

Moose Jaw Conference - 5/21/2008

Guthridge Field - Moose Jaw

Results

Girls 4x400 Meter Relay

ET: 4:16.28* 2004 Central

Team	Relay	Finals
1 Vanier	A	4:29.96
2 Central	A	4:35.36
3 Peacock	A	4:58.80

Girls 100 Meter Dash Midget

ET: 12.54* 1988 R. Kelly

Name	Age	Team	Finals
1 Alex Kowalski	VA	13.96	
2 Trudy McBean	CE	14.79	
3 Jina Barker	CE	14.90	
4 Amy Van Den Hoover	PC	15.09	
5 Karli Bell	PC	15.37	
6 Alicia Havanka	VA	15.74	

Girls 200 Meter Dash Midget

ET: 26.35* 1988 R. Kelly

Name	Age	Team	Finals
1 Alex Kowalski	VA	28.98	
2 Chloe Froehlich	VA	29.68	
3 Trudy McBean	CE	30.20	
4 Karli Bell	PC	36.05	
5 Ashley Boys	CE	37.20	

Girls 400 Meter Dash Midget

ET: 1:02.38* 1983 K. Longmuir

Name	Age	Team	Finals
1 Chloe Froehlich	VA	1:05.74	
2 Amy Van Den Hoover	PC	1:08.90	
3 Camerigh Stewart	CE	1:16.52	
4 Ashley Boys	CE	1:17.33	
5 Jenna Winkler	VA	1:20.09	

Girls 800 Meter Run Midget

ET: 2:24.08* 1986 C. Coulson

Name	Age	Team	Finals
1 Chloe Froehlich	VA	2:40.38	
2 Linnea Smith	VA	2:45.69	
3 Camerigh Stewart	CE	2:57.49	
4 Megan Binner	VA	3:00.70	

Girls 1500 Meter Run Midget

ET: 5:13.64* 1998 B. Seaborg

Name	Age	Team	Finals
1 Linnea Smith	VA	5:37.37	
2 Camerigh Stewart	CE	5:57.64	
3 Megan Binner	VA	6:28.80	
4 Melissa Marzolf	VA	7:39.86	

Girls 3000 Meter Run Midget

ET: 11:26.30* 2002 K. Smith

Name	Age	Team	Finals
1 Linnea Smith	VA	12:07.84	
2 Camerigh Stewart	CE	12:57.68	
3 Chloe Froehlich	VA	13:08.52	
4 Gabby Potosme	VA	14:45.68	

5 Ashley Boys CE 16:01.66

Girls 80 Meter Hurdles Midget

ET: 12.43* 1998 J. Herchuk

Name	Age	Team	Finals
1 Amy Van Den Hoover	PC	13.90	
2 Elyse Jelinski	VA	16.14	
3 Katie Cotter	VA	17.45	

Girls 4x100 Meter Relay Midget

ET: 54.30* 1976 Vanier

Team	Relay	Finals
1 Vanier	A	55.96
2 Central	A	57.46

Girls High Jump Midget

ET: 1.54m* 2008 Jessica Lariviere

Name	Age	Team	Finals
1 Jessica Lariviere	CO	1.54m*	
2 Jina Barker	CE	1.45m	
3 Amy Van Den Hoover	PC	1.40m	
4 Katie Cotter	VA	1.20m	
4 Elyse Jelinski	VA	1.20m	

Girls Long Jump Midget

ET: 5.11m* 1989 S. Dellabough

Name	Age	Team	Finals
1 Jessica Lariviere	CO	4.59m	
2 Jina Barker	CE	4.28m	
3 Kaitlin Thiessen	VA	4.27m	
4 Elyse Jelinski	VA	4.09m	
5 Trudy McBean	CE	3.87m	
6 Karli Bell	PC	3.66m	
7 Nicole Hebert	VA	3.44m	

Girls Triple Jump Midget

ET: 10.87m* 1987 S. Dellabough

Name	Age	Team	Finals
1 Jina Barker	CE	10.48m	
2 Jessica Lariviere	CO	9.89m	
3 Kaitlin Thiessen	VA	9.32m	
4 Erica Waldenberger	VA	8.65m	
5 Karli Bell	PC	8.34m	
6 Nicole Hebert	VA	7.73m	

