

South Central District Junior Boys Champions

100-m Hurdles		100m		200m				
2010 Taylan Dufresne	Vanier	15.70	Keegan Arnyek	Vanier	11.30	Keegan Arnyek	Vanier	22.90
2009 Tyren Kupper	Coronach	17.20	Mitch Boucher	Vanier	11.10	Chris Sanford	Vanier	24.10
2008 Rylan Thiessen	Caronport	14.70	Sheldon Paul	Peacock	11.90	Sheldon Paul	Peacock	24.80
2007 Paul Thomson	Assiniboia	15.10	Darren Lowe	Vanier	11.90	Todd Nieszner	Vanier	25.30
2006 Mark Siemens	Herbert	15.46	Roy Ferrer	Notre Dame	11.88	Jeff Ewen	Central Butte	25.37
2005 Stephen Johnson	Caronport	15.21	Joe Jansem	Gravelbourg	11.78	Joe Jansen	Gravelbourg	23.93
2004 Cody Robertson	Herbert	16.42	Derek Hoskins	Cornerstone	11.91	Scott Eberle	Notre Dame	23.80
2003 Adam Hobbs	Assiniboia	15.94	Kenny Howe	Glentworth	11.65	Paul Michaud	College Mathieu	24.57
2002 Jeremy Costley	Mossbank	15.13	Scott Yorke	Morse	11.28	McCoy Gerl	Herbert	24.69
2001 Stefan Sigurdson	Herbert	16.00	Kyle Hobbs	Assiniboia	11.79	Evan Guenther	Hodgeville	24.66
2000 Matt Crosbie	Cornerstone	15.70	Matt Crosbie	Cornerstone	12.03	Evan Guenther	Hodgeville	24.79
1999 Scott Gross	Kincaid	16.37	Travis Cossette	Gravelbourg	11.30	Travis Cossette	Gravelbourg	23.20
1998 David Lekivetz	Milestone	15.21	Travis Cossette	Gravelbourg	11.75	Travis Cossette	Gravelbourg	24.16
1997 Arden Creasy	Kincaid	16.20	Rob Whidden	Notre Dame	11.67	Derek Brandon	Mortlach	25.18
1996 Mikel Costley	Mossbank	14.45	Mikel Costley	Mossbank	11.54	Mikel Costley	Mossbank	25.18
1995 Tim Roth	Caronport	15.65	Mikel Costley	Mossbank	11.80	Mikel Costley	Mossbank	25.18
1994 Dave Pankrantz	Caronport	15.89	Dave Pankrantz	Caronport	11.10	Dennis Dunn	Ogema	23.40
1993 Clinton Bean	Rouleau	15.89	Mike Heistad	Avonlea	11.84	Matt Evans	Caronport	24.30
1992 Ryan Chamberlin	Rouleau	16.18	Mike Heistad	Avonlea	11.96	Marlin Redpath	Caronport	24.72
1991 Matt Long	Mortlach	16.27	Rob Gardner	Mortlach	11.90	Jeff Krauss	Rouleau	24.91
1990 Dave Chipak	Assiniboia	15.55	Neil Gadd	Briercrest	11.99	Neil Gadd	Briercrest	24.57
1989 Norm Gerwing	Notre Dame	14.40	Justin Gasson		11.59	Tim Hildrebrand	Caronport	24.42
400m		800m		1500m				
2010 Kyle Dalgarno	Peacock	54.70	Kyle Dalgarno	Peacock	2:11.30	Loic Pouteaux	Gravelbourg	4:54.70
2009 Emmett Harrison	Peacock	56.80	Emmett Harrison	Peacock	2:08.10	Regan Silversides	Peacock	4:40.20
2008 Ryan Cox	Riverview	55.80	Colton Cote	Assiniboia	2:12.30	Colton Cote	Assiniboia	4:48.40
2007 Nicholas Boldt	Central	56.50	Kris Ewen	Central Butte	2:13.20	Dallas McDowell	Caronport	4:47.20
2006 Joel Guillemin	Assiniboia	59.15	Laine Keyes	Notre Dame	2:12.75	Laine Keyes	Notre Dame	4:48.91
2005 Keith Aulie	Notre Dame	54.50	Tom Macfarlane	Caronport	2:14.07	Tom Macfarlane	Caronport	4:45.75
2004 Mathieu Couture	College Mathieu	56.52	Spencer Watamanuk	Crane Valley	2:15.58	Spencer Watamanuk	Crane Valley	5:01.86
2003 Clayton Weppler	Caronport	56.06	Clayton Weppler	Caronport	2:17.12	Clayton Weppler	Caronport	4:46.67
2002 Jeremy Costley	Mossbank	57.17	Kevin Falk	Herbert	2:10.48	Kevin Falk	Herbert	4:42.37
2001 Clinton Paysen	Central Butte	56.82	Derek Frostad	Caronport	2:23.68	Marko Radonjic	Coronach	4:53.47
2000 Cody Nichol	Yellowgrass	57.24	Devin Watteyne	Lafleche	2:17.13	Devin Watteyne	Lafleche	4:50.33
1999 Ryan Bonnett	Gravelbourg	57.27	Curtis Haubrich	Hodgeville	2:19.72	John Claffey	Yellowgrass	4:57.19
1998 Geoff Fisher	Cornerstone	54.70	Adam Martens	Herbert	2:16.89	Peter Kahenya	Caronport	4:59.97
1997 Bryan Bogdan	Avonlea	54.07	Bryan Bogdan	Avonlea	2:16.16	Adam Martens	Herbert	4:54.69
1996 Bryan Bogdan	Avonlea	57.39	Bryan Bogdan	Avonlea	2:14.31	Adam Martens	Herbert	4:52.36
1995 Chris Peter	Caronport	53.30	Brian Mack	Avonlea	2:14.06	Jeff Wright	Caronport	4:53.00
1994 Chris Peter	Caronport	53.80	Cal Watson	Avonlea	2:13.60	Brett MacLean	Notre Dame	4:58.87
1993 Peter King	Caronport	57.70	Brett MacLean	Notre Dame	2:16.06	Brett MacLean	Notre Dame	4:41.68
1992 Jamie Wilson	Notre Dame	55.52	Scott Sexton	Notre Dame	2:04.62	Scott Sexton	Notre Dame	4:20.70
1991 Kirk Olsen	Chaplin	57.73	Jamie Wilson	Notre Dame	2:16.40	Jamie Wilson	Notre Dame	4:43.93
1990 Joaquine Cage	Notre Dame	55.23	Brian Hope	Notre Dame	2:15.48	Brian Hope	Notre Dame	4:50.92
1989 Tim Hildrebrand	Caronport	54.44	Brent Hermanson	Caronport	2:15.43	Cory Gustafson	Notre Dame	4:35.62

