



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



JANUARY 2006 NEWSLETTER

SHSAA EXECUTIVE 2005-2006

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SHSAA MISSION STATEMENT

"To promote the positive development of the individual by providing competitive interscholastic athletic activities consistent with the goals of education."

Executive Director's Report

I trust each of you had an enjoyable Christmas season with family and friends. The Christmas break this year has more significance for the majority of schools. We reconvene in our same school now operated under a new school division name and administration. For some this change is a little overwhelming but I am confident the passion of educators will mould future directions and look to take advantage of opportunities as they are presented.

Discussions with each of the new school division administrations indicate they are looking to those individuals involved in the delivery of school sport to show the direction and be involved in the development of policy and procedures to guide interschool sport opportunities for our students and ensure activities as a tool to promote effective schools. From the recent District President's meeting held in Saskatoon it was reported that discussions and meetings are taking place across the province to address interschool sport issues and future methods of delivery and organization of these important programs. Make sure your school is involved with your new district development team.

Once again it is with pleasure that I extend congratulations to all those individuals that made the fall championship and regular interschool sport season very successful. Each year I am reminded how the contributions of volunteer teachers, students and coaches allow for effective school sport opportunities in each high school. The SHSAA has enjoyed another successful fall program due to the efforts of these people. Officials play a key role in the quality of the experience students will have in school sport. We must also salute the service and efforts made by officials across the province.

As we celebrate the accomplishments of the fall season we must also reflect on items that need our attention. One of the challenges for the Association is the recruitment, development and retention of those all-important officials. Again, this fall the discussion came forward regarding the Association policy to use the best-qualified officials from the host district to officiate post-district playoff games. Some insist that only 'neutral officials' must be allowed to officiate. The Association has always advocated that an official by definition is neutral to the contest and have established policies to allow for competent officials to officiate playoff games. Some have expressed that even those that have demonstrated competence should not officiate if they are from the local area of the host location. This of course could be feasible if a large pool of officials to draw from were available. As most of us know this is not the case. Then the discussion turns to only the best officials should be used during playoffs. The position of the Association is to use competent officials, as the best are not clearly identified and to do so further limits the supply of available officials. Why am I stating this revolving discussion you may be



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asking? It's because the Association, in my opinion, is coming to a critical point in its ability to deliver quality program to students and schools due to a shortage of competent officials available across the province. It seems the cities have an enviable situation. They have established leagues that allow for officials associations to flourish with little or no effort from the schools they service. In reality the city official's associations also struggle to fulfil requests to officiate. The problem is that those jurisdictions in proximity to city officials associations rely more and more on those associations for service, but come playoff or tournament time are left out because the city association serves its area first. In some cases, if city officials are available they will officiate for double or triple the fee for service. Some schools pay it, as it is simpler than developing local officials. Those outside of the reasonable proximity to these officials groups struggle with no officials or have their games officiated by other coaches in the school or area. Once playoff time comes the pool of available competent officials is very small if available at all. The Association has made many requests of the provincial officials associations to assist in the development and education of officials outside of the four major cities. They are willing but it seems we are not able to find the individuals willing to take part as officials. We have to ask our self what are the roadblocks and why has this problem grown each year.

I believe the answer lies within the control of each district association. That is to make use of the district officials group consisting of the district official's commissioner and the referee-in-chief for volleyball, basketball, football and soccer and have them coordinate the assignment and selection of officials for all interschool games in the district. Until such time as we organize officials in each district and provide consistent opportunities for officials to officiate and be educated we will continue to flounder in this critical area. All involved believe competent officiating is critical to the delivery and quality of our program. Every time this discussion comes forward we find the pitfalls but don't look for solutions. Yes, there may be some games in the short term that have to be postponed, as they are currently in the cities, but that will only serve to force the issue. Rather

than continue to have interschool games officiated by non-accredited individuals willing to provide the service to help out the school or the kids. We must insist on trained, competent officials for each interschool game. We must stop complaining about officials as they practice their craft and work with them to improve their abilities.

I realize for many of you this is another task that falls on hands that already have volunteered to perform many tasks required for a successful athletic program. I am also convinced that if we stay as we currently are we will continue to experience the same frustrations with officiating during the playoffs and also during the regular season. You will travel further and pay more money without an improvement in the situation. Some schools may not have the opportunity to host due to where they are situated and the availability of officials. We must stop creating roadblocks and find solutions.

Other things to watch for this winter and spring. The Executive Council has been working on a set of guiding principles for decision-making on post district playoffs. This was directed by resolution at the 2005 AGM. The Executive Council met in late November with a facilitator to develop a discussion paper on guiding principals for provincial playoffs. This exists in a draft form and is currently under discussion and revision by the executive. It will be distributed to the District Presidents in the new year for further input and then released to all schools for input and discussion prior to the June 2006 AGM scheduled for Estevan.

For the remainder of the 2005-2006 school year interschool sport will continue to be organized by the thirteen-existing districts. Come September 2006 the Association will be organized into fourteen district associations. Plans continue to develop playoffs based on this model for the 2006-2007 school year and will be released by the Association as they are developed and approved.

Have a great New Year. Your SHSAA office staff looks forward to serving you and your school as we progress through the anticipated changes.





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What is SPORTSMANSHIP?

By Rich Wolff, Chairman, The Center for Sports Parenting

Coaches, educators, referees, and parents all talk about sportsmanship, but what exactly is it? Here's a quick 10-step review:

SPORTSMANSHIP is...

- sincerely congratulating your opponent after he's just defeated you – especially after a close game.
- personally checking up on an injured opponent who has been taken off the playing field during the game.
- giving the ref or ump a pat on the back for a job well done, even though you or your team lost.
- being mature enough to know that sometimes, in sports, it's not that your team lost – it's just that the other team won.
- having the courage – and diplomacy – to let a loud-mouthed parent on the sidelines know that they're beginning to lose their perspective on the game.
- not giving into the temptation of cheating in order to pursue your own personal goal of victory.
- knowing that running up the score against your opponent doesn't accomplish anything of a positive nature.
- understanding that when the game is over, it's time to shake hands, smile, and move on.
- knowing when your jubilation and celebration on the playing field is getting out of hand and is beginning to embarrass your opponent.
- the Golden Rule applied in sports. Treat your opponents in the same manner that you'd like to be treated. Keep that one simple rule in mind, and you'll always be looked upon as an athlete who understands and honours the rules sportsmanship.

SPORTSMANSHIP CHECKLIST FOR KIDS. . .

- I abide by the rules of the game.
- I try to avoid arguments.
- I share in the responsibilities of the team.
- I give everyone a chance to play according to the rules.
- I always play fair.
- I follow the directions of the coach.
- I respect the other team's effort.
- I offer encouragement to my teammates.
- I accept the judgment calls of the game officials.
- I end the game smoothly.

SPORTSMANSHIP IS THE ABILITY TO . . .

- win without gloating
- lose without complaining
- treat your opponent with respect

SPORTSMANSHIP TIPS . . .

- If you make a mistake, don't pout or make excuses. Learn from it, and be ready to continue to play.
- If a teammate makes a mistake, offer encouragement, not criticism.
- If you win, don't rub it in.
- If you lose, don't make excuses.

Source: The information contained in this article and more information on 'sportsmanship' can be found at the Institute for International Sport website. The address:
<http://www.internationalsport.com/nsd/qfacts.cfm>



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SHSAA PROVINCIAL CURLING CHAMPIONSHIPS

MARCH 2 - 4, 2006

SHSAA curling championships will consist of 16 teams competing in a triple-knockout competition with the final four qualifiers taking part in a championship round to determine the medal places. Information about the host centers and competing teams are printed below, including their position on the draw. Second representative teams are chosen from the previous years championship district and from the neighbouring districts to this years curling venue that have the largest number of curling teams entered in the SHSAA program. A random draw, held in the SHSAA office, determines the placing on the draw. (Except districts with two representatives, one representative is placed in the top half the other rep in the bottom half). Once a school qualifies, you must contact the provincial commissioner and SHSAA office. **Please NOTIFY the PROVINCIAL commissioner and the SHSAA office by noon Monday, February 27, 2006 or earlier.**

ALL DISTRICT CHAMPIONSHIPS MUST BE COMPLETED ON OR BEFORE February 25th

MIXED & GIRLS CURLING

COMMISSIONER:

Glenda Caughlin
Tisdale Middle and Secondary School
TISDALE, SK
E-mail: caugling@tsd53.ca
Phone: 873-2352 Fax: 873-2941
Rink: 873-4747

SCHEDULE of EVENTS

Tisdale Curling Club is a 6-sheet facility. The schedule for a 3-sheet draw is located on page 87 of the SHSAA Handbook. The Tisdale club has a large spectator area both upstairs and in the lobby.

Registration: Wednesday 6:00 to 9:00 pm at the rink.

Practice Time: is available on Wednesday evening. Contact the commissioner to arrange practice times.

Coaches Meeting: Wednesday 9:00 pm at the curling rink. All teams are asked to attend.

Opening Ceremony: Thursday at 1:00 p.m.

Banquet: Thursday at 7:00 p.m. The banquet will be held at the Tisdale Recplex for all curlers and coaches.

Breakfast: The host committee will provide a continental breakfast for curlers and coaches on Thursday and Friday mornings.

Accommodation: All teams accommodations will be coordinated through the school. Participating teams are to contact Iris Jones 306-873-2352 to confirm reservations.

Parents: Please book in Melfort or Nipawin

BOYS CURLING

COMMISSIONER:

Melanie Delorme / Brent Chadwick
Assiniboia Composite High
ASSINIBOIA, SK
E-mail: melanied@rctsd.ca
Phone: 642-3319 Fax: 642-5347
Rink: 642-5115

SCHEDULE of EVENTS

Prince of Wales Cultural & Recreational Centre curling club is a 4-sheet facility. The schedule for a 4-sheet draw is located on page 87 of the SHSAA Handbook.

Registration: Wednesday 6:00 to 9:00 pm at the rink.

Practice Time: is available on Wednesday evening. Contact the commissioner to arrange practice times.

Coaches Meeting: Wednesday 9:00 pm at the curling rink. All teams are asked to attend.

Opening Ceremony: Thursday at 11:00 a.m.

Banquet: Thursday at 7:00 p.m. The banquet will be held at the Prince of Wales Center for all curlers and coaches. Parents and fans are welcome (\$10.00 per person).

Breakfast: The host committee will provide continental breakfast for curlers and coaches at the Curling Club Thursday and a free pancake breakfast Friday morning.

Accommodation: All teams accommodations will be coordinated through the school. Please contact Brent Chadwick 306-642-3319 to make reservations.



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SHSAA PROVINCIAL CURLING CHAMPIONSHIP PARTICIPANTS

<p align="center">BOYS CURLING 13 District Champions (CEN, EC, MJ, NC, NE, NW, QV, REG, STN, SC, SE, SW, WC) Assiniboia - (Host Team) West Central District 2nd Team (2005 Championship District) Qu'Appelle Valley District 2nd team</p>	<p align="center">GIRLS CURLING 13 District Champions (CEN, EC, MJ, NC, NE, NW, QV, REG, STN, SC, SE, SW, WC) Tisdale - (Host Team) South West District 2nd Team (2005 Championship District) North Central District 2nd team</p>
<p>MIXED CURLING 12 District Champions (CEN, EC, MJ, NC, NE, NW, QV, REG, SC, SE, SW, WC) Tisdale - (Host Team) South Central District 2nd Team (2005 Championship District) Central District 2nd Team. East Central District 2nd Team</p>	

'FIRST ROUND MATCH UPS'

GAME #	BOYS DRAW @ Assiniboia	GIRLS DRAW @ Tisdale	MIXED DRAW @ Tisdale
1	MOOSE JAW vs QU'APPELLE #2	NORTH CENTRAL #2 vs MOOSE JAW	NORTH WEST vs NORTH EAST
2	NORTH CENTRAL vs EAST CENTRAL	EAST CENTRAL vs SOUTH EAST	SOUTH WEST vs WEST CENTRAL
3	SOUTH CENTRAL vs SASKATOON	REGINA vs SOUTH WEST #1	EAST CENTRAL #1 vs SOUTH EAST
4	WEST CENTRAL #1 vs CENTRAL	QU'APPELLE vs NORTH WEST	SOUTH CENTRAL #1 vs CENTRAL #2
5	ASSINIBOIA vs SOUTH EAST	TISDALE vs NORTH CENTRAL #1	TISDALE vs REGINA
6	WEST CENTRAL #2 vs QU'APPELLE #1	CENTRAL vs WEST CENTRAL	SOUTH CENTRAL #2 vs QU'APPELLE
7	NORTH WEST vs REGINA	SOUTH CENTRAL vs NORTH EAST	EAST CENTRAL #2 vs CENTRAL #1
8	SOUTH WEST vs NORTH EAST	SOUTH WEST #2 vs SASKATOON	NORTH CENTRAL vs MOOSE JAW





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SHSAA REGIONAL BASKETBALL PLAYOFFS

In the **1A, 2A, 3A and 4A** categories, each district will hold a district championship in boys and girls basketball **on or before March 4, 2006**. The winner of each district championship will advance to a regional tournament on March 10 & 11, 2006.

The SHSAA Office will select "additional" entries from teams that do not advance by winning the district championship. Additional teams will be added to complete a field of 16-teams for each regional tournament. Each Regional tournament (**1A, 2A, 3A, and 4A**) will consist of four (4) teams. They will compete in an A/B side tournament; the team winning the 'A' side will advance to HOOPLA. The host site for the regional playoffs will be posted on the SHSAA web site March 6th. The Regional playoff will be awarded at the completion of the seeding of each classification. We realize the short time lines involved but believe this is necessary to ensure valid seeding of the tournaments. All District Officials' Commissioners should prepare to host a minimum of 2 and possibly more Regional Tournaments in each district. Schools interested in hosting a regional basketball playoff are invited to submit a bid to host on or before January 31st. Send bids to the SHSAA office. Please check the SHSAA website for the tournament draws.

Schools that have a population of 251 or more male or female students in grades 10-12 that are not located in Regina or Saskatoon will compete in the **5A** category. The Hoopla participants will be determined from two regional tournaments. Schools in this category that are interested in hosting one of these two regional tournaments are invited to submit a bid to host on or before January 31st. Send bids to the SHSAA office. Please check the SHSAA website for the tournament draws.

Teams in **Regina** and **Saskatoon** that have a population of 251 or more male or female students in grades 10-12 will compete in **6A** basketball will qualify for the provincial championship by participating in their city championships. Four male and four female teams from each city will qualify to compete at HOOPLA.

