

South Central District Senior Boys Champions

100-m Hurdles

2009 Paul Thomson	Assiniboia	14.00
2008 Paul Thomson	Assiniboia	14.50
2007 Stephen Johnson	Caronport	15.00
2006 Brett Boynton	Bengough	15.34
2005 Tyson Munkler	Gravelbourg	15.65
2004 Jeremy Costley	Mossbank	15.09
2003 Jeremy Costley	Mossbank	15.39
2002 Chris Costley	Mossbank	15.02
2001 Aaron Unger	Morse	15.92
2000 Brendon Wall	Caronport	16.45
1999 Arden Creasy	Kincaid	15.62
1998 Bryan Bodgan	Avonlea	15.77
1997 Victor Calvin	Kincaid	15.27
1996 Andrew Francis	Caronport	14.10
1995 Darren Shakotko	Caronport	15.32
1994 Andrew Francis	Caronport	15.10
1993 Ryan Chamberlin	Rouleau	15.74
1992 Kris Setrum	Coronach	17.34
1991 Mark Hicks	Central Butte	15.47
1990 Norm Gerwing	Notre Dame	14.96
1989 Jason Dunn	Prairie View	14.17

100m

Darren Lowe	Vanier	11.20
Riley Gillies	Vanier	11.60
Brenan Ehman	Craik	11.30
Matt Williams	Notre Dame	11.51
Derek Hoskins	Cornerstone	11.19
Kenny Howe	Glentworth	11.65
Kyle Hobbs	Assiniboia	11.72
Kyle Hobbs	Assiniboia	11.31
Travis Cossette	Gravelbourg	11.79
Travis Cossette	Gravelbourg	11.75
Dave Kessler	Pangman	11.44
James Douglas	Notre Dame	11.60
Rhett Deobald	Hodgeville	11.57
Andrew Francis	Caronport	11.31
Andy O'Brian	Caronport	11.83
Marlin Redpath	Caronport	11.48
Jamie Hart	Notre Dame	11.50
Clint Drime	Notre Dame	11.35
Clint Drime	Notre Dame	11.63
Ryan Williams	Notre Dame	11.85
Jay Wilson	Caronport	10.94

200m

Paul Thomson	Assiniboia	23.60
Paul Thomson	Assiniboia	23.90
Brenan Ehman	Craik	23.10
Joe Jensen	Gravelbourg	24.35
Scott Eberle	Avonlea	23.43
Nathan Manville	Notre Dame	23.94
Clinton Paysen	Central Butte	23.67
Kyle Hobbs	Assiniboia	23.54
Travis Cossette	Gravelbourg	23.72
Travis Cossette	Gravelbourg	23.75
Geoff Fisher	Cornerstone	24.15
James Douglas	Notre Dame	24.81
Chris Peter	Caronport	23.24
Andrew Francis	Caronport	22.82
Andy O'Brian	Notre Dame	24.44
Marlin Redpath	Caronport	23.66
Marlin Redpath	Caronport	23.59
Mike Dawe	Notre Dame	24.01
Tim Hildebrand	Caronport	23.60
Jay Wilson	Caronport	23.31
Jay Wilson	Caronport	23.00

400m

2009 Paul Thomson	Assiniboia	53.60
2008 Karal Martin	Central	52.20
2007 Karal Martin	Central	50.10
2006 Keith Aulie	Rouleau	53.53
2005 Brian Fisher	Cornerstone	54.12
2004 Jeremy Costley	Mossbank	55.50
2003 Clinton Paysen	Central Butte	54.07
2002 Joey Krochak	Crane Valley	53.91
2001 Curtis Haubrich	Hodgeville	55.48
2000 Shawn Graham	Caronport	54.93
1999 Geoff Fisher	Cornerstone	53.94
1998 Bryan Bogdan	Avonlea	53.69
1997 Chris Peter	Caronport	51.65
1996 Andrew Francis	Caronport	52.48
1995 Cal Watson	Avonlea	55.18
1994 Brett Cornelson	Central Butte	54.58
1993 Quinton Gibson	Notre Dame	54.14
1992 Rod Fehr	Caronport	53.58
1991 Tim Hildebrand	Caronport	51.40
1990 Jay Wilson	Caronport	51.50
1989 Tony Larsen	Thundercreek	51.58

800m

Ryan Cox	Riverview	2:10.20
Karal Martin	Central	2:01.00
Miguel Potosme	Vanier	2:04.10
Bobby Miller	Notre Dame	2:12.84
Micheal Burkat	Caronport	2:11.04
Kevin Falk	Herbert	2:10.81
Kevin Falk	Herbert	2:09.50
Devin Watteyne	Lafleche	2:11.89
Joel Pullman	Caronport	2:05.91
Joel Pullman	Caronport	2:08.71
Joe Filson	Lafleche	2:10.90
Bryan Bogdan	Avonlea	2:05.20
David Kemmesies	Caronport	2:08.69
Cal Watson	Avonlea	2:09.94
Ken Terpstra	Caronport	2:07.46
Ryan Chamberlin	Rouleau	No Time
Ryan Chamberlin	Rouleau	2:06.39
Stacey Lerat	Notre Dame	2:15.00
Jesse Shakotko	Caronport	2:08.40
Jesse Shakotko	Caronport	2:11.39
Tony Larsen	Thundercreek	2:03.55