3000m

2010 Jonathan Loper	Caronport	10:59.30	Shot Put	Grady Slade	Central	11.41	Discus	Carter Howe	Mossbank	39.50
2009 Regan Silversides	Peacock	10:25.60	Mitch Boucher	Vanier	11.79	Jacques Geyer	Central	34.55		
2008 Colton Cote	Assiniboia	10:15.90	Brodie Wasman	Riverview	11.62	Brodie Wasman	Riverview	34.62		
2007 Michael Hesterman	Crane Valley	11.31.40	Kyle Nagel	Vanier	11.57	Ryan Brisebois	Mankota	32.75		
2006 Laine Keyes	Notre Dame	10.21.21	Jared Chicoine	Avonlea	11.40	Johnny Howe	Mossbank	30.11		
2005 Tom Macfarlane	Caronport	10.03.76	Keith Aulie	Notre Dame	12.93	Alex Kress	Mankota	34.23		
2004 Issie Kasima	Notre Dame	11.49.50	Kevin Jordison	Crane Valley	10.74	Brett Jean	Coronach	32.85		
2003 Adam Avermenko	Notre Dame	10.37.44	Dustin Knowlton	Rouleau	11.60	Mark Miller	Kincaid	31.63		
2002 Kevin Falk	Herbert	10.07.68	Scott Yorke	Morse	12.64	Craig Molde	Mortlach	34.51		
2001 Marko Radonjic	Coronach	10.49.21	Dan Weppler	Morse	11.74	Stefan Meyer	Notre Dame	31.72		
2000 Devin Watteyne	Lafleche	10.20.08	Conrad Gerde	Coronach	11.26	Conrad Gerde	Coronach	35.13		
1999 Devin Watteyne	Lafleche	10.43.62	Cory Stevens	Assiniboia	11.59	Andrew Metz	Notre Dame	32.13		
1998 Geoff Fisher	Cornerstone	10.31.82	Jordan Clarke	Rouleau	12.27	Jordan Clarke	Rouleau	31.26		
1997 Adam Martens	Herbert	11.03.89	Tim Luke	Crane Valley	12.07	Jody Ens	Herbert	34.16		
1996 Jeremy Friesen	Caronport	10.39.96	Nolan Meston	Bengough	11.58	Adam Thome	Rouleau	34.45		
1995 Jeff Wright	Caronport	10.44.53	Pete Rodin	Caronport	12.47	Pete Rodin	Caronport	33.51		
1994 Adam Lawson	Caronport	10.26.97	Pete Rodin	Caronport	12.13	Pete Rodin	Caronport	32.68		
1993 Jordan Shakotko	Caronport	10.21.04	Denis Hamon	Gravelbourg	11.59	David Myson	Caronport	29.50		
1992 Ryan Chamberlin	Rouleau	10.04.70	Marty Fichel	Hodgeville	11.41	Brad Wagstaff	Notre Dame	30.36		
1991 Ryan Chamberlin	Rouleau	10.08.35	Vincent Lavallee	Willow Bunch	11.14	Rob Gardner	Mortlach	33.64		
1990 Wally Nikolynk	Notre Dame	10.51.30	Jeromy Mortenson	Notre Dame	11.94	Mark McCoy	Notre Dame	29.70		
1989 Cory Gustafson	Notre Dame	10.14.63	Shane Peacock	Prairie View	12.62	Ryan Bates	Notre Dame	40.01		