SEEDING OF TEAMS FOR REGIONAL PLAYOFFS

To seed the basketball playoffs the cooperation and input from all coaches is requested. The SHSAA office requires written confirmation of season results from **ALL BASKETBALL TEAMS**. Include results of all games played (tournament, league, exhibition) including who your opponents were and the result, win or loss. Also, include your opinion as a coach regarding the top 8 teams in your classification. Include all results up to and including the February 25th weekend. Submit them to the SHSAA office by **Monday, February 27, 2006**.

In addition, schools holding a regular season tournament are requested to post tournament results on the SHSAA message board under the topic **School Tournaments**. District Commissioners are asked to post District basketball results on the SHSAA message board; the various headings are listed under **District Playoff Results**.

PLEASE USE THE SEEDING FORM ON THE FOLLOWING PAGE OF THIS NEWSLETTER

(Seeding forms are also available on page 146 of the Handbook and can be downloaded from the SHSAA web site; see SHSAA Forms)



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HOOPLA 2006

SHSAA PROVINCIAL BASKETBALL CHAMPIONSHIPS

Hoopla 2006 will be held in Moose Jaw, March 16, 17 and 18. The 6A boys and girls preliminary games will be held on Thursday evening. All other classifications will begin play on Friday. All Finals will be played on Saturday.

The host committee from Moose Jaw will host the Provincial Basketball Championships at the following venues:

- ❖ **SIASST (Saskatchewan St. and 6th Ave. NW)**
- ❖ **A.E. Peacock Collegiate (145 Ross Street E.)**
- ❖ **Vanier Collegiate (324 MacDonald St. W.)**
- ❖ **Riverview Collegiate (650 Coteau St. W.)**
- ❖ **Caronport High School (25 km. West of Moose Jaw on Highway 1)**

The schedule of games will be released Monday, March 13th. It will be posted on the SHSAA web site, direct your inquiries to the SHSAA office. Each school team attending HOOPLA is responsible for arranging their accommodations. Accommodation has been blocked at the following hotels under HOOPLA or Saskatchewan High Schools Athletic Association (SHSAA):

❖ Comfort Inn	37 rooms	306-692-2100
❖ Heritage Inn	78 rooms	306-693-7550
❖ Day's Inn	69 rooms	306-691-577
❖ Temple Gardens	64 rooms	306-694-5055
❖ Super 8	40 rooms	306-692-8888
❖ Pilgrim Inn (Caronport)	40 rooms	306-756-5002
❖ Prairie Oasis	30 rooms plus	306-693-8888
	10 mobile homes that sleep 8	

Schools are encouraged to book rooms early. Rates and availability are based on early reservations. Please refer to the SHSAA when asking for rooms at the hotels. You may be told there are no rooms available if you do not ask for the SHSAA or HOOPLA BLOCK OF ROOMS.





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SHSAA REGIONAL WRESTLING

DATE: Saturday, March 4, 2006

LOCATION: North Battleford Comprehensive

COMMISSIONER: Stephen Neufeld

PHONE: 445-6101

FAX: 445-6878

ENTRY:

1. All wrestlers from registered schools outside Regina and Saskatoon **MUST** attend this meet in order to qualify for the Provincial Tournament.
2. Registered schools may enter more than one wrestler per division.
3. Every participating school **MUST** contact the commissioner, with their intent to enter, and indicate the number of competitors by the Monday preceding the regional tournament. Competitors who have not been pre-registered by their coaches will not be allowed to participate in the tournament.
4. **This will be a one-day meet.** Weigh-in will be done by fax and Wrestling will begin at 10:00 a.m.
5. The Saskatchewan District team that advances to the Provincial Tournament will consist of up to four qualifiers from this meet per weight division.
6. The coaches present will select the "District" coaching staff. (Head and Assistant Coach.)
7. The District Coaches in consultation with the commissioner will select the final district team.

WEIGH-IN:

A weigh-in will not be held at the Regional tournament. **Each wrestler must weigh in at their home school. A school administrator or their designate must certify the weight. Certified weights must be faxed to the host commissioner by 12:00 p.m. the Thursday preceding the meet (Mar. 2, 2006).** Note this procedure is used for the regional meet only.

SKIN INSPECTIONS: Skin inspections will begin at 9:30 am. All participants must pass the on-site skin inspection before wrestling.

START TIME:

The tournament begins at 10:00 am. Three wrestling mats are available for matches.

ACCOMMODATIONS:

Tropical Inn (306-446-4700); BCM Inns (306-445-7747); Super 8 (306-446-8888)

BOYS TEAMS INVOLVED:

Team fees have been received from the following schools and entries are expected from: Yorkton Regional, Martensville, PA Carlton, PA St. Mary, Big River, Birch Ridge, Canoe Lake, Chief Kahkewistahaw, Chief Napew, Creighton, Dillon Buffalo River, Island Lake, Clearwater River, LaLoche Community, Meadow Lake Carpenter, MJ Peacock, Morse, North Battleford, Cupar, Eagleview, Esterhazy, Estevan, Greenall, Bert Fox, Indian Head, Bengough, Radville, Wakaw, Weyburn Comp. Weyburn Jr. High, Swift Current, Elrose.

GIRLS TEAMS INVOLVED:

Yorkton Regional, Martensville, PA Carlton, PA St. Mary, Birch Ridge, Canoe Lake, Chief Kahkewistahaw, Creighton, Dillon Buffalo River, LaLoche Clearwater, LaLoche Community, Meadow Lake Carpenter, North Battleford, Greenall, Cupar, Eagleview, Esterhazy, Estevan, Fort Qu'Appelle Bert Fox, Indian Head, Bengough, Weyburn Comp. Weyburn Jr. High, Swift Current, Elrose.

More information will be sent direct to each of the schools involved from the SHSAA office and the commissioner.



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**SHSAA PROVINCIAL WRESTLING
CHAMPIONSHIPS**

DATE: March 10 & 11, 2006

LOCATION: Saskatoon Walter Murray

COMMISSIONER: Kelly Bowers

PHONE: 683-8249

FAX: 657-3944

E-Mail: bowersk@spsd.sk.ca

ENTRY:

Regina, Saskatoon and the District Teams must be declared on or before March 4 and entries received by the commissioner on or before, March 6.

SKIN CHECKS:

Skin examinations will begin at 11:30 a.m. at the site. All wrestlers must clear skin inspection prior to reporting for weigh-in.

WEIGH-IN:

Will take place at the site from 12:00 noon to 1:00 p.m. Friday, March 10th. Wrestlers must weigh-in at this time and make the weight class that they qualified for at the Provincial.

WEIGH-IN PROCEDURE:

Scales for the weigh-ins will be available as a "check" for wrestlers between 11:00 am and 11:30 am.

COMPETITION:

Wrestling will begin at 4:30 p.m. Friday and continues to 9:00 p.m. It will resume Saturday at 9:30 a.m. and will continue to completion of the preliminary round. (Approx. 12:00 p.m.). The medal rounds should commence approximately one and a half hours after the completion of the preliminary round.

ACCOMMODATION:	Saskatoon Inn	Comfort Inn	Howard Johnson
	2002 Airport Rd.	2155 Northridge Dr.	610 Idylwyld Dr.
	242-1440	934-1122	244-2901
	\$79.00 - \$109.00	\$67.00	\$69.00

Please refer to the SHSAA Handbook for more information on High School wrestling rules. See pages 117-123.





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**SHSAA PROVINCIAL BADMINTON
CHAMPIONSHIP**

Date: May 13, 2006
Location: Weyburn Comprehensive School
Commissioner: Bob King
Phone: 842-2188 **Fax:** 842-5594

Rules and Procedures: Refer to the SHSAA Handbook, Badminton Pages 75-78.

Official Shuttlecock: The SHSAA has a sponsorship contract with Yonex Canada. The Yonex, Mavis 350, Blue Band Shuttle will be supplied by the SHSAA & Yonex for each District, Regional and the Provincial Tournament.

Accommodation:

Motel 385	306-842-4647
El Rancho Motel	306-842-1411
Circle 6 Motel	306-842-6166
Perfect Inns & Suites	306-842-2691

Inquiries: Please contact the respective commissioners or the SHSAA Office at:
#1 - 575 Park Street
REGINA SK S4N 5B2
Phone: 721-2151 Fax: 721-2659
E-mail: shsaa@shsaa.sk.ca
Web Site: www.shsaa.sk.ca

**REGIONAL PLAYOFFS
MAY 6, 2006**

Reminder to all District Commissioners: You must have your entries for Regional Badminton into the Regional host by Monday May 1.

	SERIES A	SERIES B	SERIES C	SERIES D
Location:	South West Swift Current Comp. Swift Current	Qu'Appelle Whitewood School	Central Riverside Badminton Club Saskatoon	North Central Rivier Academy Prince Albert
Contact:	Dennis Franz (Fox Valley)	Dennis Scott	Rob Kurbis (Holdfast)	Claude Jalbert
Phone:	666-2144	735-2550	488-2055	764-6289
Fax:	666-2115	735-4363	488-2155	763-1442
Format:	6-Team	8-Team	6-Team	6-Team
Participating Teams:	Regina Greg Johnson RHSAA: 791-8475 Moose Jaw Larry Segall 693-4631	South East Dale Issel Estevan: 634-4761 East Central Keith Seidler Melville: 728-4181 South Central Jody Lehmann Gravelbourg: 648-2430	Saskatoon Kelly Bowers SSSAD: 683-8249 West Central Will Johnson Biggar: 948-2117	North West B. Cardrain Holy Rosary: 875-3600 North East: Rob Moore Melfort: 752-2891





**SASKATCHEWAN HIGH SCHOOLS
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**SHSAA PROVINCIAL TRACK & FIELD
CHAMPIONSHIP**

June 2 & 3, 2006, the Provincial High School Track & Field Championships will be held in Moose Jaw. The track is at Guthridge Field, which is located at Riverview Collegiate.

Participating Districts and schools are responsible to book their own accommodation. The Association has blocked rooms for Track at the following:

❖ Comfort Inn	37 rooms	306-692-2100
❖ Heritage Inn	78 rooms	306-693-7550
❖ Day's Inn	69 rooms	306-691-577
❖ Temple Gardens	64 rooms	306-694-5055
❖ Super 8	40 rooms	306-692-8888
❖ Pilgrim Inn (Caronport)	40 rooms	306-756-5002
❖ Prairie Oasis	20 rooms plus 10 mobile homes that sleep 8	306-693-8888

Wheelchair Events: The 100m and 400m wheelchair events have been approved as events for this meet. Please contact the SHSAA office with your entries for the wheel chair events.

FAST TRACK computer program may be used for entries to the provincial meet again this year. The 2003 version of the Fast Track program is available as a download from the SHSAA Web Site. All owners of the FAST TRACK program (School, Division, District versions) may download the 2003 version from the web site. Click onto Track in the News & Activities section and follow the directions for FAST TRACK. All District entries will be e-mailed to the provincial office using this updated version.

OFFICIALS' ASSIGNMENTS: Each District must supply **TWO OFFICIALS per session** for the meet. These officials will be assigned an event or task for each session of the meet with the Head Officials for each event being appointed by and from the host District. **Please supply the names of your District officials to the SHSAA Office as soon as possible following your District Track meet.** A fine of \$100.00 will be assessed to any District that does not comply with these criteria. Athletes must not be assigned as officials.

TASK	DISTRICT ASSIGNED
Track Judges & Officials:	NORTH EAST SOUTH WEST NORTH CENTRAL NORTH WEST QU'APPELLE
SHOT:	EAST CENTRAL
JAVELIN:	SOUTH EAST
DISCUS:	WEST CENTRAL
LONG JUMP:	SOUTH CENTRAL
TRIPLE JUMP:	CENTRAL
HIGH JUMP:	REGINA
POLE VAULT:	SASKATOON
HEAD OFFICIAL FOR EACH EVENT:	MOOSE JAW



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA TRACK & FIELD - Provincial Championship

