

	<p style="text-align: center;">Greg Johnson, Commissioner of Athletics Regina High Schools Athletic Association (located at) Martin Collegiate 1100 McIntosh Street Regina, SK S4T 5B7 Phone: 523 - 3461 Fax: 523 - 3462 E-mail: greg.johnson@rbe.sk.ca</p>	
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Track and Field Coaches Meeting
Thursday January 14, 2010
RHSAA Office
Minutes

1. Adoption of January 8, 2009 Minutes – Carried

2. Coaches Directory:

- Schools present: FW Johnson, Campbell, Riffel, Knoll, Western Christian, Regina Christian, Luther, Miller, Greenall (observer)
- Schools absent: Balfour, Leboldus, Sheldon, Scott, Cochrane (regrets), O'Neill (regrets), Thom, Laval (regrets), Harvest City.

3. Rules and Regulations:

- Eligibility dates have changed – **Senior** – 16 and over as of June 30th, 2009, **Junior** – under 16 as of June 30th, 2009, **Midget** – under 15 as of **December 31st, 2009**
- Jewelry rule has been removed. Coaches are to use discretion with type of jewelry worn and the event.

4. Terry Mountjoy: Excel Athletica

- Terry sent his regrets
- Coaching Clinics will again be held. Coaches attending will receive their Level One. April dates TBA. Coaches are asked to encourage their athletes to attend.
- Officials Clinic will also be conducted. May date TBA.

5. Provincial Track: Moose Jaw June 4th & 5th.

- One bus will be booked
- Athletes must declare if they travel by bus they must return by bus.
- Track singlets: letter will be given to all provincial competitors re \$50.00 fee.
- Shortage of medium singlets, twenty – four (24) will be ordered.
- Coaches will be asked to confirm their provincial participants.

6. Use of Canada Games Athletic Complex:

- Coaches wanting to use the Complex for practice are asked to contact the RHSAA Office and your request will be forwarded to the City

7. Dates:

- Mini Meets dates – Thursday May 6, Monday May 10, Wednesday May 12, Tuesday May 18.
- City Championships – May 26 & 27. May 28 – rain day.
- **3000 meter** championships will take place at the **May 18** mini meet.

8. Meet Responsibilities:

- Schools will be forwarded a copy of their responsibilities.
- These will be the same for the mini meet and the City Championships.

9. City Championships:

- Competing athletes **must** wear a school singlet or a plain T – Shirt that has the dominant color of their school.
- There will be only a first and second call for an event. Individual athletes will not be called.

10. HY – TEK Entries:

- Schools (Luther, Regina Public and Regina Catholic) are asked to see if they have the HY – TEK program. If not please contact RHSAA Office.
- RHSAA Office will contact Jim Langen for entry deadlines.
- Procedure to verify City entries will be forwarded to schools.

11. AOB:

- **Motion** – Armand Jeannot – FW Johnson

A Most Improved School trophy be awarded annually at the City Championship and will be named after the late Wilma Downing.

Second – Nancy Lamb – Riffel Carried

- Copy of Track and Field records was circulated

12. Adjournment: 5:10 pm