Javelin

2010 Dallas Funke	Avonlea	36.39	Long Jump	Keegan Arnyek	Vanier	5.81	Triple Jump	Keegan Arnyek	Vanier	12.43
2009 Zach Johnson	Central	40.75	Brandon Buckler	Bengough	5.81	Chris Sanford	Vanier	11.73		
2008 Josh Larsen	Rouleau	42.11	Dillon Wilderman	Coronach	5.58	Rylan Thiessen	Caronport	11.23		
2007 Shane Bakke	Mortlach	45.37	Ian Getzlaf	Central	5.61	Paul Thomson	Assiniboia	11.65		
2006 Jared Chicoine	Avonlea	39.29	Trent Knoss	Rockglen	5.50	Jon Mcrorie	Avonlea	11.33		
2005 Devin Lorrain	Gravelbourg	40.05	Andrew Fuller	Notre Dame	5.47	Keith Aulie	Notre Dame	12.15		
2004 Reil Thompson	Notre Dame	40.19	Brennan Peterson	Central Butte	5.64	Sean Wilson	Assiniboia	12.14		
2003 Ben Miller	Avonlea	38.28	Kenny Howe	Glentworth	5.34	Garrett Forbes	Mortlach	11.12		
2002 Logan Stephenson	Notre Dame	49.32	Logan Stephenson	Notre Dame	5.95	Logan Stephenson	Notre Dame	12.00		
2001 Jeremy Flegel	Briercrest	41.00	Derrick Leavitt	Coronach	5.78	Derrick Leavitt	Coronach	11.42		
2000 Jeff Dash	Kincaid	36.69	Matt Crosbie	Cornerstone	5.93	Ryan David	Ogema	12.42		
1999 Cole Aram	Central Butte	40.07	Paul McNutt	Crane Valley	5.50	Jerome Tendler	Bengough	11.70		
1998 Andrew Metz	Notre Dame	37.31	Joel Marchand	Gravelbourg	5.55	Curtis Holland	Avonlea	12.13		
1997 Dustin Olson	Caronport	42.25	Rob Whidden	Notre Dame	5.67	Rob Whidden	Notre Dame	12.20		
1996 Brett Seibel	Hodgeville	37.36	Danny Coates	Chaplin	5.36	Jeremy Nelson	Coronach	11.44		
1995 Sheldon Kurtz	Central Butte	43.28	Dennis Dunn	Ogema	6.16	Dennis Dunn	Ogema	12.55		
1994 Tyler Lee	Avonlea	46.39	Ryan Rutledge	Assiniboia	5.72	Dennis Dunn	Ogema	12.42		
1993 Marcel Chabot	Notre Dame	39.61	Mike Heistad	Avonlea	5.44	Clinton Bean	Rouleau	11.58		
1992 Steven May	Central Butte	37.93	Jeff Marzolf	Central Butte	5.52	Mike Molde	Mortlach	11.53		
1991 Joe Gaugler	Caronport	39.93	Jason Hilkewich	Avonlea	6.00	Nathan Peter	Caronport	12.15		
1990 George Parannik	Avonlea	40.12	Kevin Ruten	Yellowgrass	5.95	Nathan Peter	Caronport	11.35		
1989 Ryan Bates	Notre Dame	40.93	Chris Omoth	Milestone	5.37	Chris Omoth	Milestone	11.57		

High Jump

2010 Ryan Froehlich	Vanier
2009 Nick Polley	Chaplin
2008 Danny Mullins	Vanier
2007 Paul Thomson	Assiniboia
2006 Justin Klein	Kincaid
2005 Andrew Fast	Herbert
2004 Cody Robertson	Herbert
2003 Garrett Guenther	Hodgeville
2002 Joey Stephan	Caronport
2001 Derrick Leavitt	Coronach
2000 Justin Wolverton	Caronport
1999 Justin Wolverton	Caronport
1998 Curtis Holland	Avonlea
1997 Curtis Holland	Avonlea
1996 Wade Friesen	Caronport
1995 Dennis Dunn	Ogema
1994 Steven Linton	Ogema
1993 Eugene Huxley	Rouleau
1992 Steven Moon	Milestone
1991 David Chow	Herbert
1990 Dean Colenutt	Caronport
1989 Norm Gerwing	Notre Dame

4 X 100 Relay

1.80	Moose Jaw	46.50
1.60	Moose Jaw	48.00
1.76	North	48.40
1.70	North	50.50
1.65	Thundercreek	49.23
1.75	Thundercreek	48.57
1.76	No Event Held	
1.85	Golden Plains	50.13
1.75	Herbert	50.21
1.72	Herbert	49.31
1.80	Thundercreek	48.48
1.70	Golden Plains	47.27
1.74	Prairie View	47.66
1.70	Prairie View	48.21
1.67	Thundercreek	47.21
1.70	Borderland	49.12
1.72	Borderland	49.06
1.70	Prairie View	47.72
1.81	Prairie View	47.79
1.79	Thundercreek	48.48
1.73	Prairie View	47.86
1.68	Prairie View	48.38