Friday and Saturday June 2 & 3, 2006 – Moose Jaw Guthridge Field

FRIDAY TRACK SCHEDULE			SATURDAY TRACK SCHEDULE			
Time	Division	Competition	Time	Division	Competition	
10:00 a.m.	Mid. Girls	80 m Hurdle Heats	9:00 am	Sr. Girls	4 x 100 m Relay Heats	
	Jr. Girls	80 m Hurdle Heats	9:15	Sr. Boys	4 x 100 m Relay Heats	
	Sr. Girls	80 m Hurdle Heats	9:30	Jr. Girls	4 x 100 m Relay Heats	
10:40	Mid. Boys	100 m Hurdle Heats	9:45	jr. Boys	4 x 100 m Relay Heats	
	Jr. Boys	100 m Hurdle Heats	10:00	Mid. Girls	4 x 100 m Relay Heats	
	Sr. Boys	100 m Hurdle Heats	10:15	Mid. Boys	4 x 100 m Relay Heats	
11:20	Mid. Girls	100 m Heats	10:30	Sr. Boys	3000 m FINAL	
	Mid. Boys	100 m Heats	10:45	Sr. Girls	3000 m FINAL	
	Jr. Girls	100 m Heats	11:00	Jr. Boys	3000 m FINAL	
12:00 pm	Jr. Boys	100 m Heats	11:15	Jr. Girls	3000 m FINAL	
	Sr. Girls	100 m Heats	11:30	Mid. Boys	3000 m FINAL	
	Sr. Boys	100 m Heats	11:45	Mid. Girls	3000 m FINAL	
12:40	Mid. Girls	400 m Heats	12:00 pm	Sr. Girls	200 m Heats	
	Mid. Boys	400 m Heats	12:15	Sr. Boys	200 m Heats	
	Jr. Girls	400 m Heats	12:30	Jr. Girls	200 m Heats	
1:20	Jr. Boys	400 m Heats	12:45	Jr. Boys	200 m Heats	
	Sr. Girls	400 m Heats	1:00	Mid. Girls	200 m Heats	
	Sr. Boys	400 m Heats	1:15	Mid. Boys	200 m Heats	
2:00	Mid. Girls	100 m Semi-Final	Lunch Break 1:30 – 2:30			
	Mid. Boys	100 m Semi-Final	2:30	Wheelchair	400 m Timed Finals	
	Jr. Girls	100 m Semi-Final	2:40	Sr. Girls	800 m Timed Finals	
2:30	Jr. Boys	100 m Semi-Final	2:55	Sr. Boys	800 m Timed Finals	
	Sr. Girls	100 m Semi-Final	3:10	Jr. Girls	800 m Timed Finals	
	Sr. Boys	100 m Semi-Final	3:25	Jr. Boys	800 m Timed Finals	
3:00	Wheelchair	100 m Semi-Final	3:40	Mid. Girls	800 m Timed Finals	
	Mid. Girls	80 m Hurdle Semi-Final	3:55	Mid. Boys	800 m Timed Finals	
	Jr. Girls	80 m Hurdle Semi-Final	4:10	Sr. Girls	200 m Timed Finals	
3:30	Sr. Girls	80 m Hurdle Semi-Final	4:20	Sr. Boys	200 m Timed Finals	
	Mid. Boys	100 m Hurdle Semi-Final	4:30	Jr. Girls	200 m Timed Finals	
	Jr. Boys	100 m Hurdle Semi-Final	4:40	Jr. Boys	200 m Timed Finals	
3:30	Sr. Boys	100 m Hurdle Semi-Final	4:50	Mid. Girls	200 m Timed Finals	
	DINNER BREAK 4:00 – 5:00			5:00	Mid. Boys	200 m Timed Finals
	5:00	Sr. Boys	100 m Hurdles FINAL	5:10	Sr. Girls	4 x 100 m FINAL
	Jr. Boys	100 m Hurdles FINAL	5:15	Sr. Boys	4 x 100 m FINAL	
	Mid. Boys	100 m Hurdles FINAL	5:20	Jr. Girls	4 x 100 m FINAL	
5:15	Mid. Girls	80m Hurdles FINAL	5:25	Jr. Boys	4 x 100 m FINAL	
	Jr. Girls	80m Hurdles FINAL	5:30	Mid. Girls	4 x 100 m FINAL	
	Sr. Girls	80 m Hurdles FINAL	5:35	Mid. Boys	4 x 100 m FINAL	
5:30	Mid. Girls	1500 m Timed Finals	5:40	Sr. Girls	4 x 400 m Timed Finals	
5:45	Mid. Boys	1500 m Timed Finals	5:50	Sr. Boys	4 x 400 m Timed Finals	
6:00	Jr. Girls	1500 m Timed Finals				
6:15	Jr. Boys	1500 m Timed Finals				
6:30	Sr. Girls	1500 m Timed Finals				
6:45	Sr. Boys	1500 m Timed Finals				
7:00	Wheelchair	100 m FINAL				
7:05	Mid. Girls	100 m FINAL				
	Mid. Boys	100 m FINAL				
	Jr. Girls	100 m FINAL				
7:20	Jr. Boys	100 m FINAL				
	Sr. Girls	100 m FINAL				
	Sr. Boys	100 m FINAL				
7:40	Mid. Girls	400 m Timed Finals				
	Mid. Boys	400 m Timed Finals				
	Jr. Girls	400 m Timed Finals				
8:00	Jr. Boys	400 m Timed Finals				
	Sr. Girls	400 m Timed Finals				
	Sr. Boys	400 m Timed Finals				





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA TRACK & FIELD - Provincial Championship

Friday and Saturday June 2 & 3, 2006 – Moose Jaw Guthridge Field

FRIDAY FIELD SCHEDULE			SATURDAY FIELD SCHEDULE		
Time	Division	Competition	Time	Division	Competition
10:00 am	Mid. Boys	HIGH JUMP	9:00 am	Mid. Boys	POLE VAULT
	Mid. Girls	DISCUS		Mid. Boys	SHOT PUT
	Jr. Boys	LONG JUMP		Mid. Girls	LONG JUMP
	Jr. Girls	POLE VAULT		Jr. Boys	DISCUS
	Jr. Girls	SHOT PUT		Jr. Girls	HIGH JUMP
	Sr. Boys	JAVELIN		Sr. Boys	TRIPLE JUMP
	Sr. Girls	TRIPLE JUMP		Sr. Girls	JAVELIN
1:00 pm	Mid. Boys	JAVELIN	11:30 am	Mid. Boys	TRIPLE JUMP
	Mid. Girls	HIGH JUMP		Mid. Girls	POLE VAULT
	Jr. Boys	POLE VAULT		Mid. Girls	SHOT PUT
	Jr. Boys	SHOT PUT		Jr. Boys	HIGH JUMP
	Jr. Girls	TRIPLE JUMP		Jr. Girls	JAVELIN
	Sr. Boys	LONG JUMP		Sr. Boys	DISCUS
	Sr. Girls	DISCUS		Sr. Girls	LONG JUMP
5:00 pm	Mid. Boys	LONG JUMP	2:30 pm	Mid. Boys	DISCUS
	Mid. Girls	TRIPLE JUMP		Mid. Girls	JAVELIN
	Jr. Boys	JAVELIN		Jr. Boys	TRIPLE JUMP
	Jr. Girls	DISCUS		Jr. Girls	LONG JUMP
	Sr. Boys	POLE VAULT		Sr. Boys	HIGH JUMP
	Sr. Boys	SHOT PUT		Sr. Girls	POLE VAULT
	Sr. Girls	HIGH JUMP		Sr. Girls	SHOT PUT





**SASKATCHEWAN HIGH SCHOOLS
ATHLETIC ASSOCIATION**



SHSAA COACHES SYMPOSIUM

The SHSAA annual **Coaches Symposium** will be held **August 21 & 22, 2006 in Saskatoon**. It will follow a similar schedule to last year's symposium with improvements and changes as suggested by previous participants. Registration Fee will be \$80.00 if registered prior to June 30th and \$100.00 for those who register at the symposium. Pamphlets and registration forms will be distributed to schools this spring.

The pre-conference option will be available again this year. It is optional and offers an opportunity to further diversify your symposium experience. See the tentative schedule listed below.

The Symposium Committee is actively planning the sessions and inviting presenters to participate. If you have someone in mind that you would like to hear give a presentation, take the time to forward the name to the SHSAA office or an executive member. If you are approached to present, please give the opportunity serious consideration. It is our own made in Saskatchewan coaches who each year are most appreciated at the symposium.

Pre-Conference Sessions: Monday August 21, 9:00 am – 4:30 pm

- NCCP Level II Theory
- NCCP Level II Technical Basketball
- Sport Taping Session
- NCCP Level II Technical Volleyball

SHSAA Coaches Symposium					
Monday and Tuesday, August 21 & 22, 2006					
Pre-Sessions Monday – 9:00 a.m. – 4:30 pm					
Registration 5:45 – 6:15 p.m. – Marion Graham Collegiate					
Opening General Session 6:15 – 6:30 p.m. – WELCOME					
Monday 6:30 – 7:45	BASKETBALL	VOLLEYBALL	TRACK	SOCCER	BADMINTON
Monday 8:00 – 9:15	BASKETBALL	VOLLEYBALL	TRACK	SOCCER	BADMINTON
Monday 9:15 – 11:00	Social at Marion Graham				
Tuesday 9:00 – 10:15	Training Session CHOICE	Training Session CHOICE	Training Session CHOICE	Training Session CHOICE	BADMINTON
Tuesday 10:30 – 11:45	Training Session CHOICE	Training Session CHOICE	Training Session CHOICE	Training Session CHOICE	BADMINTON
Tuesday 12:00 – 1:00	Luncheon at Marion Graham				
Tuesday 1:00 – 2:15	BASKETBALL	VOLLEYBALL	TRACK	SOCCER	GOLF
Tuesday 2:30 – 3:45	BASKETBALL	VOLLEYBALL	TRACK	SOCCER	GOLF

**Watch for Symposium Brochures and Information
coming to your school this Spring.
Start making plans for the coaches from your school to attend!**



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



GOING 9-0

By Dale Hierlmeier

V-I-C-T-O-R-Y that's our winning battle cry! Webster defines victory as any success or successful performance achieved over an adversary, opponent, opposition or difficulty. The number of victories one achieves is normally relative and directly proportional to the difficulty of the schedule one plays; and, lest one becomes a victim of deception or confusion, sports are not an end in themselves but a means to an end. Athletic competition is a measuring stick, a self-test that defines, meticulously, one's abilities and prepares one for life's challenges. Review this brutal, nine-opponent schedule and the game plan to achieve nine victories and an undefeated season.

1-0 VS. ATTITUDE

Victory starts with attitude. Designing and actively practicing a positive self-talk cycle is critical. Incorporating the use of positive affirmations to maintain a positive self-image and an uplifted mindset is essential. Lock out or isolate all negatives and associate with positive people only. Attitudes are contagious! Is yours worth catching? Mastering your attitude earns your first victory.

2-0 VS. GOALS

Setting goals is an absolute requirement. Goals are targets. Goals give direction. Goals give purpose. And, of course, obstacles are what we see when we take our eyes off our goals. The ability to construct, maintain and reset goals as you reach them creates the internal energy necessary to gain victory No. 2.

3-0 VS. EFFORT

Effort is the physical or mental exertion of power. While coaches always ask for

100 percent effort, that effort must be regulated correctly over the course of a practice, an event, a contest, a season and a lifetime. A sprint requires maximum effort the entire distance; however, attempting to run a marathon at sprint speed is futile. Adopt the motto, "Today I gave all that I have; what I've kept I've lost forever." For victory No. 3, it is imperative that an athlete establishes a personal training philosophy whereby the athlete dedicates and commits to working at a standard of maximum effort required by a sport.

4-0 VS. COURAGE

Webster says that courage implies firmness of mind and will in the face of danger or extreme difficulty. Frosty Westering said, "Courage is a three-letter word – 'YES'." One must possess the courage to say yes to perseverance, yes to resiliency, yes to morality, yes to honesty, and yes to a myriad of life's challenges. Pressure to compromise your standards or accept less than your best lies between you and victory No. 4.





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



5-0 VS. ENTHUSIASM

Enthusiasm is a state of mind. One must develop a mental eagerness for personal athletic achievement and be in pursuit of athletic success as enthusiasm runs its course. Ralph Waldo Emerson said, "Nothing great was ever achieved without enthusiasm." One will have to obtain, maintain and sustain enthusiasm to win victory No. 5.

6-0 VS. SELF-DISCIPLINE

William Penn said, "No thorns, no throne; no gall, no glory; no cross, no crown." Self-discipline and self-sacrifice are the hallmarks of success. There are no productive shortcuts. When you put a limit on what you will do, you put a limit on what you can do. One must have control over himself or herself, first, for victory No. 6.

7-0 VS. SPORTSMANSHIP

As applied to a player, is "a person who plays with fairness, with courteousness, and gracefully accepts the results at the end of a contest." Respect is shown towards officials, opponents, teammates, spectators, the coach, the

game, and towards oneself. When one is defeated, graciousness reigns; when one is victorious, humility reigns. Sportsmanship requires the development of many human character values, such as honesty, integrity, humility, respect, courage fairness, just to name a few. Victory No. 7 will not come easy.

8-0 VS. IMPROVEMENT

One positive characteristic of a good athlete or team is the ability to improve as the season progresses. Improvement demands that times get faster, averages increase and plays are executed to perfection throughout the season. Improvement is an indicator of personal achievement. Learning to do the positives and avoiding the negatives will lead to improvement and your eighth victory.

9-0 VS. FAITH

One must have confidence, trust and faith in yourself, your teammates and, if so inclined, a higher being. Ideally, athletes train right, eat right, sleep right, and live right. Coaches and athletes look for the one or two percent edge to gain victory. Faith in yourself and each other can provide the overwhelming edge for victory No. 9.

ABOUT THE AUTHOR: Dale Hierlmeier is the athletic director at Southwestern Junior/Senior High School in Hanover, Indiana.



**SASKATCHEWAN HIGH SCHOOLS
ATHLETIC ASSOCIATION**



**SHSAA Provincial Sand Golf Championship
2005 Results**

Punnichy Golf Club – Sept. 23 & 24, 2005

FINAL RESULTS

Team Results – (best four scores on each hole, each round)

District	Team	Total
Host	Raymore	604
West Central	Dinsmore	635
Qu'Appelle Valley	Bert Fox	635
North Central	Canwood	647
Central	Kawacatoose	655
South West	Frontier	684
South East	Fillmore	702
South Central	Bengough	744
North West	Edam	766

Top 20 Girls Results:

Name	Town/City	Day 1	Day 2	Total
Billie Jean Gardiner	Holdfast	88	87	175
Abra Thompson	Canwood	85	92	177
Aly Johns	Fort Qu'Appelle	87	94	181
Brianna Davey	Dinsmore	88	94	182
Larrisa Thunderchild	Kawacatoose	94	94	188
Ashton Kosior	Fillmore	98	98	196
Kathryn Manson	Dinsmore	101	109	210
Tanelle Korsberg	Frontier	110	101	211
Chelsey Paulsen	Raymore	120	94	214
Tiu Rettman	Bengough	107	117	224
Tenielle Bahniuck	Canwood	113	112	225
Aja Cooper	Edam	116	114	230
Jenna Ashby	Bengough	116	116	232
Sheryce Siklenka	Glaslyn	116	121	237
Ashley Boa	Cupar	126	115	241
Kassandra Donahue	Leask	125	117	242
Patricia Ashworth	Oungre	128	119	247
Rachelle Anderson	Frontier	134	123	257
Rena Hordos	Raymore	125	134	259
Kyla Thue	Bengough	140	136	276

Top 20 Boys Results:

Name	Town/City	Day 1	Day 2	Total
Marc Bonin	Leask	66	70	136
Tyler Wilyman	Cupar	70	69	139
Michael Wagner	Wilkie	68	75	143
Brett Benko	Raymore	72	73	145
Brad Lovatt	Raymore	74	73	147
Andrew Galambos	Leask	66	81	147
Trevor Kuntz	Kipling	74	74	148
Brendon Bentz	Raymore	75	75	150
Leo Kuhmayer	Glaslyn	75	75	150
Tyrell Shulko	Raymore	70	81	151
Mark Wagner	Wilkie	75	78	153
Craig Lytle	Dinsmore	78	78	156
Owen Johnson	Leask	76	82	158
Brandon Giroux	Bert Fox	75	85	160
Nathan Nashacappo	Kawacatoose	80	85	165
Devon Kosior	Fillmore	79	86	165
Mark Rittinger	Dinsmore	84	81	165
Trevor Roszell	Dinsmore	82	83	165
Neil Johnson	Frontier	79	87	166
Jordan Dustyhorn	Kawacatoose	82	85	167