Girls Shot Put Midget

ET: 9.43m* 1998 M. Reid

Name	Age	Team	Finals
1 Danika Wolfe	CE	8.14m	
2 Linnea Smith	VA	6.77m	
3 Halsey Shaheen	VA	6.46m	
4 Jenna Winkler	VA	5.74m	

Girls Discus Throw Midget

ET: 31.15m* 2006 M. Folk

Name	Age	Team	Finals
1 Danika Wolfe	CE	26.40m	
2 Erica Waldenberger	VA	21.94m	
3 Ashley Boys	CE	19.51m	

4 Halsey Shaheen VA 19.37m
5 Melissa Marzolf VA 13.21m

Girls Javelin Throw Midget

ET: 31.27m* 1994 C. Smith

Name	Age	Team	Finals
1 Danika Wolfe	CE	18.84m	
2 Megan Binner	VA	15.32m	
3 Jenna Winkler	VA	14.61m	
4 Melissa Marzolf	VA	12.28m	

Girls 100 Meter Dash Junior

ET: 12.20* 1974 R. Flynn

Name	Age	Team	Finals
1 Kelsey Konihowski	CE	13.90	
2 Kristina Segall	PC	14.30	
3 Jaime Bromely	CE	14.39	
4 Carmen Fielding	VA	15.77	
5 Megan Winkler	VA	15.84	
6 Leah McNeice	PC	16.33	

Girls 200 Meter Dash Junior

ET: 26.30* 1974 R. Flynn

Name	Age	Team	Finals
1 Kristina Segall	PC	28.98	
2 Jaime Bromely	CE	29.40	
3 Rachel Waldner	VA	31.32	
4 Megan Winkler	VA	31.77	

Girls 400 Meter Dash Junior

ET: 58.60* 1976 M. Burzminski

Name	Age	Team	Finals
1 Kristina Segall	PC	1:09.59	
2 Gena Ingold	VA	1:16.71	
3 Spencer McEwen	VA	1:17.02	

Girls 800 Meter Run Junior

ET: 2:23.16* 2007 Rejoice MusaBuba

Name	Age	Team	Finals
1 Carmen Fielding	VA	2:49.74	
2 Spencer McEwen	VA	2:53.76	

Girls 1500 Meter Run Junior

ET: 5:03.13* 1999 B. Seaborg

Name	Age	Team	Finals
1 Spencer McEwen	VA	5:57.80	

Girls 3000 Meter Run Junior

ET: 11:04.53* 2003 K. Smith

Name	Age	Team	Finals
1 Spencer McEwen	VA	13:00.32	

Girls 80 Meter Hurdles Junior

ET: 12.61* 1999 J. Ellertson

Name	Age	Team	Finals
1 Jaime Bromely	CE	14.52	
2 Kelsey Konihowski	CE	14.54	
3 Rachel Waldner	VA	14.88	
4 Gena Ingold	VA	16.77	

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Girls 4x100 Meter Relay Junior

ET: 52.90* 1976 Vanier

Team	Relay	Finals
1 Vanier	A	58.08
2 Peacock	A	1:01.08

Girls High Jump Junior

ET: 1.54m* 1975 L. O'Brien

Name	Age	Team	Finals
1 Rachel Waldner		VA	1.25m

Girls Long Jump Junior

ET: 4.99m* 1988 S. Dellabough

Name	Age	Team	Finals
1 Kelsey Konihowski		CE	4.44m
2 Kristina Segall		PC	4.38m
3 Paige Anakaer		VA	3.81m
4 Jena Delahey		CE	3.72m
5 Gena Ingold		VA	3.47m
6 Leah Houseman		PC	3.43m

Girls Triple Jump Junior

ET: 10.71m* 1972 B. Wright

Name	Age	Team	Finals
1 Kelsey Konihowski		CE	9.57m
2 Paige Anakaer		VA	8.46m
3 Leah Houseman		PC	7.40m

Girls Shot Put Junior

ET: 9.95m* 1999 M. Reid

Name	Age	Team	Finals
1 Paige Anakaer		VA	8.17m
2 Jena Delahey		CE	8.10m
3 Ciarra Spratt		PC	7.56m
4 Leah Houseman		PC	6.39m
5 Robyn Pearce		VA	5.42m

