

Preface (Revised April 2011)

This Handbook contains guidelines and forms for the use of those involved in conducting activities under the jurisdiction of the **QU'APPELLE VALLEY DISTRICT ASSOCIATION (Q.V.D.A.) of the SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION (S.H.S.A.A.)**. It is important to be aware that your school, your School Division, S.H.S.A.A., or PVSD commissioner may require the use of other guidelines or forms in addition to those found here. [Forms specific to the Q.V.D.A. can be obtained by visiting the Q.V.D.A. homepage via the SHSAA Districts link located at \[www.shsaa.ca\]\(http://www.shsaa.ca\) .](#)

Please respond to the requirements of PVSD Commissioner and other officers of Q.V.D.A. as accurately and promptly as possible to ensure the successful completion of all activities.

DEFINITIONS:

Association – the Saskatchewan High Schools Athletic Association

Board of Education – a board of education or conseil scolaire established pursuant to The Education Act, 2005 but does not include district (local) boards of trustees.

High School – a school conducting classes in the Qu'Appelle Valley District in grades 9 – 12 or any of these grades

Independent School – a school in the Qu'Appelle Valley District registered as an independent school with Saskatchewan Education

Member – board of education, conseil scolaire, Indian Band or other body corporate who is a member of the Association.

School – a school conducting classes in the Qu'Appelle Valley District in grades 6 – 12 or any of these grades

Trustee – an elected member of a board of education, conseil scolaire or governing body of a Member

District Council – the voting delegates at the AGM of the Q.V.D.A.

QU'APPELLE VALLEY DISTRICT ATHLETICS HANDBOOK

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**QU'APPELLE VALLEY DISTRICT ASSOCIATION
CONSTITUTION AND BYLAWS
CONSTITUTION**

Revised April 2011

PREAMBLE:

The purpose of the Q.V.D.A. is to plan, supervise, and administer the inter-school activities of the Qu'Appelle Valley District, including playoffs leading to District, Conference, Regional, and Provincial level championships.

1. The aims and objectives of this association shall be in harmony with the constitution and bylaws as set forth by the SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION and with the goals of education as set forth by the Department of Learning.
2. Participation in the activities of this association is to be encouraged as these activities are an integral part of the total education process.
3. All students should have the opportunity to realize the physical, social, and emotional values to be derived from the inter-school competition.
4. The QU'APPELLE VALLEY DISTRICT ASSOCIATION is opposed to the use of alcohol and drugs by players, coaches, supervisors, officials, and others connected with athletic competition.

Sportsmanship and complete participation cannot be legislated but must, through education, become the ultimate goals of this association.

ARTICLE I NAME

The name of this association shall be the **QU'APPELLE VALLEY DISTRICT ASSOCIATION (QVDA)** and it shall be a member of the **SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION (SHSAA)**.

ARTICLE II OBJECTIVES same as the SHSAA

- A) To encourage the integration of sport activity with other portions of the school program.
- B) To encourage schools to provide a variety of sports activity programs for their students.
- C) To encourage, plan, supervise and administer the inter-school and district competitions.

- D) To encourage the development of citizenship, good sportsmanship and athletic skills.
- E) To encourage schools to adopt a varied athletic program for their students by restricting play to the recognized school sport season.
- F) To encourage participation by students in a wide variety of inter-school athletics as representatives of their school and to discourage all-star competitions.
- G) To provide training and upgrading for coaches and officials through clinics.