**For complete individual results
Check results listed on the SHSAA Web Site at:
www.shsaa.ca**





**SASKATCHEWAN HIGH SCHOOLS
ATHLETIC ASSOCIATION**



SHSAA Provincial Grass Golf Championship 2005 Results

Elmwood Golf Course – Swift Current – Sept. 23 & 24, 2005

FINAL RESULTS

Grass Golf Team Results – (best four scores on each hole, each round)

District	Team Name	Day 1	Day 2	Total
Qu'Appelle Valley	Bert Fox	298	306	604
Saskatoon	Bedford Road	318	297	615
Regina	LeBoldus	323	307	630
Host	Swift Current	330	301	631
North West	John Paul II	319	313	632
North Central	P.A. St. Mary	323	321	644
South East	Estevan	323	322	645
South Central	Notre Dame	322	328	650
South West	Maple Creek	341	330	671
Central	Humboldt	333	349	682
East Central	Melville	348	338	686
Moose Jaw	Vanier	342	345	687
West Central	Biggar	345	344	689
North East	Tisdale	365	346	711

Top 20 Boys Results:

Name	Town/City	Day 1	Day 2	Total
Scott Thompson	St. Walburg	68	67	135
Tim Acaster	N.B. Comp	71	68	139
Nevin Gloe	N.B. Comp	75	70	145
Sean Kosior	Regina	75	72	147
Brennan Rumancik	Fort Qu'Appelle	74	74	148
Keegan Malaryk	Estevan	78	71	149
Mitchell Cook	North Battleford	73	76	149
Scott Hovdestad	Swift Current	75	75	150
Bret Schneider	Regina	74	77	151
Ross Stillborn	Balcarres	73	78	151
Thomas Weikle	Cut Knife	80	72	152
Jesse Pentz	Regina	77	75	152
Cory Bashutski	Yorkton Regional	77	75	152
Keegan Andreas	Swift Current	76	76	152
Scott Jenkins	Prince Albert	75	77	152
Colby Mykytyzn	Melfort	79	74	153
Colin McAllister	Saskatoon	82	73	155
Aaron Little	Ahtahkakoop	81	75	156
Brendon Grube	Estevan	79	77	156
Carson Heagy	Saskatoon EH	78	78	156
Matthew Procyshen	Yorkton SHeart	78	78	156
Derek Schneider	Regina	77	79	156

Top 20 Girls Results:

Name	Town/City	Day 1	Day 2	Total
Kyla Reay	Saskatoon	82	77	159
Kelsey Klatt	Fort Qu'Appelle	84	85	169
Renee Whyte	NB John Paul II	92	85	177
Brittany Bembenuk	Notre Dame	84	94	178
Breanna White	Fort Qu'Appelle	88	92	180
Kim Morrison	Saskatoon AB	93	88	181
Jessica Devine	Saskatoon MG	92	89	181
Ali Hilkewich	Weyburn	99	90	189
Kirsten Clarke	Regina Campbell	99	91	190
Erin Carlson	Regina Sheldon	98	93	191
Kaitlyn Jahnke	Herbert	98	93	191
Katelyn Frecon	Carrot River	95	96	191
Justine Dewhurst	PA Carlton	95	99	194
Kiley Sarvas	Biggar	103	92	195
Kelsey Browatzke	Whitewood	103	92	195
Kaylee Schnedar	Biggar	97	101	198
Madison Pawliw	Regina Sheldon	97	101	198
Jacey Seebach	Lafleche	90	108	198
Krista Daniels	Sturgeon Lake	104	95	199
Jenna Harrison	Outlook	99	100	199

**For complete individual results
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www.shsaa.ca**





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA Provincial Cross-Country Championship 2005 Results

BIGGAR – October 15, 2005

DISTRICT TEAM POINT TOTALS

Place	Midget Boys	Total	Junior Boys	Total	Senior Boys	Total
1	Saskatoon	28	Saskatoon	25	Regina	22
2	Regina	41	Central	75	Moose Jaw	31
3	North Central	60	Qu'Appelle	76	North West	63
4	Qu'Appelle	68	Regina	82	Saskatoon	69
5	Central	82	North West	91	East Central	94
6	East Central	95	North Central	138	North Central	124
7	West Central	123	West Central	146	Qu'Appelle	151
8	North West	169	South East	153	Central	160
9	North East	172	East Central	157	South East	175
10	South West	234	North East	159	West Central	192
11	South East	236	South Central	265	South West	208
12					South Central	237
13					North East	326

Place	Midget Girls	Total	Junior Girls	Total	Senior Girls	Total
1	Regina	19	Regina	15	Regina	18
2	Saskatoon	38	Central	57	Saskatoon	51
3	West Central	57	Saskatoon	64	Central	81
4	Moose Jaw	85	East Central	76	North Central	97
5	North West	85	North Central	78	West Central	98
6	Central	91	Qu'Appelle	96	Qu'Appelle	111
7	East Central	153	West Central	119	East Central	134
8	North East	155	North West	210	North West	152
9	Qu'Appelle	185			South East	168
10					South West	208
11					South Central	219
12						
13						

SCHOOL TEAM POINT TOTALS

Place	1A	Total	2A	Total	3A	Total	4A	Total
1	Muenster	66	Moosomin	60	Moose Jaw Central	43	Regina Sheldon	9
2	Young	72	Outlook	90	Melfort	83	Regina LeBoldus	17
3	Turtleford	82	Wynyard	91	Balgonie Greenall	100	Saskatoon Murray	18
4	Annaheim	110	Clavet	109	Delisle	113	Saskatoon Holy Cross	31
5	Middle Lake	119	Dalmeny	122	Churchill	119	P.A. St. Mary	49
6	Lake Lenore	120	Rosetown	181	Weyburn	130	Regina Riffel	54
7	Ile-a-la-Crosse	148			Y'ton Sacred Heart	131	Regina Campbell	54
8	Sturgis	158			Notre Dame	181	Moose Jaw Peacock	68
9	Consul	180			NB John Paul II	208	Saskatoon Mahoney	83
10	Osler VCA	182			Nipawin	279	Saskatoon Hardy	88
11	Cupar	186					Yorkton Regional	91
12	Langham	196					Saskatoon Bowman	97
13	Central Butte	278					Regina Knoll	118
14	Asquith	281					P.A. Carlton	125
15	Redvers	289					Swift Current	154
16	Herbert	296					Estevan	202





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



2005 PROVINCIAL CROSS-COUNTRY

INDIVIDUAL TOP TEN RESULTS

Midget Girls (3000 m)

Pl	Time	Name	School
1	11.38	Karissa LePage	Regina Riffel
2	11.57	Jocelyn Rogers	Regina Sheldon
3	12.34	Kate Kujawa	Regina Campbell
4	12.42	Rachael Edwards	Saskatoon Cross
5	13.04	Tessa Filipowich	MJ Vanier
6	13.12	Hannah Muskege	Neilburg
7	13.16	Meaghan Sweet	Dinsmore
8	13.18	Olivia Kowalchuk	Saskatoon BJM
9	13.21	Breanna Jansen	LeRoy
10	13.31	Joanne Traves	Dalmeny

Junior Girls (4000m)

Pl	Time	Name	School
1	18.07	Jessica Furlan	Regina LeBoldus
2	18.13	Aimee Hoffman	Regina LeBoldus
3	18.43	Rianne Wight	Wawota
4	18.54	Lauren Grebinski	Regina Sheldon
5	19.23	Danny Stone	PA St. Mary
6	19.24	Kendra Schaaf	Lumsden
7	20.14	Megan Saelhoff	Young
8	20.21	Marit Johnson	Regina Sheldon
9	20.35	Ruth Russell	Saskatoon Murray
10	20.45	Brogan Kiss	Melville

Senior Girls (4000m)

Pl	Time	Name	School
1	16.42	Jayne Grebinski	Regina Sheldon
2	18.07	Dakota McQuarrie	Regina O'Neill
3	18.24	Caitlin Warkentin	Rosthern JC
4	18.58	Jodi Souter	Pleasantdale
5	19.20	Morgan Bolen	Regina LeBoldus
6	19.21	Elena Strobl	Saskatoon Cross
7	19.26	Jenna McCormick	Saskatoon Feehan
8	19.29	Kendra Morrow	Outlook
9	19.33	Dane Renneberg	Muenster
10	19.53	Jane Jacoby	Regina Sheldon

Midget Boys (4000 m)

Pl	Time	Name	School
1	15.39	Wyatt Baiton	Lumsden
2	16.46	Scott Cyr	Saskatoon Cross
3	17.16	Ryan Pawelko	Saskatoon Graham
4	17.19	Travis Roske	Regina Campbell
5	17.20	Tyler Duret	PA St. Mary
6	17.21	Matt Dyck	Jonas Sampson
7	17.22	Cooper Muirhead	Saskatoon Murray
8	17.23	Chad Stewart	Moosomin
9	17.27	Kale George	Regina Balfour
10	17.31	Andrew Broker	Muenster

Junior Boys (5000 m)

Pl	Time	Name	School
1	18.22	Nigel Sharp	Regina Campbell
2	18.50	Dayton Longwork	MJ Peacock
3	20.01	Lane Zaholotney	Saskatoon Murray
4	20.06	Tomas Borsa	Saskatoon Murray
5	20.08	Brendan Boyle	Delisle
6	20.11	Riley Magee	Melfort
7	20.34	Darren Fusick	Saskatoon Cross
8	20.36	Thomas Frey	Annaheim
9	20.42	Jeff Shirr	Regina LeBoldus
10	20.47	Caleb Zack	Esterhazy

Senior Boys (6000 m)

Pl	Time	Name	School
1	20.36	Sean Fleming	Regina O'Neill
2	21.13	Marlowe Brownlee	Regina Sheldon
3	22.11	Josh Chow	MJ Riverview
4	22.24	Samir Marin	Saskatoon Murray
5	22.47	Darren Mazzei	Regina Riffel
6	22.53	Alex Crawley	Medstead
7	22.57	Iain McMaster	MJ Central
8	23.04	Josh Fredrick	Yorkton
9	23.07	Eric Wiebe	MJ Central
10	23.10	Kelly Wiebe	Swift Current

**For complete individual results
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**SASKATCHEWAN HIGH SCHOOLS
ATHLETIC ASSOCIATION**



**SHSAA PROVINCIAL SOCCER CHAMPIONSHIP
2005 RESULTS**

Soccer 3A Boys Provincial Championship

Date	Game	Loc.	Home	Sc.	Away	Sc.
22-Oct-2005	Prelim	Estevan	Estevan	6	Yorkton Regional	0
28-Oct-2005	Quarter -Final	Regina	Saskatoon Hardy	6	Estevan	1
28-Oct-2005	Quarter -Final	Regina	Regina Campbell	5	Saskatoon Feehan	1
28-Oct-2005	Quarter -Final	Regina	P.A. St. Mary	6	Swift Current	0
28-Oct-2005	Quarter -Final	Regina	Regina O'Neill	6	North Battleford	1
28-Oct-2005	Semi-Final	Regina	Saskatoon Hardy	3	Regina Campbell	2
28-Oct-2005	Semi-Final	Regina	P.A. St. Mary	1	Regina O'Neill	4
28-Oct-2005	Cons. Semi-Final	Regina	Estevan	1	Saskatoon Feehan	2
28-Oct-2005	Cons. Semi-Final	Regina	Swift Current	2	North Battleford	8
29-Oct-2005	Cons. Final	Regina	Saskatoon Feehan	9	North Battleford	1
29-Oct-2005	Bronze Medal	Regina	Regina Campbell	1	P.A. St. Mary	3
29-Oct-2005	Gold Medal	Regina	Saskatoon Hardy	2	Regina O'Neill	1

Soccer 3A Girls Provincial Championship

Date	Game	Loc.	Home	Sc.	Away	Sc.
22-Oct-2005	Prelim	Balgonie	Balgonie Greenall	4	Yorkton Regional	1
22-Oct-2005	Prelim	Swift Current	Swift Current	8	Estevan	0
28-Oct-2005	Quarter -Final	Saskatoon	S'toon Mahoney	10	Balgonie	0
28-Oct-2005	Quarter -Final	Saskatoon	Saskatoon Cross	2	Regina Knoll	1
28-Oct-2005	Quarter -Final	Saskatoon	P.A. Carlton	1	Swift Current	0
28-Oct-2005	Quarter -Final	Saskatoon	Regina Campbell	4	North Battleford	0
28-Oct-2005	Semi-Final	Saskatoon	S'toon Mahoney	2	Saskatoon Cross	0
28-Oct-2005	Semi-Final	Saskatoon	P.A. Carlton	1	Regina Campbell	2
28-Oct-2005	Cons. Semi-Final	Saskatoon	Balgonie	0	Regina Knoll	1
28-Oct-2005	Cons. Semi-Final	Saskatoon	Swift Current	5	North Battleford	0
29-Oct-2005	Cons. Final	Saskatoon	Regina Knoll	0	Swift Current	1
29-Oct-2005	Bronze Medal	Saskatoon	Saskatoon Cross	1	P.A. Carlton	0
29-Oct-2005	Gold Medal	Saskatoon	S'toon Mahoney	3	Regina Campbell	2





**SASKATCHEWAN HIGH SCHOOLS
ATHLETIC ASSOCIATION**



**SHSAA PROVINCIAL SOCCER CHAMPIONSHIP
2005 RESULTS**

Soccer 2A Boys Provincial Championship

Date	Start	Loc.	Home	Sc.	Away	Sc.
28-Oct-2005	Quarter -Final	Warman	Regina Luther	4	Martensville	0
28-Oct-2005	Quarter -Final	Warman	Balgonie	5	Notre Dame	1
28-Oct-2005	Quarter -Final	Warman	Warman	11	Regina Johnson	4
28-Oct-2005	Quarter -Final	Warman	Yorkton Sacred Heart	5	NB John Paul	0
28-Oct-2005	Semi-Final	Warman	Regina Luther	5	Balgonie	2
28-Oct-2005	Semi-Final	Warman	Warman	5	Yorkton Sacred Heart	2
28-Oct-2005	Cons. Semi-Final	Warman	Martensville	0	Notre Dame	10
28-Oct-2005	Cons. Semi-Final	Warman	Regina Johnson	3	NB John Paul	2
29-Oct-2005	Cons. Final	Warman	Notre Dame	5	Regina Johnson	1
29-Oct-2005	Bronze Medal	Warman	Balgonie	1	Yorkton Sacred Heart	4
29-Oct-2005	Gold Medal	Warman	Regina Luther	1	Warman	3

