

SHSAA PROVINCIAL WRESTLING CHAMPIONSHIPS

DATE: March 12 & 13, 2010

LOCATION: University of Regina

COMMISSIONER: Greg Johnson

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ENTRY:

Regina, Saskatoon and the District Teams must be declared on or before March 6, 2010 and entries received by the commissioner on or before, March 8, 2010.

SKIN CHECKS:

Skin examinations will begin at 11:30 a.m. at the site. All wrestlers must clear skin inspection prior to reporting for weigh-in.

WEIGH-IN:

Weigh in will take place at the site from 12:00 noon to 1:00 p.m. Friday, March 12th. Wrestlers must weigh in at this time and make the weight class that they qualified for at the Provincial.

WEIGH-IN PROCEDURE:

Scales for the weigh-ins will be available as a "check" for wrestlers between 11:00 am and 11:30 am.

COMPETITION:

Wrestling will begin at 4:00 p.m. Friday and continue until 9:00 p.m. Wrestling will resume Saturday at 9:00 a.m. and will continue to completion of the preliminary round. (Approx. 12:00 p.m.). The medal rounds should commence approximately one and a half hours after the completion of the preliminary round.

ACCOMMODATION:

Regina Inn; Ph. (306)525-6767 – 20 rooms for Fri. Mar. 12

Comfort Inn; Ph. (306)789-5522 – 40 rooms for Fri. Mar. 12

Please refer to the SHSAA Handbook for more information on High School wrestling rules. See pages 122-128.