ARTICLE III MEMBERSHIP

- Section A: The membership of the Q.V.D.A. shall be open to the following:
- 1) Boards of education and conseil scolaire of the Qu'Appelle Valley District;
 - 2) Any independent school registered with Saskatchewan Learning and which is a body corporate or association and which operates a school in the Qu'Appelle Valley District;
 - 3) Any Band which operates a school or on whose land a school is operated within the Qu'Appelle Valley District.
- Section B: Every Member is entitled to a voice and a vote at the QVDA District Council and attendance and voice but not a vote at the meetings of the executive.
- Section C: a) The Member jurisdictions and schools of the Association are as follows:
- 1) Prairie Valley School Division #208
 - 2) Athol Murray College of Notre Dame
 - 3) Independent Band Schools
 - a. Nakoda Oyade Education Centre
 - b. Chief Kahkewistahaw Education Centre
 - c. Cowessess Community Education Centre
 - d. Peepeekisis Pesakastew School
 - e. Chief Paskwa Education
 - f. Kakisiwew School
 - g. Payepot School
 - h. Standing Buffalo
- Section D: Associate Members ([as outlined on page 22 of the SHSAA handbook](#)) may send non-voting delegates to general, special general and/or executive meetings of Q.V.D.A. listed in SHSAA handbook

ARTICLE IV DISTRICT COUNCILS

- A) 1) Q.V.D.A. Council shall be made up of all School representatives in the district.

2) Q.V.D.A. may provide in its bylaws that other persons such as trustees, coaches, officials or others may be voting members of the Q.V.D.A. Council provided.
 - a) that the appointment or election of such persons must be approved by the Member operating the School that the person(s) are representing; and
 - b) that such person(s) shall not vote to elect the Voting Delegates to the Association Annual Meeting.

- B) The District Council may pass a District constitution, bylaws, elect officers, hold meetings and collect district membership fees, provided however, that the purposes, aims, and rules of such District Councils shall be compatible with the constitution, bylaws and policies of the QVDA.

- C) Prior to any Q.V.D.A. Council constitution, amendments to the constitution, bylaws, or amendments to the bylaws taking effect, the changes passed by the Q.V.D.A. Council must be forwarded to the Association for approval by the Executive Council of the Association at its next meeting.

ARTICLE V VOTING

- A) Voting at any Q.V.D.A. Council meeting shall be by the School Representatives.

- B) Motions shall pass if more votes are cast in favor of the motion than those cast against the motion. Abstentions shall not be counted on either side. In the case of a tie the President shall cast the deciding vote.

- C) In the case of amendments the motion must pass with the required percentages of the voting representatives present. In this case abstentions count as a vote against the motion.

ARTICLE VI EXECUTIVE COUNCIL

- A) The executive officers shall consist of the following:
 - (i) President
 - (ii) Vice-President
 - (iii) The immediate Past President and PVSD Commissioner of Athletics shall be ex-officio
 - (iv) Women’s Representative
 - (v) 6 Executive members elected by the QVDA membership at the September annual general meeting. (one of which will be a representative from Athol Murray College of Notre Dame.)
 - (vi) 3 members at large elected by the QVDA membership at the September annual general meeting.
 - (vii) Officials Commissioner
 - (viii) PVSD Representative

- B) Any person employed by one of the Members listed under Article 3 (a) may be an executive officer.
- C) Elections shall take place annually at the September meeting. The Q.V.D.A. Executive Council may appoint a replacement to fill any vacancies that occur.
- D) A quorum of the executive shall be the majority of the executive council.
- E) A Secretary-Treasurer or Secretary and Treasurer shall be appointed by the executive (non-voting).

ARTICLE VII MEMBERSHIP FEES

- A) Each PVSD division member will have fees paid for by the PVSD school board by October 31st of the current school year.
- B) Failure of any Member to submit the assessed dues to the Q.V.D.A. prior to the date specified shall entitle the Q.V.D.A. to ask the Association to apply sanctions against that Member.

BYLAWS

ARTICLE I MEETINGS

- A) The Q.V.D.A. shall hold one Annual Meeting in September. Notice shall be given to all Members, and to each school in the Qu'Appelle Valley District, at least two weeks prior to the date set for the meeting.
- B) Special meetings of the association or executive may be held at such times as the executive may be held at such times as the executive or president consider it necessary, upon giving two weeks written notice to all Members and to all schools.
- C) The President shall call a Special General meeting of the Q.V.D.A. Executive Council when requested to do so by at least half of the Q.V.D.A. Executive Council.
- D) The Q.V.D.A. Executive Council shall meet at least three times in each school year.