1500m

James Wattam	Vanier	5:05.30
Miguel Potosme	Vanier	4:42.60
Devon Dietrich	Central	4:18.80
Tom MacFarlane	Caronport	4:39.63
Micheal Burkat	Caronport	4:48.92
Kevin Falk	Herbert	4:37.39
Kevin Falk	Herbert	4:39.94
Kris Rooneem	Notre Dame	4:41.96
Joel Pullman	Caronport	4:38.23
Joel Pullman	Caronport	4:41.97
Joe Filson	Lafleche	4:39.03
Joe Filson	Lafleche	4:42.03
M. Howard	Notre Dame	4:48.91
Marshall Lee	Caronport	4:44.82
Cal Watson	Avonlea	4:46.28
Ryan Chamberlin	Rouleau	4:22.70
Ryan Chamberlin	Rouleau	4:24.58
Cameron Laing	Herbert	4:36.02
Jesse Shakotko	Caronport	4:30.20
Brent Hermanson	Caronport	4:36.64
Rod Sviestrup	Prairie View	4:29.39

3000m

2009	Vincent Oyoo	Central	10:48.60
2008	Matthew Wilson	Lafleche	10:30.90
2007	Devon Dietrich	Central	9.25.40
2006	Tom MacFarlane	Caronport	9.56.41
2005	Micheal Burkat	Caronport	10.44.16
2004	Kevin Falk	Herbert	10.10.75
2003	Kevin Falk	Herbert	10.12.26
2002	Devin Watteyne	Lafleche	10.47.25
2001	Devin Watteyne	Lafleche	10.02.21
2000	Joel Pullman	Caronport	10.08.73
1999	Peter Kahenya	Caronport	11.22.94
1998	Sam Kibwaa	Caronport	10.36.42
1997	David Kemmesies	Caronport	10.10.81
1996	Wes Watteyne	Notre Dame	10.18.40
1995	Cory Mjolsness	Caronport	10.12.30
1994	Ryan Chamberlin	Rouleau	9.22.50
1993	Ryan Chamberlin	Rouleau	9.50.39
1992	Cameron Laing	Herbert	10.09.96
1991	Chuck Stevenson	Caronport	10.01.00
1990	Brent Hermanson	Caronport	10.09.62
1989	Jon Waind	Thundercreek	9.57.43

Shot Put

Eli Crooks	Rockglen	12.79
Matt Pitts	Peacock	13.04
Chris Pickering	Riverview	15.34
Keith Aulie	Rouleau	12.59
Dustin Knowlton	Rouleau	13.42
Scott Yorke	Morse	13.73
Jordan Rempel	Caronport	13.57
Jordan Rempel	Caronport	13.44
Conrad Gerde	Coronach	12.49
Jordan Clarke	Rouleau	14.40
Jordan Clarke	Rouleau	12.99
Tim Luke	Crane Valley	13.32
Darren Clarke	Rouleau	13.31
Pete Rodin	Caronport	14.13
Courtney Ryan	Coronach	12.24
Mike Heistad	Avonlea	12.95
Carlos Soke	Notre Dame	12.26
Scott Davidson	Notre Dame	12.54
Rob Paproski	Central Butte	12.61
Ryan Bates	Notre Dame	12.32
Alex Legault	Prairie View	12.94

Discus

Stuart Archer	Mossbank	36.72
John Lendvoy	Peacock	36.13
Chris Pickering	Riverview	43.92
Alex Kress	Mankota	36.08
Cody Bourdages	Caronport	35.27
Scott Yorke	Morse	39.21
Scott Yorke	Morse	38.88
Conrad Gerde	Coronach	45.11
Conrad Gerde	Coronach	37.91
Kelsey Rea	Caronport	36.75
Jordan Clarke	Rouleau	36.10
Loren Bredahl	Notre Dame	33.23
Nolan Meston	Bengough	35.65
Jamie Sadler	Central Butte	41.62
Jamie Sadler	Central Butte	37.16
Brad Hicks	Lafleche	32.51
Mike Durant	Notre Dame	35.91
Mark Gee	Bengough	36.66
Ryan Bates	Notre Dame	39.00
Craig Knox	Briercrest	42.05
Mike Nederhoff	Thundercreek	37.73