Girls Discus Throw Junior

ET: 30.15m* 1999 M. Reid

Name	Age	Team	Finals
1 Ciarra Spratt		PC	22.00m
2 Jena Delahey		CE	21.33m
3 Megan Winkler		VA	20.23m

Girls Javelin Throw Junior

ET: 34.47m* 1981 L. Ziefflie

Name	Age	Team	Finals
1 Paige Anakaer		VA	24.44m
2 Jaime Bromely		CE	23.44m
3 Jena Delahey		CE	22.44m
4 Ciarra Spratt		PC	19.53m
5 Megan Winkler		VA	16.29m
6 Leah Houseman		PC	13.60m

Girls 100 Meter Dash Senior

ET: 12.20* 1975 R. Flynn

Name	Age	Team	Finals
1 Brittany Wheler		VA	14.02

2 Shelby Mackey	CE	14.55
3 Laura Simpson	PC	15.05
4 Brittany Carr	PC	15.33
5 Nicole Bratten	VA	15.93
6 Shelby Saylor	CE	16.24

Girls 200 Meter Dash Senior

ET: 25.46* 1986 K. Longmuir

Name	Age	Team	Finals
1 Rejoice Musa		CE	28.55
2 Brittany Wheler		VA	29.18
3 Shelby Mackey		CE	29.90
4 Laura Simpson		PC	31.21
5 Brittany Carr		PC	32.24
6 Nicole Bratten		VA	33.27

Girls 400 Meter Dash Senior

ET: 59.69* 2004 K. Smith

Name	Age	Team	Finals
1 Rejoice Musa		CE	1:05.05
2 Brittany Wheler		VA	1:08.49
3 Shelby Mackey		CE	1:10.27
4 Laura Simpson		PC	1:11.20
5 Amberly Doucette		ED	1:11.86
6 Melissa Donald		VA	1:20.30

Girls 800 Meter Run Senior

ET: 2:18.03* 2005 K. Smith

Name	Age	Team	Finals
1 Rejoice Musa		CE	2:39.62
2 Amberly Doucette		ED	2:41.83
3 Tessa Hill		PC	2:54.78
4 Shelby Saylor		CE	3:17.99

Girls 1500 Meter Run Senior

ET: 4:51.10* 1975 D. Noble

Name	Age	Team	Finals
1 Amberly Doucette		ED	5:39.40
2 Mariah Wilder		CE	6:30.90
3 Ashley Wilk		CE	7:30.52

Girls 3000 Meter Run Senior

ET: 10:49.38* 2004 K. Smith

Name	Age	Team	Finals
1 Rejoice Musa		CE	12:05.26
2 Amberly Doucette		ED	12:32.21
3 Tessa Hill		PC	14:19.55
4 Averi Harrison		PC	14:38.21

Girls 80 Meter Hurdles Senior

ET: 12.00* 1993 K. Hagel

Name	Age	Team	Finals
1 Katelyn Silversides		PC	15.57
2 Mariah Wilder		CE	17.36
3 Tiffany Cassidy		CE	18.20
4 Nicole Bratten		VA	18.43

Girls 4x100 Meter Relay Senior

ET: 53.00* 1976 Riverview

Team	Relay	Finals
1 Central	A	57.42
2 Vanier	A	58.11
3 Peacock	A	58.26

Girls High Jump Senior

ET: 1.60m* 1976 R. Flynn

Name	Age	Team	Finals
1 Kerri Larson		PC	1.35m
2 Tiffany Cassidy		CE	1.20m
2 Nicole Bratten		VA	1.20m
2 Mariah Wilder		CE	1.20m

Girls Long Jump Senior

ET: 5.34m* 1979 J. Hutch

Name	Age	Team	Finals
1 Laura Simpson		PC	4.24m
2 Caitlyn Folk		VA	3.96m
3 Melissa Donald		VA	3.85m
4 Katelyn Silversides		PC	3.75m
5 Shelby Saylor		CE	3.62m
6 Ashley Wilk		CE	3.27m

Girls Triple Jump Senior

ET: 10.84m* 1978 M. Burzminski

Name	Age	Team	Finals
1 Katelyn Silversides		PC	9.08m
2 Brittany Carr		PC	9.00m
3 Caitlyn Folk		VA	8.96m
4 Shelby Saylor		CE	8.18m
5 Mariah Wilder		CE	7.84m
6 Melissa Donald		VA	7.46m

