
6. The coaches present will select the "District" coaching staff. (Head and Assistant Coach.)
7. The District Coaches in consultation with the commissioner will select the final district team.

## **WEIGH-IN:**

A weigh-in will not be held at the Regional tournament. **Each wrestler must weigh in at their home school. A school administrator or their designate must certify the weight. Certified weights must be faxed to the host commissioner by 12:00 p.m. the Thursday preceding the meet (March 5, 2009).** Note this procedure is used for the regional meet only.

**SKIN INSPECTIONS:** Skin inspections will begin at 9:30 am. All participants must pass the on-site skin inspection before wrestling.

## **START TIME:**

The tournament begins at 10:00 am. Three wrestling mats are available for matches.

## **ACCOMMODATIONS:**

No rooms have been blocked but the following link provides information about accommodations in Swift Current.  
<http://www.tourismswiftcurrent.ca/accommodations/index.php#motels>

## **BOYS TEAMS INVOLVED:**

Team fees have been received from the following schools and entries are expected from: North Battleford, Elrose, Outlook, Hudson Bay, Creighton, Dillon Buffalo River, Meadow Lake Carpenter, Meadow Lake Jonas Sampson, St. Louis – Patuanak, LaLoche, Delisle, MJ Peacock, MJ Central, MJ Riverview, MJ Vanier, Hector Thiboutot, PA Carlton, PA St. Mary, PA Wesmor, Greenall, Notre Dame, Swift Current, Weyburn Comp., Weyburn Jr. High, Yorkton Regional.

## **GIRLS TEAMS INVOLVED:**

Dalmeny, Delisle, Dillon Buffalo River, Elrose, Outlook, Creighton, Hector Thiboutot, Greenall, Notre Dame, LaLoche, Meadow Lake Carpenter, Meadow Lake Jonas Sampson, MJ Peacock, MJ Riverview, MJ Vanier, North Battleford, PA Carlton, PA St. Mary, Swift Current, Yorkton Regional, St. Louis - Patuanak.

**If there are other schools intending to participate in wrestling, the school must contact the SHSAA office to be included in the Regional Wrestling tournament.**

More information will be sent direct to each of the schools involved from the SHSAA office and the commissioner.