ARTICLE II DELEGATES - SHSAA ANNUAL MEETINGS

All members within the district shall form a subdivision of the Association and shall vote at member's meetings of the Association through Voting Delegates to be selected in the following manner:

- A) The principal of each school in the Qu'Appelle Valley District shall designate a representative for the school and such selection shall be brought to the Board of Education or Member operating the school for approval and upon approval by the board of education or Member the person so named shall represent the Member.

- B) The School representative in the Qu'Appelle Valley District shall attend the Q.V.D.A. Council Annual General Meeting and at that meeting shall elect the seven Voting Delegates for the Q.V.D.A. These seven Voting Delegates shall be the Voting Delegates for the Q.V.D.A. to the association Annual General Meeting.
- C) The seven Voting Delegates do not have to be High School Representatives.
- D) The QVDA Council shall elect the following delegates to attend the SHSAA annual general meeting.
 - a) President or (alternate) of QVDA
 - b) One School Administrator
 - c) One Trustee
 - d) Two members at large (one of whom is the opposite sex)
 - e) Officials Commissioner
 - f) PVSD selected representative of LEADS
- E) It is encouraged that the PVSD Athletic Commissioner attend the SHSAA AGM.
- F) Each Voting Delegate of the district must hold a valid Saskatchewan Teaching Certificate and must be employed by a Member in Saskatchewan at the time of the annual meeting of the Association, except for the delegate appointed as a Trustee who must be a sitting member as a current elected representative of a Member at the time of the annual meeting of the Association.
- G) The district shall cover the expenses of the voting delegates and executive members attending the SHSAA AGM.
- H) Q.V.D.A. **will not** pay registration for non-executive members.

ARTICLE III AMENDMENTS TO THE CONSTITUTION

- A) Notice of proposed amendments to the constitution shall be forwarded to all Members and to all schools at least two weeks in advance of the date of a general meeting.
- B) Proposed constitutional amendments shall be voted on at the Q.V.D.A. Council Annual Meeting and if passed by 75% majority of the school representatives and approved voting delegates shall be forwarded to the Association for approval by the Association Executive Council. If approved by the Association Executive Council the changes shall become effective when approved by the Association Executive Council or on the date specified in the changes, whichever is later.
- C) Any proposed amendment submitted other than as outlined in Article III A) will require a 90% majority of the school representatives and approved voting delegates to be forwarded.
- D) Proposed amendments to the Constitution shall be brought to the Q.V.D.A. Council Annual Meeting only if the amendment has been proposed and/or supported by:
 - a. the Q.V.D.A. executive council
 - b. one Member of the Q.V.D.A.

ARTICLE IV AMENDMENTS TO THE BYLAWS

- A)
 - a. The Q.V.D.A. Executive may propose bylaws for the Q.V.D.A.
 - c. Such bylaws shall be brought before the next Annual Meeting of the Q.V.D.A. Council and shall be voted on by approved voting delegates.
 - d. If passed by the bylaws shall be forwarded to the Association for approval by the Association Executive Council.
 - e. The Q.V.D.A. executive may pass temporary amendments to the bylaws. This temporary amendment must be brought to the next Q.V.D.A. Council Meeting for discussion and vote.

- B) The bylaws of the Q.V.D.A. may be amended in the following manner:
 - a. Proposed amendments to the bylaws shall be forwarded (via email or hard copy) to all Members and schools at least two weeks prior to the proposed date of the Q.V.D.A Council Annual Meeting.
 - b. Proposed amendments shall be voted upon at the Q.V.D.A. Council Annual Meeting and if passed by a majority of the school representatives and approved voting delegates shall be forwarded to the Association for approval by the Association executive Council. The bylaws changes will become effective when approved by the Association Executive Council or on the effective date in the bylaw whichever is the later.
 - c. Any proposed amendment which is not forwarded as outlined in B. a) above will require a 75% majority of the school representatives and approved voting delegates at the Q.V.D.A. Annual Meeting to become accepted for forwarding to the Association for approval.

- C) Proposed amendments to the bylaws shall be brought to the Q.V.D.A. Council Annual Meeting only if the amendment has been proposed and/or supported by:
 - a. the Q.V.D.A. executive Council, or
 - b. one member of the Q.V.D.A.