Girls Shot Put Senior

ET: 11.30m* 2000 M. Reid

Name	Age	Team	Finals
1 Caitlyn Folk		VA	8.40m
2 Averi Harrison		PC	8.03m
3 Alysse Paptic		CE	7.99m
4 Ashley Wilk		CE	7.70m
5 Lisa Loos		VA	6.47m
6 Tessa Hambly		PC	6.46m

Girls Discus Throw Senior

ET: 36.55m* 2001 M. Reid

Name	Age	Team	Finals
1 Caitlyn Folk		VA	24.66m
2 Ashley Wilk		CE	23.95m
3 Averi Harrison		PC	23.28m
4 Tessa Hambly		PC	20.14m
5 Tiffany Cassidy		CE	20.10m
6 Taylor Mitchell		VA	18.89m

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Girls Javelin Throw Senior

ET: 37.81m* 1999 J. Barry

Name	Age	Team	Finals
1 Tiffany Cassidy		CE	26.91m
2 Alysse Paptic		CE	25.37m
3 Lisa Loos		VA	24.10m
4 Taylor Mitchell		VA	22.09m
5 Averi Harrison		PC	17.46m
6 Tessa Hambly		PC	15.25m

Boys 4x400 Meter Relay

Team	Relay	Finals
1 Vanier	A	3:52.67
2 Peacock	A	3:57.00
3 Central	A	4:00.90

Boys 100 Meter Dash Midget

ET: 11.31* 2000 J. Pickering

Name	Age	Team	Finals
1 Mitch Boucher		VA	12.19
2 Kahlen Branning		CE	12.86
3 Chris Sanford		VA	12.87
4 Conor Kliesenger		CE	12.95
5 Lucas McKay		PC	13.46
6 Mitch Smith		PC	14.06

Boys 200 Meter Dash Midget

ET: 23.80* 1999 J. Pickering

Name	Age	Team	Finals
1 Mitch Boucher		VA	25.80
2 Conor Kliesenger		CE	27.08
3 Chris Sanford		VA	27.17
4 Kahlen Branning		CE	27.61
5 Jamie Stenko		PC	28.65
6 Mitch Smith		PC	28.66

Boys 400 Meter Dash Midget

ET: 54.17* 2005 K. Martin

Name	Age	Team	Finals
1 Regan Silversides		PC	58.65
2 Tyler Griffin		CE	59.21
3 Nolan Gould		VA	1:04.90
4 Mitch Smith		PC	1:05.52
5 Ryan Chin		CE	1:07.58
6 Brad Butchko		VA	1:08.71

Boys 800 Meter Run Midget

ET: 2:03.93* 2002 M. Neff

Name	Age	Team	Finals
1 Regan Silversides		PC	2:15.26
2 Emmett Harrison		PC	2:16.04
3 Dylan Fritz		CE	2:18.36
4 Graeme Harrison		PC	2:20.77
5 James Meyer		CE	2:28.20
6 Tyler Griffin		CE	2:42.36
7 Brad Butchko		VA	2:50.96
8 Zach Pengally		VA	2:56.45

Boys 1500 Meter Run Midget

ET: 4:32.84* 1996 M. Tighe

Name	Age	Team	Finals
1 Dylan Fritz		CE	5:08.75
2 Regan Silversides		PC	5:10.92
3 Emmett Harrison		PC	5:13.99
4 Graeme Harrison		PC	5:16.55
5 James Meyer		CE	5:25.09
6 Andrew Wiebe		CE	5:32.68
7 Zach Pengally		VA	6:17.46
8 Aaron Folk		VA	6:19.36

Boys 3000 Meter Run Midget

ET: 9:42.86* 2002 M. Neff

Name	Age	Team	Finals
1 Regan Silversides		PC	10:29.15
2 Emmett Harrison		PC	10:32.51
3 Dylan Fritz		CE	10:35.47
4 James Meyer		CE	10:41.51
5 Graeme Harrison		PC	10:43.42
6 Andrew Wiebe		CE	11:24.82
7 Zach Pengally		VA	13:49.22
8 Aaron Folk		VA	14:53.83

Boys 100 Meter Hurdles Midget

ET: 14.58* 1995 J. Riley/J.

