

SHSAA REGIONAL WRESTLING

DATE: Saturday, March 6, 2010

LOCATION: Prince Albert Carlton Comprehensive (Red Gym)

COMMISSIONER: Bob Coffin

PHONE: 922-3115 ext. 211

FAX: 764-1770

ENTRY:

1. All wrestlers from registered schools outside Regina and Saskatoon **MUST** attend this meet in order to qualify for the Provincial Tournament.
2. Registered schools may enter more than one wrestler per division.
3. Every participating school **MUST** contact the commissioner, with their intent to enter, and indicate the number of competitors by the Monday preceding the regional tournament. Competitors who have not been pre-registered by their coaches will not be allowed to participate in the tournament.
4. **This will be a one-day meet.** Weigh-in will be done by fax and Wrestling will begin at 10:00 a.m.
5. The Saskatchewan District team that advances to the Provincial Tournament will consist of up to four qualifiers from this meet per weight division.
6. The coaches present will select the "District" coaching staff. (Head and Assistant Coach.)
7. The District Coaches in consultation with the commissioner will select the final district team.

WEIGH-IN:

A weigh-in will not be held at the Regional tournament. **Each wrestler must weigh in at their home school. A school administrator or their designate must certify the weight. Certified weights must be faxed to the host commissioner by 12:00 p.m. the Thursday preceding the meet (March 4, 2010).** Note this procedure is used for the regional meet only.

SKIN INSPECTIONS: Skin inspections will begin at 9:00 am. All participants must pass the on-site skin inspection before wrestling.

START TIME:

The tournament begins at 10:00 am. Three wrestling mats are available for matches.

ACCOMMODATIONS:

Comfort Inn (306-763-4466) 40 rooms blocked. Indicate that you are attending the SHSAA Regional Wrestling Championships when booking. Please book prior to Feb. 5, 2010.

P.A. Inn (306-922-5000) 10 rooms available. Quote: Group # 6573 when booking. 1 king sized bed per room - \$109/per night. Check on availability of cots. They will only hold these rooms until Feb.12 before releasing them.

Twilite Motel (306-764-1491) – located right behind the Super 8 hotel as you come into PA on Highway # 2. 30 rooms available. Two queen sized beds in each room. \$65 - \$80 per room. Due to computer software problems they can only take bookings two months in advance. Contact in January of 2010.

BOYS TEAMS INVOLVED:

Entries are expected from: Carlton Comprehensive, Carpenter High School, MJ Central, Creighton, Delisle, Elrose, Greenall High School, Hudson Bay, McLurg High School, North Battleford Comprehensive, Notre Dame, Outlook, MJ Peacock, Rosetown, PA St. Mary, Swift Current, MJ Vanier, Weyburn, Weyburn Jr. High, and Yorkton Regional

GIRLS TEAMS INVOLVED:

Entries are expected from: Carlton Comprehensive, Carpenter High School, MJ Central, Creighton, Delisle, Elrose, Greenall High School, Hudson Bay, North Battleford Comprehensive, Notre Dame, Outlook, PA St. Mary, Swift Current, MJ Vanier, and Yorkton Regional

If there are other schools intending to participate in wrestling, the school must contact the SHSAA office to be included in the Regional Wrestling tournament.