ARTICLE V CONDUCT OF MEETING

Meetings will be conducted according to Canadian Parliamentary Procedure. Roberts rules pg. 58

ARTICLE VI FINANCE

- A) The QVDA will pay legitimate expenses incurred by the commissioners in the organization of their activity upon submission of an itemized financial statement. Any expenses not outlined in the sport specific handbook will require previous approval of the QVDA executive council.

- B) Anyone sent by QVDA on official business shall have their legitimate expenses paid.

The Q.V.D.A. through the Q.V.D.A. Executive Council or the Q.V.D.A. General Meeting shall have the right to impose disciplinary sanctions on Members in the event that a Member or the member's representative school(s) violate(s) the constitution, bylaws or policies of the Q.V.D.A.

- (i) The executive shall appoint the following members as a Discipline Committee:
 - a. Officials Commissioner
 - b. One Principal
 - c. One Director of Education
 - d. Q.V.D.A. President

- (ii) All protests regarding procedures or ruling by a pvsd commissioner or any officials in the course of PVSD LEAGUES AND play-offs or protests with regard to player misconduct, coach misconduct, fan misconduct, or other appropriate reason, shall be put in writing and presented to the Q.V.D.A. President within 48 hours, with a copy of the protest going to the principal of the offending school, a copy to the principal of the protesting school and a copy to the Officials Commissioner.

- (iii) The Discipline Committee, working within the QVDA Constitution and Bylaws and the SHSAA Constitution and Bylaws shall hear all evidence on the protest and shall make a decision, and this decision shall be binding.

- (iv) The **DISCIPLINE COMMITTEE** will consider each case presented to it and take appropriate action based on the severity of the misconduct. These action include:
 - a) dismissal of the complaint as inaccurate
 - b) warnings to the offenders
 - c) reprimands to the offenders
 - d) suspensions to the offenders

- (v) In any case, the principal of the school involved may appeal the decision of the **DISCIPLINE COMMITTEE** by making a formal presentation, written or verbal, to the Association Executive Council.

ARTICLE VIII ACTIVITIES

Section 1- All Qu'Appelle Valley District Association (QVDA) sponsored shall fall under the Saskatchewan High Schools Athletic Association (SHSAA) bylaws.

Section-2 Shall sponsor the following activities:

- a. Football
- b. Cross Country
- c. Girls Volleyball
- d. Boys Volleyball
- e. Girls Basketball

- f. Boys Basketball
- g. Girls Curling
- h. Boys Curling
- i. Mixed Curling
- j. Badminton
- k. Track and Field
- l. Soccer
- m. Boys Wrestling
- n. Girls Wrestling
- o. Golf

Section 3- Activities not listed in Section 2 may be sponsored on a trial basis by approval of the Association Council.

ARTICLE IX FINANCIAL POLICY

Section 1- The organization shall maintain its own solvency at all times; that is it must not incur a deficit.

Section 2- The QVDA will request an annual fee for all members within the QVDA boundaries as set at the Sept. Annual Meeting.

Section 3- There shall be an annual report to the Annual General Meeting of the QVDA by the Secretary-Treasurer that shall include a proposed budget for the ensuing year.

Section 4- Executive expenses shall be paid out of QVDA funds for authorized Q.V.D.A. expenses.

Section 5- TRAVEL COSTS/MEALS

- a) All meals and travel costs to district, conference, regional or provincial play for all activities are not the responsibility of the QVDA. Expenses shall be incurred by the member schools decentralized budgets or by their school board.
- b) Travel costs for Executive or Special Committee Meetings will be paid as set QVDA Council rates.

ARTICLE X JUNIOR HIGH SCHOOL ACTIVITIES

Provision will be made at every Association Council Meeting to hold a Junior High School Activities discussion.

ARTICLE V-GUIDELINES FOR COMMISSIONERS

Section 1- It is suggested that the QVDA competitive Divisions may consist of the same organizations as indicated in the QVDA Constitution.