Name	Age	Team	Finals
1 Michael Holzer		CE	20.06
2 Adam D'Entromont		CE	21.88

Boys 4x100 Meter Relay Midget

ET: 48.65* 1998 Riverview

Team	Relay	Finals
1 Central	A	50.27
2 Vanier	A	50.46
3 Peacock	A	54.55

Boys High Jump Midget

ET: 1.73m* 1979 B. Bowley

Name	Age	Team	Finals
1 Jordan Beattie		PC	1.70m
2 Jamie Stenko		PC	1.45m
3 Devin Wilder		CE	1.40m
3 Conor Kliesenger		CE	1.40m

Boys Long Jump Midget

ET: 5.51m* 1981 J. Birkett

Name	Age	Team	Finals
1 Chris Sanford		VA	4.75m
2 Nolan Gould		VA	4.41m
3 Jamie Stenko		PC	4.35m
4 Devin Wilder		CE	3.91m
5 Graeme Harrison		PC	3.85m
6 Mitch Smith		PC	3.83m
7 Brad Butchko		VA	3.78m

Boys Triple Jump Midget

ET: 11.81m* 1991 J. Lockert

Name	Age	Team	Finals
1 Emmett Harrison		PC	10.07m
2 Chris Sanford		VA	9.96m
3 Nolan Gould		VA	9.32m
4 Michael Holzer		CE	9.17m
5 Logan Sawarski		VA	9.09m
6 Devin Wilder		CE	8.97m

Boys Shot Put Midget

ET: 14.33m* 1996 G. Roffey

Name	Age	Team	Finals
1 Mitch Boucher		VA	13.46m
2 Jacques Geyer		CE	12.12m
3 Lucas McKay		PC	11.13m
4 Tyler Griffin		CE	10.19m
5 Jacob Lendvov		PC	9.72m
6 Michael Holzer		CE	9.66m
7 Nolan Gould		VA	9.54m
8 Logan Sawarski		VA	9.27m
9 Jordie Richardson		PC	8.81m

Boys Discus Throw Midget

ET: 48.87m* 2003 S. Pascoe

Name	Age	Team	Finals
1 Jacques Geyer		CE	44.02m
2 Mitch Boucher		VA	41.96m
3 Lucas McKay		PC	31.60m
4 Jordie Richardson		PC	29.00m
5 Logan Sawarski		VA	26.02m
6 Jacob Lendvov		PC	23.58m
7 Ryan Chin		CE	20.89m
8 Aaron Folk		VA	20.85m

Boys Javelin Throw Midget

ET: 47.76m* 1980 B. Urquhart

Name	Age	Team	Finals
1 Justin Filteau		PC	32.25m
2 Dylan Fritz		CE	28.86m
3 Adam D'Entromont		CE	24.41m
4 Aaron Folk		VA	22.06m
5 Jacob Lendvov		PC	18.98m
6 Andrew Wiebe		CE	18.03m
7 Jordie Richardson		PC	16.94m

Boys 100 Meter Dash Junior

ET: 11.29* 1981 B. Urquhart

Name	Age	Team	Finals
1 Sheldon Paul		PC	12.61
2 Ben Ross		CE	12.96
3 David Xu		CE	13.05
4 Sawyer Bullied		VA	13.83
5 Scott Sanderson		VA	14.02

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Boys 200 Meter Dash Junior

ET: 23.17* 2006 K. Martin

Name	Age	Team	Finals
1 Sheldon Paul		PC	25.33
2 Danny Mullens		VA	26.11
3 Ben Ross		CE	26.42
4 Leif Fryklund		CO	26.83
5 David Xu		CE	27.17
6 Mitch Toupin		VA	27.86

Boys 400 Meter Dash Junior

ET: 53.00* 1976 R. Smith

Name	Age	Team	Finals
1 Ryan Cox		RV	55.20
2 John Lwaboshi		CE	57.58
3 Brock Montgomery		CE	59.99
4 Blake Pritchard		VA	1:02.92
5 Noel Somamba		VA	1:03.08

