

# ***HIGH SCHOOL SPORT WEEK IN SASKATCHEWAN***

**OCTOBER 10-16, 2010**



In partnership with



## **Objective:**

***Increase the public's awareness of the values of interscholastic athletic programs.***

Schools are encouraged to set aside time during the week to acknowledge the Coaches, Officials, Student Athletes and Fans who contribute to the success of High School Sport in their community. A very important aspect is to also recognize that High School Sport is an extension of the classroom and provides an opportunity for the education of leadership, teamwork, healthy lifestyles, motor skills, sportsmanship, ethics, and integrity.

**WEDNESDAY OCTOBER 13 – OFFICIALS RECOGNITION DAY**

**FRIDAY OCTOBER 15 – SCHOOL TEAM RECOGNITION DAY**

**SATURDAY OCTOBER 16**

- **SHSAA PROVINCIAL CROSS COUNTRY CHAMPIONSHIPS (Regina)**

## **History:**

National High School Activities Week was created in 1980 by the National Federation of State High School Associations (NFHS) as a means to promote the value of interscholastic activity programs across the country. The Canadian School Sport Federation has joined in by promoting this week and encouraging its member organizations to make schools across the country aware of the initiative. The NFHS highlights each day of School Sport Week as a means to promote the benefits of high school sport and also recognize the individuals involved in what some have come to call "The Other Half of Education". ***This year the Provincial Government has proclaimed October 10 – 16 as School Sport Week in Saskatchewan.***

## Key Messages:

- Extra-curricular activities are inherently educational.
- Extra-curricular activities support the academic mission of schools.
- Extra-curricular activities foster success in later life.
- Participation in high school sport is a valuable part of the overall high school experience.
- Participation in high school sport has promoted higher grades and better attendance.
- Participation in extra-curricular programs yields positive results after high school.
- Extra-curricular activities teach lessons that lead to better citizens.