Section 2- Whenever possible, district play-offs should be held on Saturdays, with the exclusion of Track and Field.

Section 3- Sites will be selected by a bid-to-host at the Sept. Annual Meeting.
Exception – Golf and Cross Country will be determined at the May Executive Meeting.

**GUIDELINES FOR APPROPRIATE CONDUCT OF TEAMS, PLAYERS, COACHES,
AND OFFICIALS IN Q.V.D.A. AND S.H.S.A.A. ATHLETICS**

A. As in the S.H.S.A.A. Constitution:

1. Athletes must meet Eligibility Bylaws as stated in the S.H.S.A.A. constitution.
2. Coaches must meet COMPETITION bylaws as stated in the S.H.S.A.A. constitution.
 - a) All team fees are to be paid by Sept. 30th.
 - b) A school, having entered provincials, **MUST** go through to competition.
 - c) S.H.S.A.A. eligibility forms must be filled out online at www.shsaa.ca

**TEAMS FAILING TO SUBMIT ELIGIBILITY FORMS BY THE DEADLINE DATES
WILL BE ASSESSED AN AUTOMATIC FINE OF \$50.00 AND SUSPENDED FROM
ALL PARTICIPATION UNTIL THE FINE IS PAID**

3. Principals or Athletic Directors must complete the online E-3 and E-10 forms by September 30. E-5 forms must be completed online www.shsaa.ca by the specified dates indicated in the SHSAA handbook.
 4. Any athlete or coach may not lay hands on or attempt to lay hands on an official in protest. Officials are to be treated with respect by all coaches/fans/athletes.
 5. Coaches shall not behave in a manner likely to have an adverse influence on the attitudes of players and spectators.
 6. The host school is responsible for crowd control.
 7. Unsportsmanlike conduct will not be tolerated.
- B. As required by the Q.V.D.A.**
1. As required by the S.H.S.A.A. teams are required to check off intent box for provincial playoffs on the website. There is a six week minimum time frame for teams to contact the SHSAA to withdraw from provincial competitions. Failure to do so may result in a \$200 fine and/or sanctions, suspensions from future play.

2. When a school enters an activity the school **MUST** continue to completion of the playoff unless notice is given, two weeks prior to the first district play, to the PVSD Commissioner. In that case the runner up will be invited to participate in the playoff.
3. Athletes who participate at the District level in individual activities and who qualify to represent the District at the next level of competition will not be selected to the District Team unless they have indicated their intention to attend and compete at that level. Such indication is to be given to their teacher-supervisor who is in turn responsible for relaying this information to the PVSD Commissioner for that activity prior to the selection meeting of the coaches for that activity. Any athlete who gives such an indication **MUST** honor that commitment.
4. It is the responsibility of the coach to inform himself of the date, time, place, etc. of all playoffs. Such information is usually distributed by the PVSD Commissioner. In the event of oversights, the **ONUS** is on the coach.
5. It is the joint responsibility of the coach and the principal to complete and forward the **ELIGIBILITY FORM** for each activity to the **S.H.S.A.A. OFFICE**. A copy **MUST** also accompany the team.
6. The conduct of the coach shall be as a responsible teacher, capable of control of the team.

OFFICIALS' PAY SCALES

(as of Apr. 2011) (May be revised at any time)

a) **BASKETBALL**-2011 \$32 – SABO Member, \$30- Non Member

b) **SOCCER**- SSOA Member: Official \$32 Linesperson \$24
 Non Member: Official \$22 Linesperson \$16.50

c) **VOLLEYBALL- BEST OF THREE MATCHES**

SVA Member: Referee \$18 Umpire \$15

Non Member: Referee \$15 Umpire \$12

d) **AUTHORIZED EXPENSES**

-Travel-35 cents per kilometer

- Meals – not covered by the QVDA.

NOTE: Officials are expected to share costs whenever possible.

1. QVDA FEES:

Each QVDA school will have fees paid by October 31st of the current school year. The PVSD school board pays for all PVSD member schools.

Failure of any Member to submit the assessed dues to the Q.V.D.A. prior to the date specified shall entitle the Q.V.D.A. to ask the Association to apply sanctions against that Member.