Soccer 2A Girls Provincial Championship

Date	Game	Loc.	Home	Sc.	Away	Sc.
22-Oct-2005	Prelim	Delisle	Delisle	1	Humboldt	2
22-Oct-2005	Prelim	Yorkton	Yorkton Sacred Heart	7	Nipawin	0
22-Oct-2005	Prelim	Weyburn	Weyburn	2	Caronport	1
28-Oct-2005	Quarter -Final	Lloydminster	M.J. Central	2	Holy Rosary	1
28-Oct-2005	Quarter -Final	Lloydminster	Humboldt	1	Weyburn	2
28-Oct-2005	Quarter -Final	Lloydminster	Yorkton Sacred Heart	6	Regina Usher	7
28-Oct-2005	Quarter -Final	Lloydminster	NB John Paul	3	Warman	2
28-Oct-2005	Semi-Final	Lloydminster	M.J. Central	4	Weyburn	2
28-Oct-2005	Semi-Final	Lloydminster	Regina Usher	0	NB John Paul	3
28-Oct-2005	Cons. Semi-Final	Lloydminster	Holy Rosary	2	Humboldt	0
28-Oct-2005	Cons. Semi-Final	Lloydminster	Yorkton Sacred Heart	2	Warman	1
29-Oct-2005	Cons. Final	Lloydminster	Holy Rosary	4	Yorkton Sacred Heart	2
29-Oct-2005	Bronze Medal	Lloydminster	Weyburn	3	Regina Usher	1
29-Oct-2005	Gold Medal	Lloydminster	M.J. Central	5	NB John Paul	0





**SASKATCHEWAN HIGH SCHOOLS
ATHLETIC ASSOCIATION**



**SHSAA PROVINCIAL SOCCER CHAMPIONSHIP
2005 RESULTS**

Soccer 1A Boys Provincial Championship

Date	Game	Loc.	Home	Sc.	Away	Sc.
28-Oct-2005	Quarter -Final	Muenster	Osler V.C.A.	9	Outlook L.C.B.I.	0
28-Oct-2005	Quarter -Final	Muenster	Muenster	3	Regina Western Christian	1
28-Oct-2005	Quarter -Final	Muenster	Chief Little Pine/Poundmaker	0	Lake Lenore	2
28-Oct-2005	Quarter -Final	Muenster	Kipling	11	Ile-a-la-Crosse	1
28-Oct-2005	Semi-Final	Muenster	Osler V.C.A.	4	Muenster	3
28-Oct-2005	Semi-Final	Muenster	Lake Lenore	3	Kipling	1
28-Oct-2005	Cons. Semi-Final	Muenster	Outlook L.C.B.I.	1	Regina Western Christian	4
28-Oct-2005	Cons. Semi-Final	Muenster	Chief Little Pine/Poundmaker	5	Ile-a-la-Crosse	1
29-Oct-2005	Cons. Final	Muenster	Regina Western Christian	1	Chief Little Pine/Poundmaker	2
29-Oct-2005	Bronze Medal	Muenster	Muenster	4	Kipling	3
29-Oct-2005	Gold Medal	Muenster	Osler V.C.A.	2	Lake Lenore	3

Soccer 1A Girls Provincial Championship

Date	Start	Loc.	Home	Sc.	Away	Sc.
22-Oct-2005	Prelim	Wynyard	Wynyard	1	Lake Lenore	2
28-Oct-2005	Quarter -Final	Outlook	Muenster	7	Ch. Little Pine	3
28-Oct-2005	Quarter -Final	Outlook	Lake Lenore	1	Outlook L.C.B.I.	2
28-Oct-2005	Quarter -Final	Outlook	Shaunavon	3	Osler VCA	2
28-Oct-2005	Quarter -Final	Outlook	Notre Dame	10	Outlook	0
28-Oct-2005	Semi-Final	Outlook	Muenster	4	Outlook L.C.B.I.	0
28-Oct-2005	Semi-Final	Outlook	Shaunavon	0	Notre Dame	2
28-Oct-2005	Cons. Semi-Final	Outlook	Ch. Little Pine	5	Lake Lenore	4
28-Oct-2005	Cons. Semi-Final	Outlook	Osler VCA	10	Outlook	2
29-Oct-2005	Cons. Final	Outlook	Ch. Little Pine	5	Osler VCA	7
29-Oct-2005	Bronze Medal	Outlook	Outlook L.C.B.I.	1	Shaunavon	0
29-Oct-2005	Gold Medal	Outlook	Muenster	2	Notre Dame	3



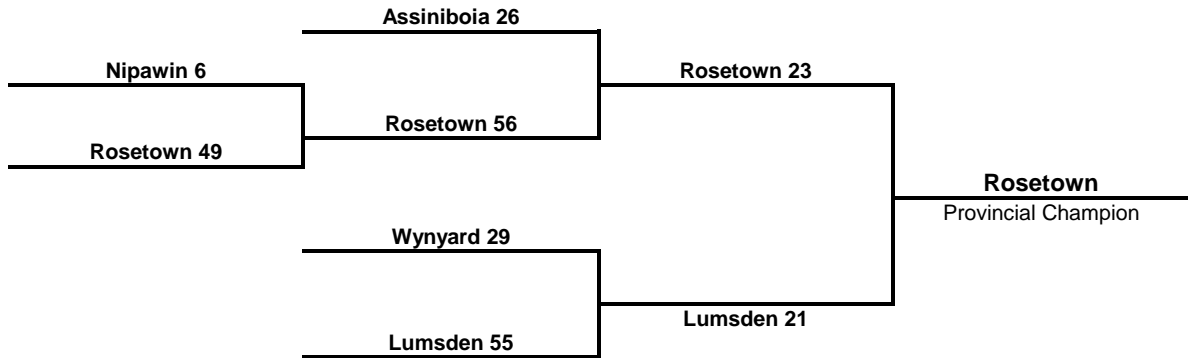


SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION

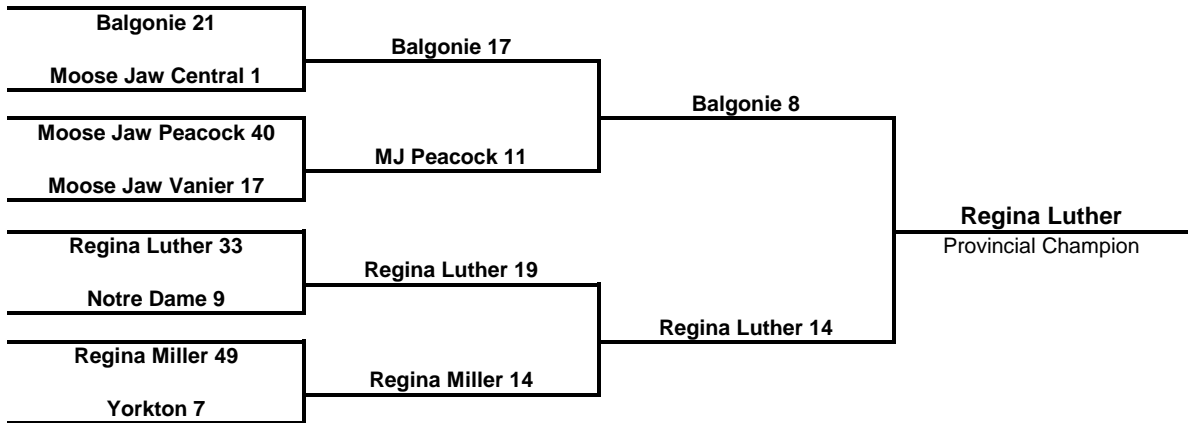


SHSAA PROVINCIAL FOOTBALL CHAMPIONSHIP RESULTS

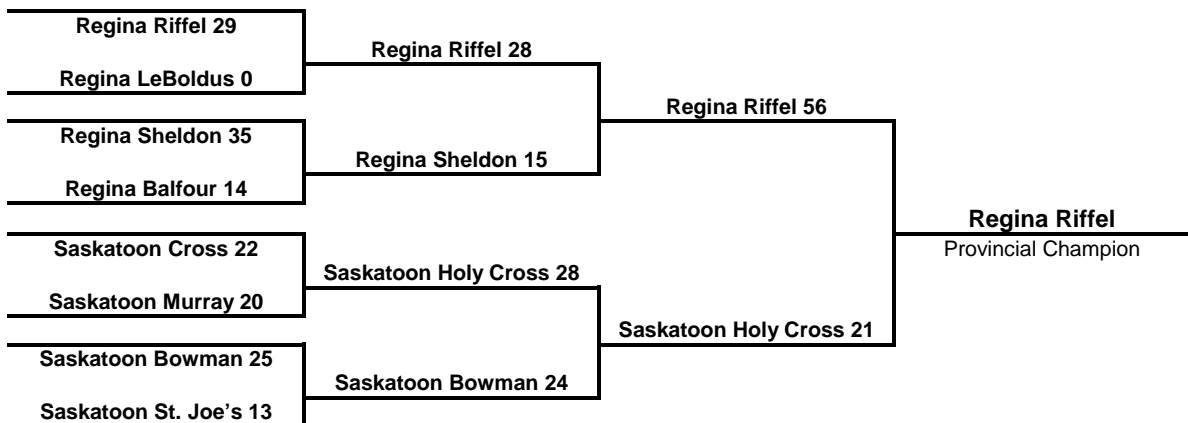
9-Man Provincial Football Playoffs



3A Twelve-Man Provincial Football Playoffs



4A Twelve-Man Provincial Football Playoffs



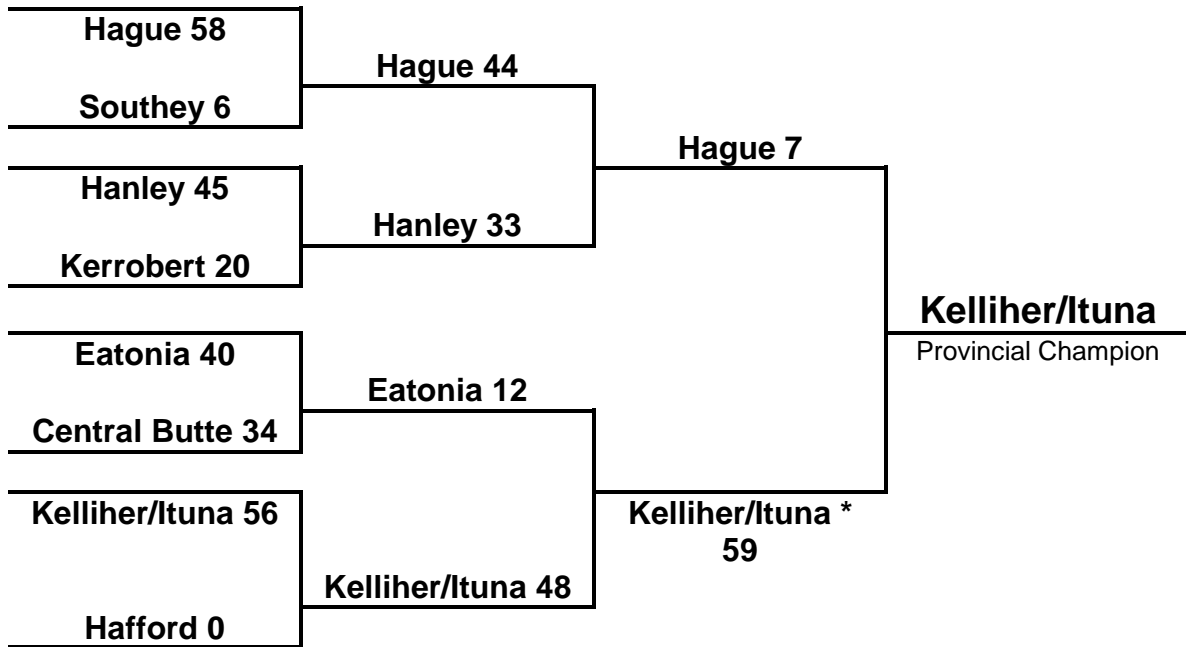


SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION

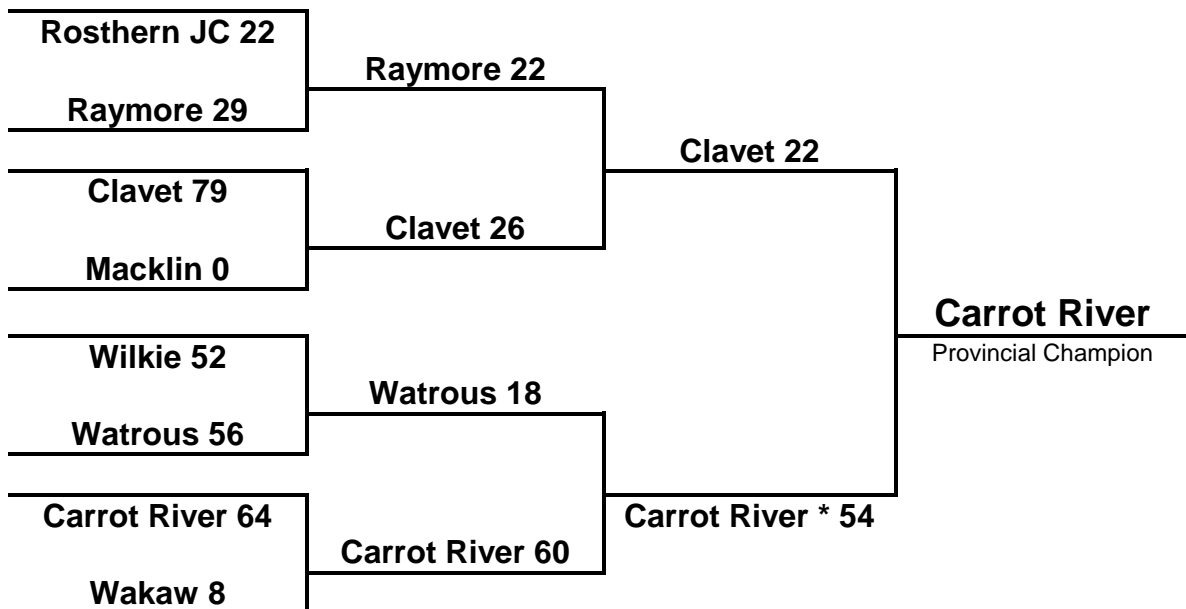


SHSAA PROVINCIAL FOOTBALL CHAMPIONSHIP RESULTS

1A Six-Man Provincial Football Playoffs



2A Six-Man Provincial Football Playoffs





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL VOLLEYBALL CHAMPIONSHIP RESULTS