Boys 800 Meter Run Junior

ET: 2:02.18* 2006 D. Longworth

Name	Age	Team	Finals
1 John Lwaboshi		CE	2:19.61
2 Noel Somamba		VA	2:23.50
3 Ryan Cox		RV	2:26.08
4 Blake Pritchard		VA	2:43.55
5 David Xu		CE	2:51.06

Boys 1500 Meter Run Junior

ET: 4:14.64* 2006 D. Longworth

Name	Age	Team	Finals
1 Noel Somamba		VA	4:53.64
2 Colby Erickson		CE	5:19.77
3 Blake Pritchard		VA	5:50.20

Boys 3000 Meter Run Junior

ET: 9:02.29* 2006 D. Longworth

Name	Age	Team	Finals
1 Noel Somamba		VA	10:37.85
2 Colby Erickson		CE	10:56.85
3 John Lwaboshi		CE	12:06.96
4 Tony Gibson		VA	12:27.08

Boys 100 Meter Hurdles Junior

ET: 14.24* 1995 M. Darroch

Name	Age	Team	Finals
1 Brock Montgomery		CE	17.47
2 Tyler Hann		PC	17.89
3 Josh Hushi		PC	18.10

Boys 4x100 Meter Relay Junior

ET: 47.25* 1996 Peacock

Team	Relay	Finals
1 Central	A	50.39
2 Vanier	A	50.42
3 Peacock	A	52.24

Boys High Jump Junior

ET: 1.79m* 2006 M. Pitts

Name	Age	Team	Finals
1 Danny Mullens		VA	1.77m
2 Leif Fryklund		CO	1.74m
3 Mark Bevan		VA	1.65m
4 Brock Montgomery		CE	1.50m

Boys Long Jump Junior

ET: 6.01m* 1991 L. Bruvold

Name	Age	Team	Finals
1 Brodie Wasman		RV	5.01m
2 Ben Ross		CE	4.74m
3 Mitch Toupin		VA	4.69m
4 David Xu		CE	4.59m
5 Kaegan Ozog		VA	4.33m

Boys Triple Jump Junior

ET: 12.43m* 1992 J. Lockert

Name	Age	Team	Finals
1 Ben Ross		CE	10.23m
2 Colby Erickson		CE	10.15m
3 Kaegan Ozog		VA	9.09m
4 Scott Sanderson		VA	8.56m

Boys Shot Put Junior

ET: 13.60m* 2005 C. Pickering

Name	Age	Team	Finals
1 Brodie Wasman		RV	11.02m
2 Mitch Toupin		VA	9.70m
3 Joe Sherling		RV	9.64m
4 Sheldon Paul		PC	9.44m
5 Ben Redman		VA	8.08m

Boys Discus Throw Junior

ET: 38.12m* 1997 G. Roffey

Name	Age	Team	Finals
1 Brodie Wasman		RV	33.03m
2 Joe Sherling		RV	30.39m
3 Mitch Toupin		VA	29.74m
4 Dillan Heska		PC	27.66m
5 Josh Hushi		PC	26.57m
6 Sawyer Bullied		VA	17.40m

Boys Javelin Throw Junior

ET: 46.96m* 1988 K. Doerksen

Name	Age	Team	Finals
1 Ben Redman		VA	30.86m
2 Sheldon Paul		PC	29.06m
3 Joe Sherling		RV	28.64m
4 Tyler Hann		PC	27.00m
5 Colby Erickson		CE	25.70m
6 Sawyer Bullied		VA	23.54m

Boys 100 Meter Dash Senior

ET: 10.72* 1999 S. Nicholson

Name	Age	Team	Finals
1 Riley Gillies		VA	11.64

2 Darren Lowe	VA	11.92
3 Matt Pitts	PC	12.18
4 Colby Pruden	PC	12.19
5 Ian Getzlaf	CE	12.46
6 Tinnie Lamadine	CE	12.50

Boys 200 Meter Dash Senior

ET: 21.82* 1999 S. Nicholson

Name	Age	Team	Finals
1 Karl Martin		CE	24.33
2 Moses Taban		VA	24.34
3 John Lendvoy		PC	25.55
4 Tinnie Lamadine		CE	25.80
5 Colby Pruden		PC	25.83
6 Todd Nieszner		VA	25.92