2. Gate Admissions:

- a) An admission charge must be collected at all Q.V.D.A. sponsored competitions according to the following rates.
(These rates are the minimum to be charged.)

ADULT.....\$5.00 STUDENT (Grade 7-12).....\$3.00
CHILDREN....FREE

- b) In all Q.V.D.A. sponsored games and/or tournaments the gross gate will be divided as follows: The host sends a cheque for 75% to the QVDA president.

Q.V.D.A.....75% HOST.....25%

3. S.H.S.A.A. AGM:

- a) Q.V.D.A. pays all authorized expenses for the seven voting delegates and any District executive council members that wish to attend.

TRAVEL.....Pro rated by QVDA executive.
HOTEL.....ACTUAL COST
REGISTRATION FEE

- b) Non-executive OBSERVERS- pay their own registration/travel and accomodations.

DISTRICT AWARDS: Unless there is a change in executive policy, no Sport Commissioner may use any other championship awards at the Expense of the Q.V.D.A. No awards given if there isn't a playoff between two or more teams unless approval has been given by the executive.

MEDALS WILL BE AWARDED AS FOLLOWS:

	SENIOR	JUNIOR	TOTAL
Badminton.....8	8	8	(16)
Basketball.....15	0	30	(28)
Cross Country...8	8		(8)
Curling.....5,5,6	16	16	(32)
Football.....			(0)
Golf-Sand..... 8	8	8	(16)
Grass.....8	8	16	(24)
Soccer.....18	0	36	(36)
Track and Field..10	6	4	(10)
Volleyball..... 15	0	60	(60)

Additional medals can be purchased from the QVDA.

**SECTION C: QVDA CHAMPIONSHIPS
COMMISSIONERS DUTIES**

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1. Must check with the PVSD commissioner to obtain a list of teams entered in your competition.
2. The commissioner is to decide which teams, allowing ONE REPRESENTATIVE from each division, are to participate in his sport. ANY EXCEPTIONS MUST BE CLEARED THROUGH THE EXECUTIVE. (Except golf, badminton)
3. Is responsible for the booking of the facility and arranging for any equipment, etc. that may be required
4. Should have personal contact, either through phone or letter, with each team.
5. Distribute information regarding the schedule to all schools.
6. Co-ordinate the officials for his playoff. PLEASE CONTACT THE OFFICIAL'S COMMISSIONER FOR ASSISTANCE.
7. Is to collect the awards from QVDA president and see the scheduled event.
8. Arrange for staffing and supervision of the scheduled event.
9. Arrange for collecting of gate at the event.
10. Submit a report after the completion of the event.

MISCELLANEOUS:

1. Individual item per sport will have to be discussed and dealt with as they arise.
2. A member of the executive/PVSD commissioner will be a contact person for each sport.
3. There must be 100% agreement by all division representatives involved if there is any change of the original dates that were set at the annual meeting.

Immediately following the competition please complete the online commissioners report. www.shsaa.ca Each sport has its own specific commissioners report.

Information required.

QVDA Activity Report Form

Name of Activity

Commissioner

Place of Contest

Dates of Contest

Number of Teams Entering District Playoffs

List by School and Division

Teams involved in the playoff (show draw and results)

Financial Statement: (gate receipts and official costs)

Recommendations

1. Names, addresses, distance traveled, number of games officiated, individuals rating, of all major officials. **DO NOT PAY THE OFFICIALS**
2. Send a cheque for 75% of all gate receipts. In all Q.V.D.A. sponsored games and/or tournaments the gross gate will be divided as follows:

HOST 25%, Q.V.D.A. 75% Suggested Price: Adults \$5.00 Students \$3.00
3. Include in your report any suggestions, which you may have for future competitions.

Note: IF ADMISSIONS ARE NOT CHARGED, OR REMITTED, ALL TOURNAMENT EXPENSES WILL BE THE RESPONSIBILITY OF THE HOST.

SPORT ACTIVITY HANDBOOKS

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-Each sport has a handbook describing formats for all levels leading to the district championship. Rules and guidelines are also included in each handbook.