Date: Nov. 18 & 19, 2005

Location: Cabri

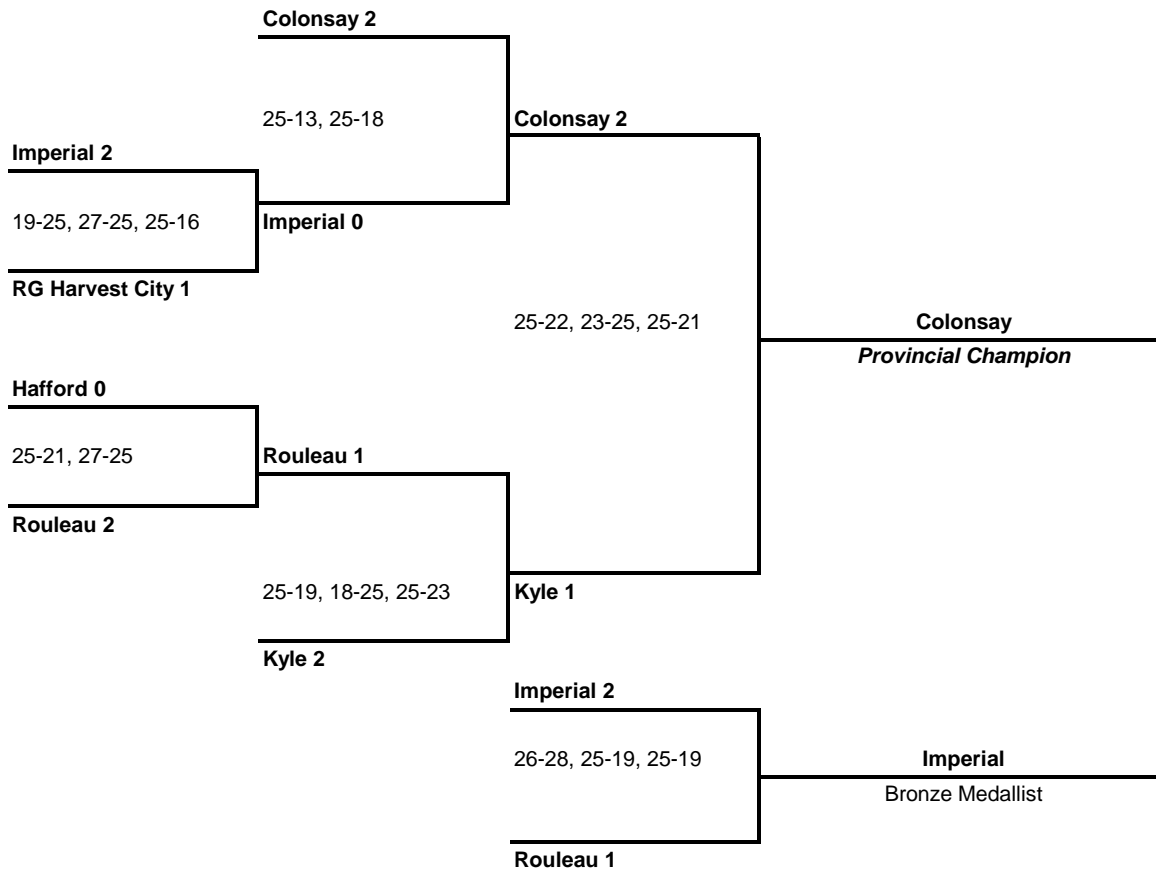
Competition: 1A Girls

Commissioner: Colleen Carleton

POOL RESULTS:

POOL A	Wins	Losses	POOL B	Wins	Losses
Colonsay	5	0	Kyle	5	0
Hafford	4	1	Imperial	3	2
Regina Harvest City	2	3	Rouleau	3	2
Bruno	2	3	Cabri	2	3
Manor	1	4	Sturgis	1	4
Maryfield	1	4	Saskatoon CCA	1	4

CHAMPIONSHIP BRACKET:



AWARD	SCHOOL	TEAM NAME	COACH
Gold Medal	Colonsay	Colts	Austin Dyer
Silver Medal	Kyle	Comets	Debbie Banks
Bronze Medal	Imperial	Cougars	Katherine Rieger
Fourth	Rouleau	Rebels	Dean Miezianko
Sportsmanship Award	Hafford	Viqueens	Mary Linnell





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL VOLLEYBALL CHAMPIONSHIP RESULTS

Date: Nov. 18 & 19, 2005

Location: Eatonia

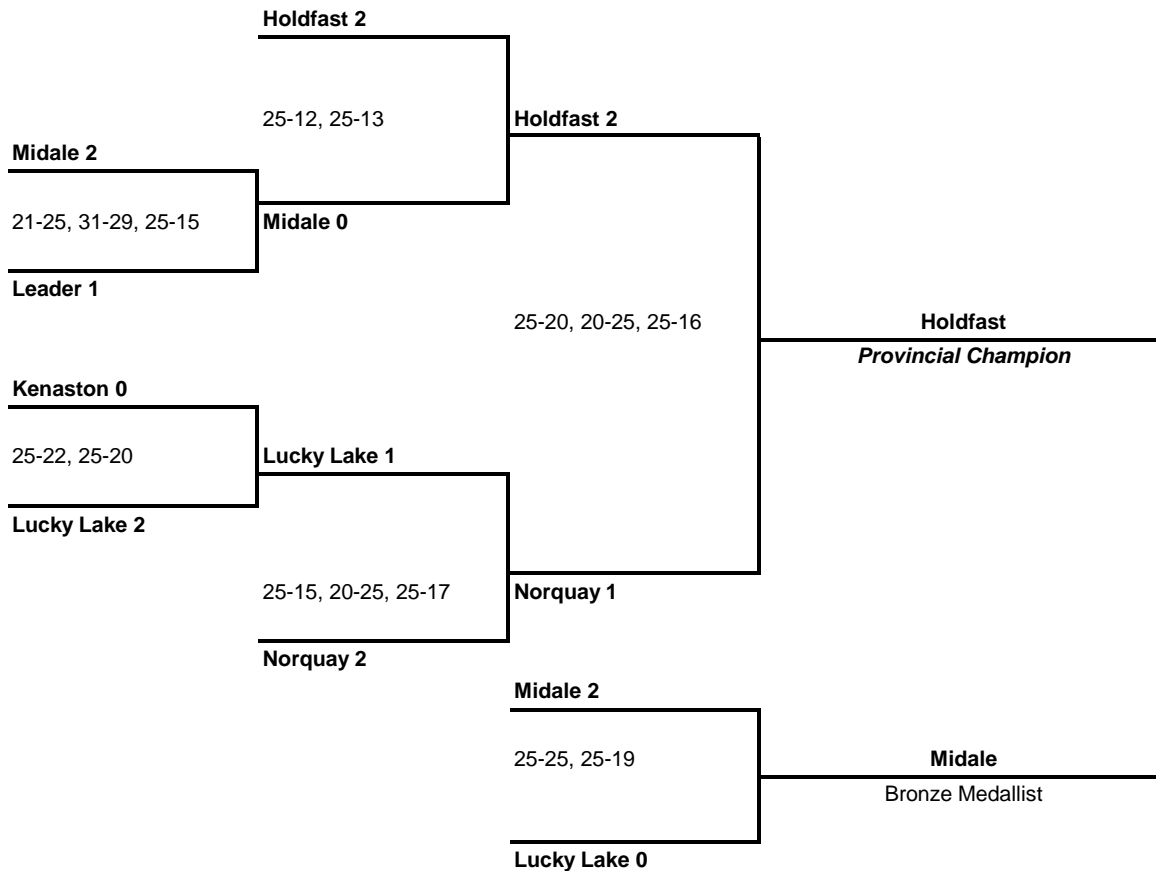
Competition: 2A Girls

Commissioner: Matt Linner

POOL RESULTS:

POOL A	Wins	Losses	POOL B	Wins	Losses
Holdfast	5	0	Norquay	5	0
Kenaston	4	1	Midale	4	1
Leader	3	2	Lucky Lake	3	2
Medstead	2	3	Frontier	1	4
Arcola	1	4	Eatonia	1	4
Kincaid	0	5	Choiceland	1	4

CHAMPIONSHIP BRACKET:



AWARD	SCHOOL	TEAM NAME	COACH
Gold Medal	Holdfast	Pacers	Keenan Fahlman
Silver Medal	Norquay	Nikes	John Tropin
Bronze Medal	Midale	Marauders	Crystal Selinger
Fourth	Lucky Lake	A's	Darcy Buhr
Sportsmanship Award	Lucky Lake	A's	Darcy Buhr





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL VOLLEYBALL CHAMPIONSHIP RESULTS

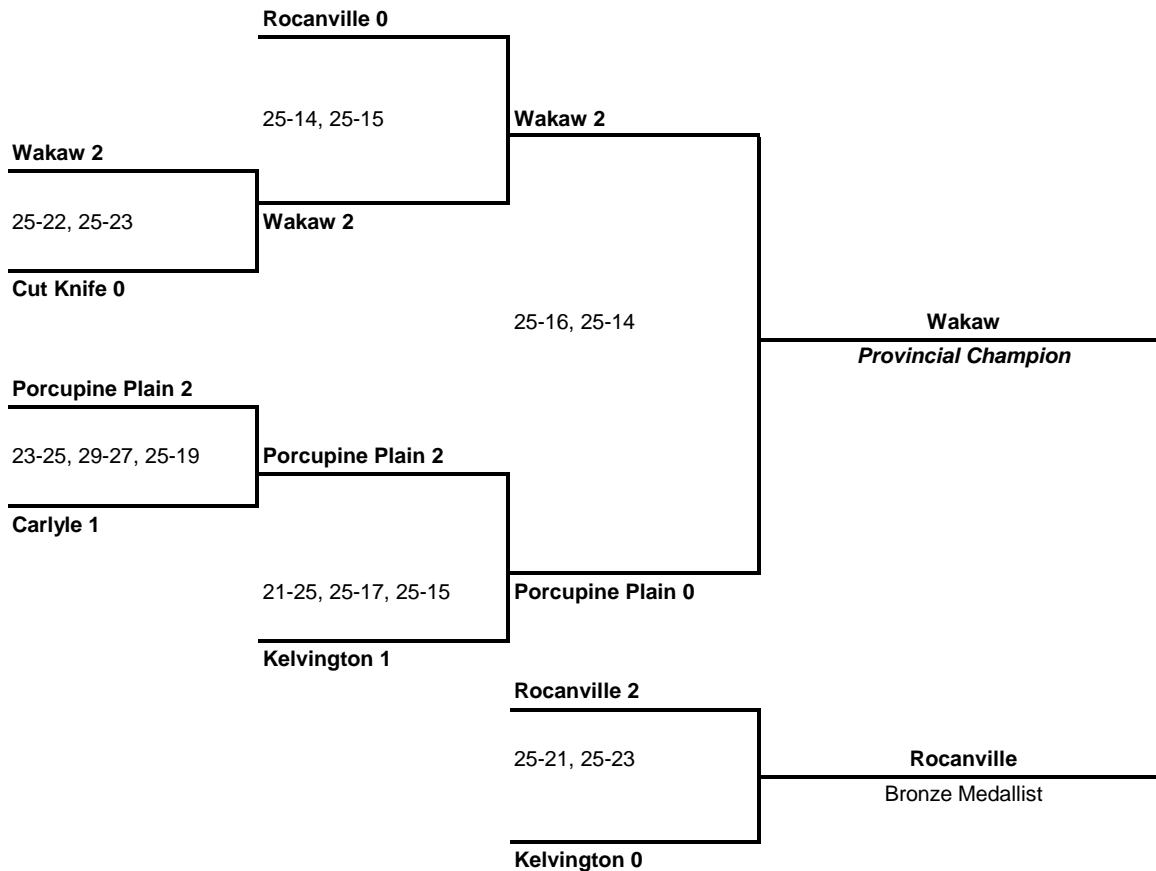
Date: Nov. 18 & 19, 2005
Location: Wakaw

Competition: 3A Girls
Commissioner: Lyle Gartner

POOL RESULTS:

POOL A	Wins	Losses	POOL B	Wins	Losses
Rocanville	5	0	Kelvington	5	0
Porcupine Plain	4	1	Wakaw	4	1
Cut Knife	3	2	Carlyle	3	2
Waldheim	2	3	Foam Lake	2	3
Gravelbourg	1	4	Raymore	1	4
Gull Lake	0	5	Herbert	0	5

CHAMPIONSHIP BRACKET:



AWARD	SCHOOL	TEAM NAME	COACH
Gold Medal	Wakaw	Warriors	Lyle Gartner
Silver Medal	Porcupine Plain	Bears	Don Gabel
Bronze Medal	Rocanville	Rara Avis	Brennan Merkosky
Fourth	Kelvington	Golden Hawks	Ray Krienke
Sportsmanship Award	Carlyle	Cougars	Dale Blake





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL VOLLEYBALL CHAMPIONSHIP RESULTS