Boys 400 Meter Dash Senior

ET: 50.66* 2007 Karal Martin

Name	Age	Team	Finals
1 Karl Martin		CE	52.90
2 Moses Taban		VA	54.20
3 Dauda Kieta		CE	55.99
4 Miguel Potosme		VA	58.02
5 Levi Steinhauer		PC	1:00.11
6 Dolton Johnson		PC	1:00.63

Boys 800 Meter Run Senior

ET: 1:58.08* 2003 R. Neff

Name	Age	Team	Finals
1 Karl Martin		CE	2:05.83
2 Miguel Potosme		VA	2:07.85
3 Dauda Kieta		CE	2:17.17
4 Dolton Johnson		PC	2:18.10

Boys 1500 Meter Run Senior

ET: 4:05.73* 1987 C. Mathieson

Name	Age	Team	Finals
1 Miguel Potosme		VA	4:48.83
2 Brandon Noseworthy		RV	4:53.42
3 Steven Cox		CE	5:13.64
4 Spencer Waitas		CE	5:20.64
5 Carter Couzens		VA	5:49.78

Boys 3000 Meter Run Senior

ET: 9:10.97* 2001 J. Barnett

Name	Age	Team	Finals
1 Miguel Potosme		VA	10:25.75
2 Karl Martin		CE	10:59.66
3 Brandon Noseworthy		RV	11:03.17
4 Spencer Waitas		CE	11:56.27
5 Joel Toupin		VA	12:06.03

Boys 100 Meter Hurdles Senior

ET: 13.64* 1988 J. Bothwell

Name	Age	Team	Finals
1 Spencer Waitas		CE	16.41
2 Dauda Kieta		CE	18.29
3 Justin Cannon		VA	20.40

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4 Joel Toupin VA 20.42

5 Nathan Tomac VA 27.46m

6 Kyle Coughlin CE 21.18m

Boys 4x100 Meter Relay Senior

ET: 45.55* 1997 Peacock

Team	Relay	Finals
1 Vanier	A	46.49
2 Peacock	A	47.64
3 Central	A	48.58

Boys Javelin Throw Senior

ET: 53.69m* 1984 L. Froehlich

Name	Age	Team	Finals
1 Tory Willfong		VA	40.02m
2 Adam Julian		CE	37.96m
3 Joseph Musa		CE	35.87m
4 Adam Smith		VA	35.29m
5 Cody Pakula		PC	32.79m
6 John Lendvoy		PC	30.35m

Boys High Jump Senior

ET: 1.88m* 1996 N. Cross

Name	Age	Team	Finals
1 Connor MacDonald		PC	1.90m*
2 Ian Getzlaf		CE	1.68m
3 Jesse Stewart		PC	1.65m
4 Darren Lowe		VA	1.60m
4 Adam Julian		CE	1.60m
6 Justin Cannon		VA	1.50m

Boys Long Jump Senior

ET: 6.57m* 1999 S. Nicholson

Name	Age	Team	Finals
1 Matt Pitts		PC	5.66m
2 Connor MacDonald		PC	5.27m
3 Ian Getzlaf		CE	5.21m
4 Justin Cannon		VA	4.93m
5 Steven Cox		CE	4.85m
6 Regan Kuzek		VA	4.80m

Boys Triple Jump Senior

ET: 12.97m* 1973 P. Thome

Name	Age	Team	Finals
1 Ian Getzlaf		CE	11.35m
2 Connor MacDonald		PC	11.33m
3 Darren Lowe		VA	11.28m
4 Cody Pakula		PC	10.59m
5 Brendan Harlos		VA	10.18m
6 Steven Cox		CE	9.92m

Boys Shot Put Senior

ET: 15.48m* 2007 Chris Pickering

Name	Age	Team	Finals
1 Matt Pitts		PC	13.65m
2 John Lendvoy		PC	12.26m
3 Adam Julian		CE	11.49m
4 Kyle Nagel		VA	11.32m
5 Riley Gillies		VA	11.19m
6 Kyle Coughlin		CE	9.57m

Boys Discus Throw Senior

ET: 42.44m* 1998 C. Montgomery

Name	Age	Team	Finals
1 Cody Pakula		PC	34.75m
2 John Lendvoy		PC	34.70m
3 Adam Julian		CE	32.05m
4 Kyle Nagel		VA	27.70m