BADMINTON

Playoffs: Two four team round robins with top two teams in each pool meeting in a cross over draw.

Refer to the S.H.S.A.A. guidebook for draw and tie-breaking procedure.

Awards: Q.V.D.A. medals will be presented to the winners in each classification.

BASKETBALL

Playoffs: Schools register with the PVSD Athletic commissioner. All categories will be guaranteed 2 games if possible. **Any changes must have the approval of the district Executive.**

CROSS COUNTRY

Refer to the S.H.S.A.A. Guidebook for procedure. There will, also, be a Bantam division in the Q.V.D.A. Cross Country Competition.

Senior – 16 and over as of August 31st, of current school year.

Junior – under 16 as of August 31st, of current school year.

Midget – under 15 as of August 31st, of current school year.

Bantam - Under 14 as of Aug. 31st of current school year. – Distance - 3000 metres

Awards: Q.V.D.A. medals will be presented to the individual champion in category.

CURLING

Playoffs: Senior teams will play a modified double knockout the first day. The top four teams will return on the second day for a single elimination playoff. Tie breakers to follow the provincial guidelines.

Awards: a) Q.V.D.A. individual medals to members and coach of the winning team.

b) Championship travelling trophy for the championship team.

c) Silver medals will be awarded to the finalist.

- A) Each tournament will consist of individual competitions for both boys and girls, and a District team competition.
- B) District teams may be made up of up to six members with a maximum of four members of either sex.
- C) Team scoring shall be determined by the total of the four best scores at least one of which must be from the score of the opposite sex.

Athletes may compete in only one of the competition. A golfer may not enter both sand and grass golf.

Adult scorekeepers will be assigned with each foursome.

Awards: Q.V.D.A. medals will be presented to members of the winning team.

SOCCER

Awards: Q.V.D.A. medals will be presented to members of the winning team.

TRACK AND FIELD

Refer to the S.H.S.A.A. Guidebook for procedure.

SENIOR – 16 or Older, as of Aug. 31st, of current school year

JUNIOR - Under 16, as of Aug. 31st, of current school year

MIDGET- Under 15, as of Aug. 31st, of current school year.

BANTAM – Under 14, as of Aug. 31st, of current school year.

UNIFORM: That a \$50.00 per track uniform fine be levied against the school for non-return to track uniforms following the prov. meet. Also, the school is ineligible for further District Play until the matter is cleared up.

INTENT FORM: A \$50 fine will be applied to the school of an athlete that intends on representing the QVDA at provincial track but does not have an intent form at the coaches meeting after the district track and field meet. The coach will have until 9:00 am Monday morning to email/fax the form to the district president or the fine will be levied.

VOLLEYBALL

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The PVSD athletic director will receive entries from teams. The commissioner will draw the pools for all QVDA zone and district volleyball tournaments.

Playoffs: The Playoff Format Listed Below Will Be Used

- 2 Teams.....Best Of 5 games.....1 Match
- 3 Teams.....Round Robin Tournament.....4 Matches
(Top 2 Teams in final. All games best of 3)
- 4 Teams.....Same as 3 Teams.....7 Matches
- 5 Teams.....Same as 3 Teams.....11 Matches
- 6 Teams.....2 Pools of 3 Teams....Top 2 Teams....9 Matches
cross over (1st in A vs 2nd in B, 1st in B vs 2nd in A) Winners
play in final. All games are the best of 3.
- 7 Teams.....2 Pools (One of 3, the other of 4).....12 Matches
Format is the same as 6 Team Tournament.
- 8 Teams.....2 Pools of 4 teams.....15 Matches
Top 3 teams from each pool advance to playoffs.

Awards: a) Q.V.D.A. medals will be presented to members of the winning team.
Starting in Sept 2009. Silver medals will be awarded.