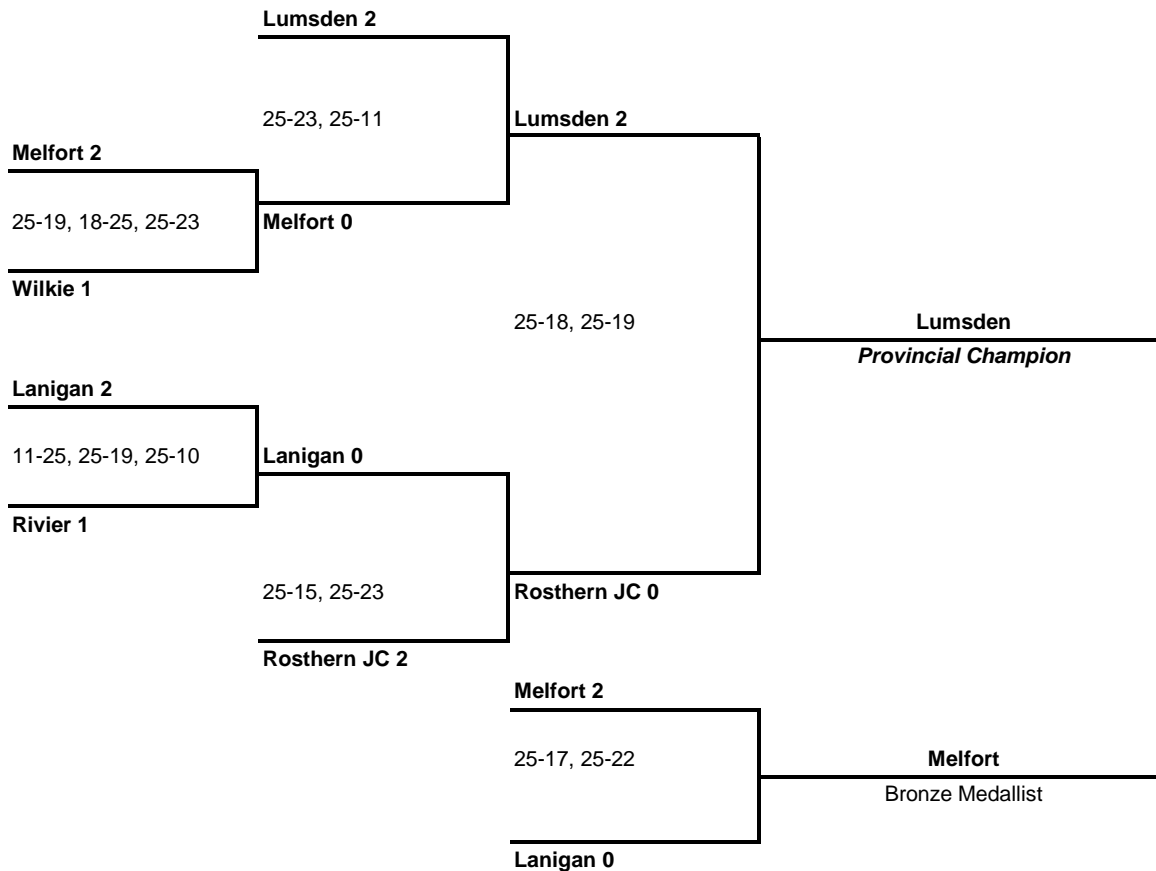
Date: Nov. 18 & 19, 2005
Location: Rivier Academy

Competition: 4A Girls
Commissioner: Carrie Ikert

POOL RESULTS:

POOL A	Wins	Losses	POOL B	Wins	Losses
Lumsden	5	0	Rosthern JC	5	0
Lanigan	4	1	Melfort	3	2
Wilkie	3	2	PA Rivier	2	3
Watrous	2	3	Notre Dame	2	3
Melville	1	4	Shaunavon	2	3
Caronport	0	5	Esterhazy	1	4

CHAMPIONSHIP BRACKET:



AWARD	SCHOOL	TEAM NAME	COACH
Gold Medal	Lumsden	Angels	Jared Bildfell
Silver Medal	Rosthern Junior College		Jesse Enns
Bronze Medal	Melfort	Comets	Rob Moore
Fourth	Lanigan	Lazers	Shane Craven
Sportsmanship Award	Shaunavon	Silhouettes	Penny Selvig





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL VOLLEYBALL CHAMPIONSHIP RESULTS

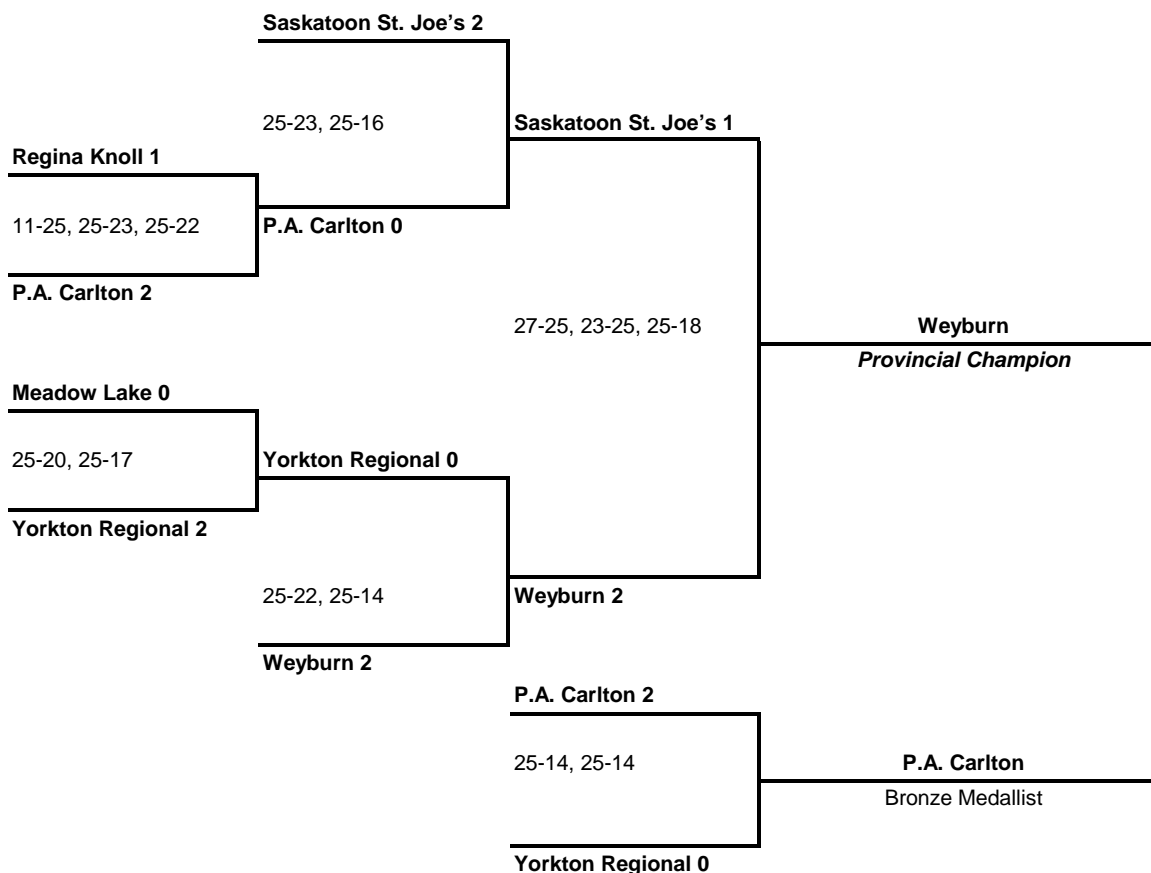
Date: Nov. 18 & 19, 2005
Location: Weyburn

Competition: 5A Girls
Commissioner: Bob King

POOL RESULTS:

POOL A	Wins	Losses	POOL B	Wins	Losses
Saskatoon St. Joseph	4	0	Weyburn	4	0
Meadow Lake	3	1	Regina Knoll	2	2
P.A. Carlton	2	2	Yorkton Regional	2	2
Swift Current	1	3	Saskatoon Aden Bowman	2	2
Regina Sheldon	0	4	North Battleford	0	4

CHAMPIONSHIP BRACKET:



AWARD	SCHOOL	TEAM NAME	COACH
Gold Medal	Weyburn	Eagles	Blake Johnson
Silver Medal	Saskatoon St. Joseph	Guardians	Tracy Hazen
Bronze Medal	Prince Albert Carlton	Crusaders	Leslie Foss
Fourth	Yorkton Regional	Raiders	Dan Cross
Sportsmanship Award	Saskatoon Aden Bowman	Bears	Adam Ewart





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL VOLLEYBALL CHAMPIONSHIP RESULTS

Date: Nov. 25 & 26, 2005

Location: Englefeld

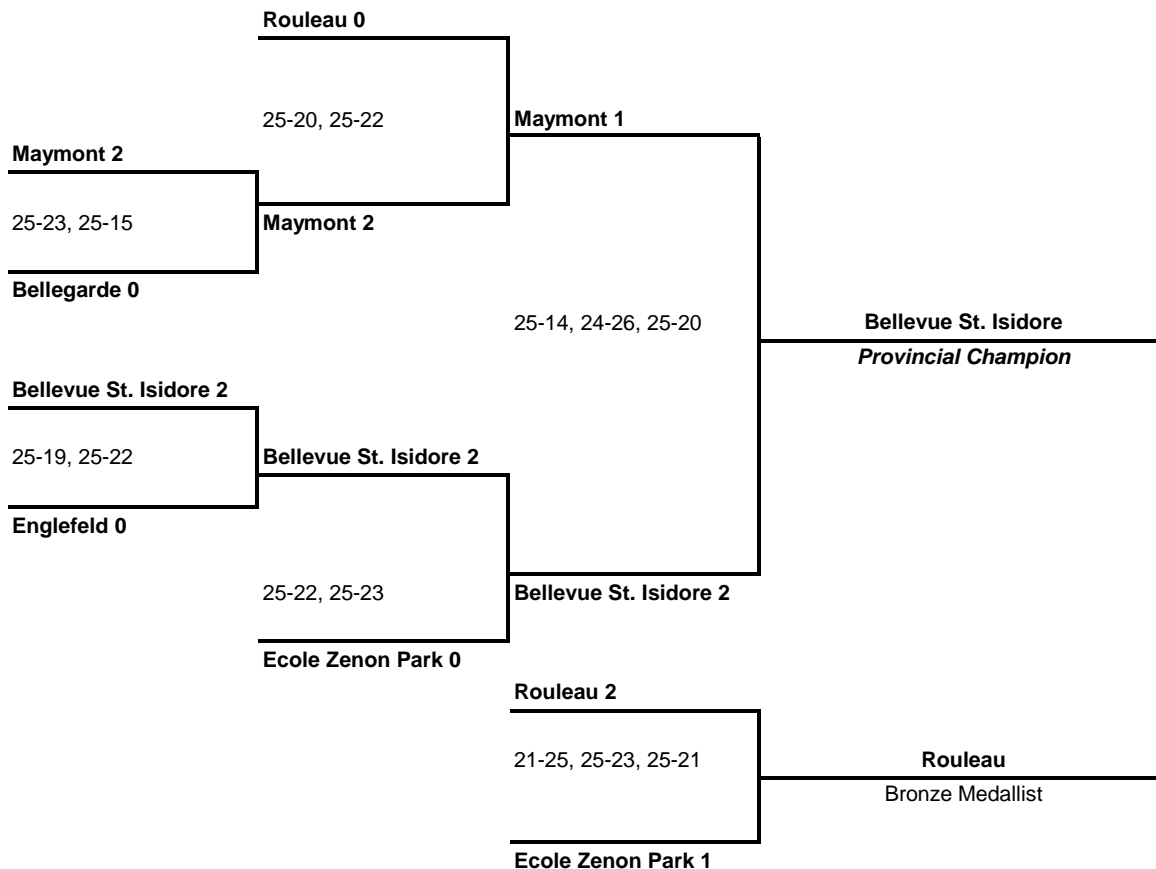
Competition: 1A Boys

Commissioner: Joel Taphorn

POOL RESULTS:

POOL A	Wins	Losses	POOL B	Wins	Losses
Rouleau	5	0	Ecole Zenon Park	4	1
Bellevue St. Isidore	3	2	Maymont	4	1
Bellegarde	2	3	Englefeld	3	2
Perdue	2	3	Avonlea	3	2
Arborfield	2	3	Kennedy	1	4
Abbey	1	4	Ogema	0	5

CHAMPIONSHIP BRACKET:



AWARD	SCHOOL	TEAM NAME	COACH
Gold Medal	Bellevue St. Isidore	Predateurs	Terry Gaudet
Silver Medal	Maymont	Cougars	Austin Harpham
Bronze Medal	Rouleau	Rebels	Jayme Day
Fourth	Ecole Zenon Park	Cougars	Alain LeBlanc
Sportsmanship Award	Maymont	Cougars	Austin Harpham





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL VOLLEYBALL CHAMPIONSHIP RESULTS

Date: Nov. 25 & 26, 2005

Location: Paradise Hill

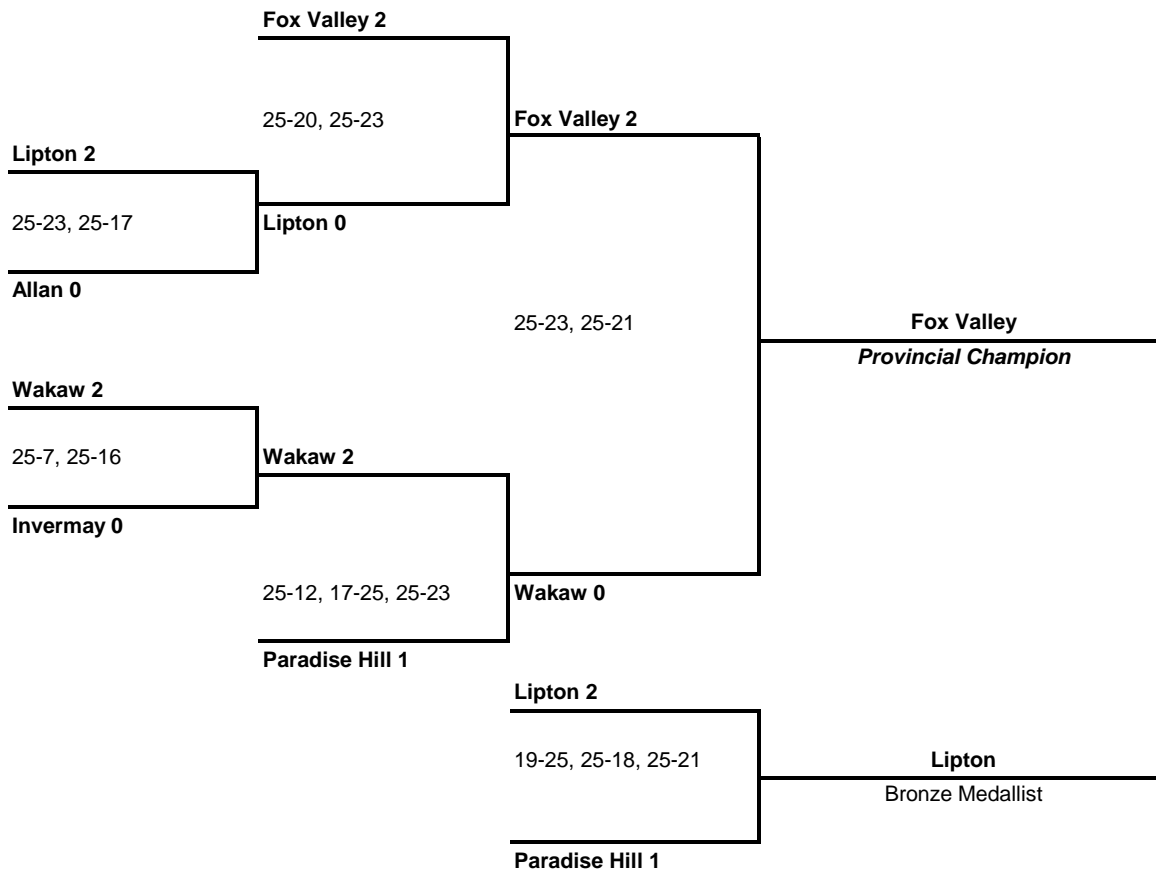
Competition: 2A Boys

Commissioner: Wayne Wisser

POOL RESULTS:

POOL A	Wins	Losses	POOL B	Wins	Losses
Fox Valley	5	0	Paradise Hill	5	0
Wakaw	4	1	Lipton	3	2
Allan	3	2	Invermay	2	3
Cabri	2	3	Kincaid	2	3
Arcola	1	4	Cudworth	2	3
Saskatoon Christian	0	5	Young	1	4

CHAMPIONSHIP BRACKET:



AWARD	SCHOOL	TEAM NAME	COACH
Gold Medal	Fox Valley	Legends	Darren Lehmann
Silver Medal	Wakaw	Warriors	Morris Nemish
Bronze Medal	Lipton	Cougars	Tom Radwell
Fourth	Paradise Hill	Panthers	Wayne Wisser
Sportsmanship Award	Kincaid	Kougars	Paul Promhouse





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL VOLLEYBALL CHAMPIONSHIP RESULTS

Date: Nov. 25 & 26, 2005

Location: Kelvington

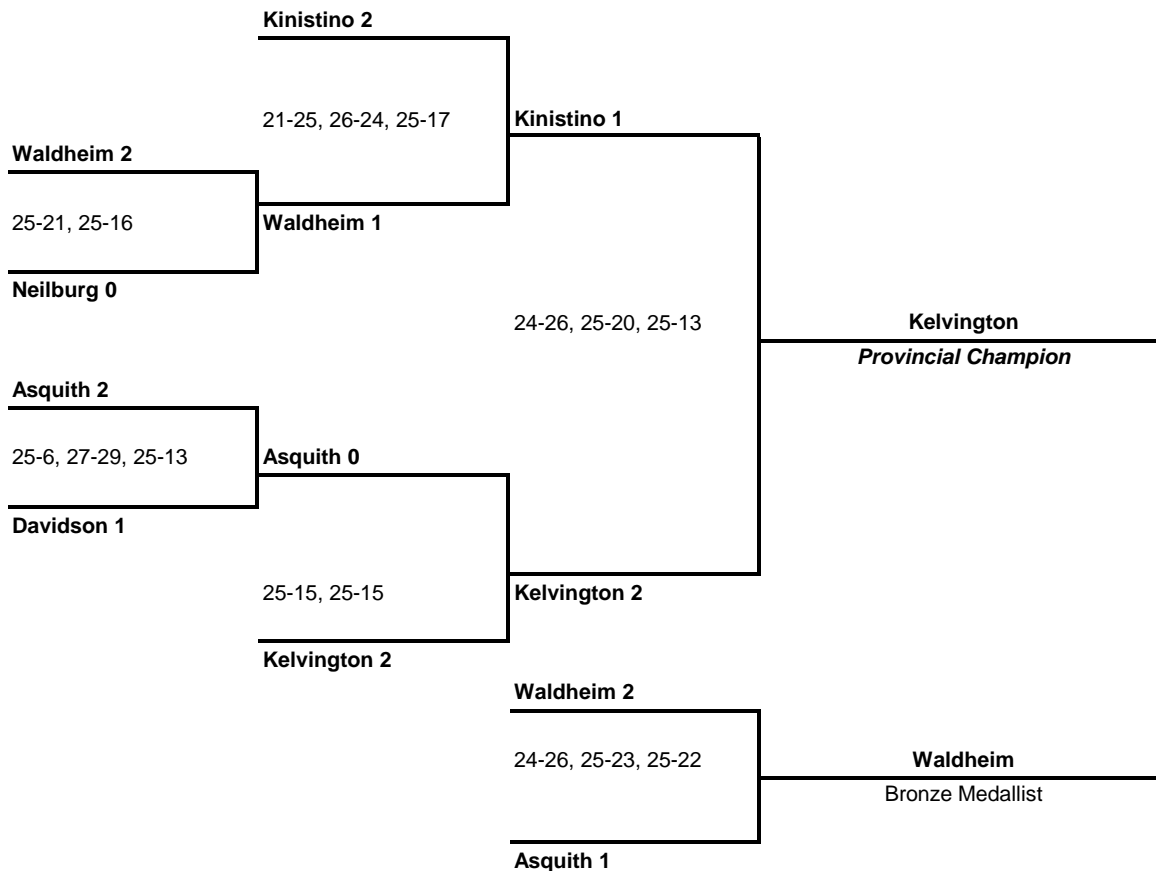
Competition: 3A Boys

Commissioner: Jim Lissinna

POOL RESULTS:

POOL A	Wins	Losses	POOL B	Wins	Losses
Kinistino	5	0	Kelvington	5	0
Asquith	3	2	Waldheim	4	1
Neilburg	3	2	Davidson	3	2
Frontier	3	2	M.J. Cornerstone	1	4
Rocanville	1	4	Langenburg	1	4
Carlyle	0	5	Leader	1	4

CHAMPIONSHIP BRACKET:



AWARD	SCHOOL	TEAM NAME	COACH
Gold Medal	Kelvington	Golden Hawks	Dan Blatchford
Silver Medal	Kinistino	Blues	Cheryl Hunt
Bronze Medal	Waldheim	Raiders	Derek Zacharias
Fourth	Asquith	Athletics	Alex McTavish
Sportsmanship Award	Waldheim	Raiders	Derek Zacharias





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL VOLLEYBALL CHAMPIONSHIP RESULTS

Date: Nov. 25 & 26, 2005

Location: Carnduff

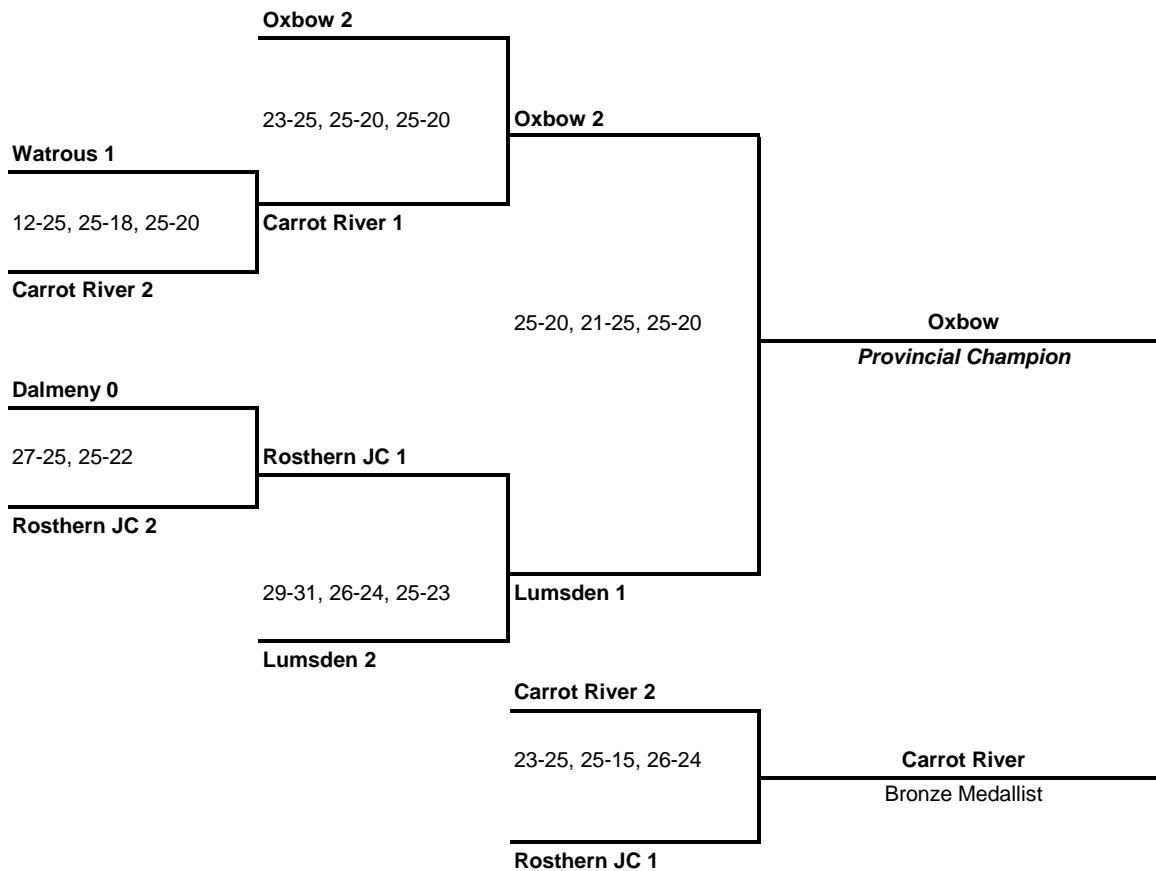
Competition: 4A Boys

Commissioner: Bill Crossman

POOL RESULTS:

POOL A	Wins	Losses	POOL B	Wins	Losses
Oxbow	5	0	Lumsden	5	0
Dalmeny	4	1	Watrous	4	1
Carrot River	2	3	Rosthern JC	3	2
LaLoche	2	3	Carnduff	2	3
Esterhazy	2	3	Lanigan	1	4
Shaunavon	0	5	Assiniboia	0	5

CHAMPIONSHIP BRACKET:



AWARD	SCHOOL	TEAM NAME	COACH
Gold Medal	Oxbow	Black Knights	Cal Rosenthal
Silver Medal	Lumsden	Devils	Don Morrison
Bronze Medal	Carrot River	Wildcats	Perry Mamer
Fourth	Rosthern Junior College		Cory Farthing
Sportsmanship Award	Rosthern Junior College		Cory Farthing





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL VOLLEYBALL CHAMPIONSHIP RESULTS

Date: Nov. 18 & 19, 2005

Location: Moose Jaw

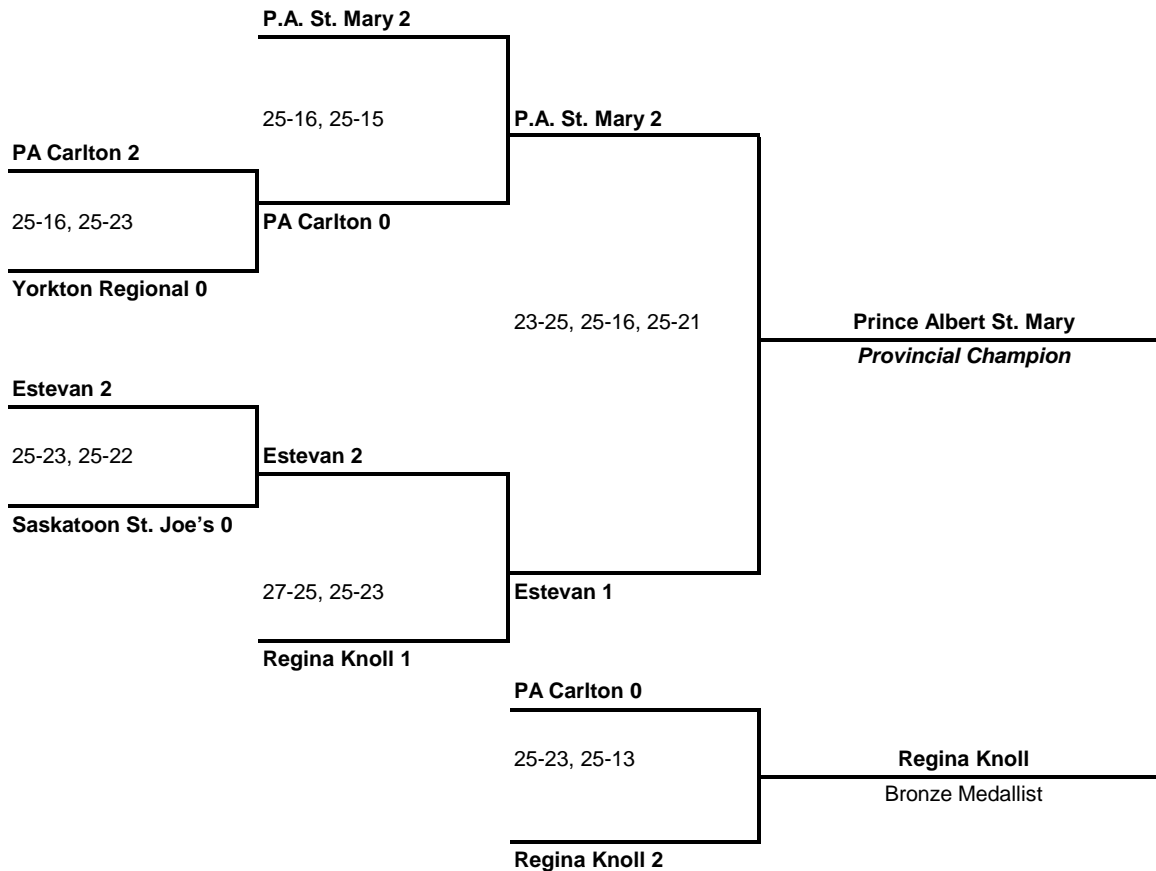
Competition: 5A Boys

Commissioner: Larry Segall

POOL RESULTS:

POOL A	Wins	Losses	POOL B	Wins	Losses
P.A. St. Mary	4	0	Regina Knoll	4	0
Estevan	3	1	P.A. Carlton	2	2
Yorkton Regional	1	3	Saskatoon St. Joseph	2	2
Regina LeBoldus	1	3	Meadow Lake	2	2
Saskatoon Graham	1	3	M.J. Central	0	4

CHAMPIONSHIP BRACKET:



AWARD	SCHOOL	TEAM NAME	COACH
Gold Medal	Prince Albert St. Mary	Marauders	Dale Regel
Silver Medal	Estevan	Elecs	Garth Shoemaker
Bronze Medal	Regina Winston Knoll	Wolverines	Cal Toffan
Fourth	Prince Albert Carlton	Crusaders	Don Laing
Sportsmanship Award	Moose Jaw Central	Cyclones	Shaune Gray