Javelin

2009	Josh Larsen	Rouleau	47.98
2008	Shane Bakke	Mortlach	46.27
2007	Joey Stanowski	Central	48.10
2006	Evan Bruvold	Central Butte	42.07
2005	Ben Reed	Caronport	46.23
2004	Brian Gould	Central Butte	41.45
2003	Jeremy Flegel	Briercrest	44.39
2002	Russell Guthormsen	Mossbank	44.11
2001	Patrick Potie	Col. Mathieu	43.79
2000	Patrick Potie	Col. Mathieu	45.69
1999	Dustin Olson	Caronport	46.66
1998	Andrew Bishop	Notre Dame	44.49
1997	Rod Klippenstein	Caronport	42.38
1996	Adam Lawson	Caronport	46.43
1995	Adam Lawson	Caronport	48.31
1994	Steve May	Central Butte	49.95
1993	Steve May	Central Butte	45.96
1992	Curtis Voth	Central Butte	44.36
1991	Ryan Bates	Notre Dame	50.64
1990	Ryan Bates	Notre Dame	44.90
1989	Ryan Austin	Prairie View	45.42

Long Jump

Taylor Bean	Rouleau	5.89
Connor MacDonald	Peacock	5.80
Brenan Ehman	Craik	6.08
Andrew Fast	Herbert	5.89
Derek Hoskins	Cornerstone	5.83
Brian Fisher	Cornerstone	5.98
Ben McNutt	Crane Valley	5.87
Matt Crosbie	Cornerstone	6.17
Jeremie Tandler	Assiniboia	6.19
Paul McNutt	Crane Valley	6.03
Danny Coates	Chaplin	5.68
Brodie Mitchell	Coronach	6.03
Dennis Dunn	Ogema	6.54
Dennis Dunn	Ogema	5.99
Dale Gee	Bengough	5.95
C. Christopherson	Milestone	5.73
Nathan Peter	Caronport	5.96
Kevin Rutten	Yellowgrass	5.84
Steven Roberts	Notre Dame	6.23
Chris Omoth	Milestone	6.16
Scott Yanko	Prairie View	6.20

Triple Jump

Rylan Thiessen	Caronport	12.56
Corey Redstone	Caronport	12.00
Joey Stanowski	Central	12.44
Keith Aulie	Rouleau	12.16
Garrett Forbes	Mortlach	12.50
Scott Yorke	Morse	11.92
Ben McNutt	Crane Valley	12.38
Ben McNutt	Crane Valley	12.24
Justin Wolverton	Caronport	12.44
Curtis Holland	Avonlea	12.61
Danny Coates	Chaplin	12.78
Jeremy Nelson	Coronach	12.01
Dennis Dunn	Ogema	13.79
Dennis Dunn	Ogema	13.40
Steven Linton	Ogema	11.73
Benjy Houser	Caronport	12.26
Nathan Peter	Caronport	12.74
Nathan Peter	Caronport	12.08
Jesse Shakotko	Caronport	12.30
Jesse Shakotko	Caronport	12.65
Dave Vanbauel	Prairie View	12.96

<u>High Jump</u>			<u>4 X 100 Relay</u>			<u>4 X 400 Relay</u>		
2009	Paul Thomson	Assiniboia	1.78	North	47.40	Moose Jaw	3:44.60	
2008	Connor MacDonald	Peacock	1.99	Moose Jaw	46.20	Moose Jaw	3:39.80	
2007	Connor MacDonald	Peacock	1.75	Moose Jaw	45.40	Moose Jaw	3:35.20	
2006	Lincoln Crooks	Rockglen	1.78	Thundercreek	46.94	Thundercreek	3:50.19	
2005	Brian Fisher	Cornerstone	1.87	Thundercreek	45.66	Thundercreek	3:49.92	
2004	Garrett Guenther	Hodgeville	1.81	No Event Held		No Event Held		
2003	Matt Stevens	Assiniboia	1.78	Herbert	46.77	Herbert	3:48.38	
2002	Jason Holland	Avonlea	1.85	Red Coat Trail	47.09	Red Coat Trail	3:52.79	
2001	Patrick Potie	Col. Mathieu	1.90	Thundercreek	46.92	Thundercreek	3:49.09	
2000	Curtis Holland	Avonlea	1.92	Prairie View	48.35	Thundercreek	3:48.53	
1999	Curtis Holland	Avonlea	1.70	Prairie View	47.45	Thundercreek	3:55.76	
1998	Wes Hughes	Notre Dame	1.72	Herbert	47.74	Prairie View	3:50.31	
1997	Wes Hughes	Notre Dame	1.74	Thundercreek	46.81	Prairie View	3:47.97	
1996	Marshall Lee	Caronport	1.82	Thundercreek	46.15	Thundercreek	3:53.15	
1995	Jeff Marzolf	Central Butte	1.75	Prairie View	48.17	Thundercreek	3:50.52	
1994	Eugene Huxley	Rouleau	1.80	Thundercreek	46.43	Thundercreek	3:45.32	
1993	Mike Brooke	Notre Dame	1.75	Prairie View	47.04	Wood River	3:52.51	
1992	Don Jerrick	Milestone	1.81	Prairie View	46.00	Prairie View	3:45.34	
1991	Scott Bekan	Notre Dame	1.83	Prairie View	46.41	Thundercreek	3:51.49	
1990	Clay Spearman	Mossbank	1.77	Thundercreek	46.03	Thundercreek	3:37.40	
1989	Tony Larsen	Thundercreek	1.82	Prairie View	47.74	Thundercreek	3:44.69	