E. Heights for Volleyball Jr. Boys.....2.24m . Girls.....2.10m

JUNIOR SPORTS

- a) The host selects the dates for the competition at the QVDA Fall AGM.
- b) The host collects a gate and submits 75% of the money to the QVDA president.
- c) If a gate is collected, the QVDA will pay for the officials.
- d) If not gate is collected, the host pays all expenses for officials.
- e) AGE- Grade 6-9
Under the age of 16 as of December 31 of the current school year.
- f) REGULATIONS- Adherence to all Q.V.D.A. regulations.

- 1. Sport.....

- 2. Proposed Date.....

- 3. Host School.....Telephone.....

- 4. Individual in Charge.....Telephone.....

- 5. Facilities (include number of courts, change rooms, spectator space, food service, promotion, supervision, officials, etc.)

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- 6. Over-night accommodation if necessary (billets, motels, etc.)

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- 7. Other special reasons for hosting.....

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SUBMITTED BY.....
(Signature of Principal)

**STATEMENT OF INTENT FOR THE Q.V.D.A. TRACK TEAM Page D-2
TO THE S.H.S.A.A. PROVINCIAL MEET**

I, _____, if selected at the Meeting of Coaches following the Q.V.D.A. District Track Meet will attend the S.H.S.A.A. Provincial Meet and will compete in the individual events and relays that I am assigned. I further understand that I must be accompanied by a teacher and have made arrangements for _____ (name of teacher) from _____ High School who has agreed to be my supervisor.

Signed _____
.....

**STATEMENT OF INTENT FOR THE Q.V.D.A. CROSS COUNTRY TEAM
TO THE S.H.S.A.A. PROVINCIAL MEET**

I, _____, if selected at the Meeting of the Coaches following the District Cross Country Meet will attend the S.H.S.A.A. Provincial Meet. I further understand that I must be accompanied by a teacher and have made arrangements for _____ (name of teacher) from _____ High School who has agreed to be my supervisor.

Signed _____
.....

**STATEMENT OF INTENT FOR THE Q.V.D.A. GOLF TEAM TO THE
S.H.S.A.A. PROVINCIAL MEET**

I, _____, if selected at the Meeting of the Coaches following the Q.V.D.A. Golf Competition will attend the S.H.S.A.A. Provincial Competition. I further understand that I must be accompanied by a teacher and have made arrangements for _____ (name of teacher) from _____ High School who has agreed to be my supervisor.

Signed _____
.....

**STATEMENT OF INTENT FOR THE Q.V.D.A. BADMINTON TEAM TO THE
S.H.S.A.A. PROVINCIAL MEET**

I, _____, if selected at the Meeting of the Coaches following the Q.V.D.A. Badminton Competition will attend the S.H.S.A.A. Regional/Provincial Competition. I further understand that I must be accompanied by a teacher and have made arrangements for _____ (name of teacher) from _____ High School who has agreed to be my supervisor.

Signed _____
.....

Note: If in the event that athletes from a school are dropped from the district team at the coaches meeting because of compliance of the above criteria the school has 24 hours to pay a late entry of \$50 per athlete to a maximum of \$100 a school in order to have the athlete(s) reinstated.

The sport commissioner will notify the school involved so that they may have the right to appeal any decision made at the coaches' meeting.

QU'APPELLE VALLEY DISTRICT AWARDS Page D-3

1. Nominations will be accepted annually for the QVDA awards. Deadline for nominations is April 15th. Forms are on the QVDA website.
2. QVDA Awards include
 - a) SHSAA Merit Award - Not necessarily a yearly award.
 - b) QVDA James Schnell Award - Not necessarily a yearly award.
 - c) QVDA Service Award - Not necessarily a yearly award.
 - d) Male Coach of the Year Award
 - e) Female Coach of the Year Award
 - f) Official of the Year Award
3. Each school will be allowed to submit names for each category per year.
4. Names which are not chosen in the final analysis may be submitted again in subsequent years.
5. The membership will appoint a screening committee yearly by nominating the 3 members at large.
6. The selection of recipients of this award rest with the Awards Committee of the Q.V.D.A.

SUBMIT TO: Mr. Don Morrison
 Box 449
 Lusmden, SK
 SOG 3CO
 don.morrison@pvds.ca

Please submit by:
April 15 of each year.