

# South Central District Junior Girls Champions

<b>80-m Hurdles</b>			<b>100m</b>			<b>200m</b>			
2011			Kenedee Charuk	Caronport	14.00	Jolene Kirkpatrick	Avonlea	28.70	
2010	Taylor Stevenson	Peacock	Ashley Promhouse	Kincaid	13.20	Tye Buettner	Peacock	27.60	
2009	Amy Van den Hooven	Peacock	Jina Barker	Central	13.20	Jina Barker	Central	27.20	
2008	Kelsey Konihowski	Central	Kristina Segall	Peacock	13.70	Kristina Segall	Peacock	28.20	
2007	Stephanie Mitchell	Caronport	Samantha Mamer	Coronach	13.20	Samantha Mamer	Coronach	27.60	
2006	Devon Wilson	Caronport	Tori Anderson	Glentworth	13.71	Orrie Lemieux	Willow Bunch	29.48	
2005	Kelsey Hutchinson	Assiniboia	Cassandra Flanagan	Notre Dame	12.82	Cassandra Flanagan	Notre Dame	26.46	
2004	Bailee Switzer	Kincaid	Ashton Beitel	Briercrest	13.34	Ashley Getzlaf	Avonlea	28.25	
2003	Alea Benson	Central Butte	Robyn Bauck	Chaplin	13.06	Robyn Bauck	Chaplin	27.19	
2002	Dani Froese	Caronport	Jeneen Ewen	Central Butte	13.03	Jeneen Ewen	Central Butte	28.06	
2001	Kimberly Craven	Bengough	Kimberly Craven	Bengough	13.36	Shannon Warken	Avonlea	28.88	
2000	Kimberly Craven	Bengough	Carlyn Fisher	Bengough	13.56	Carlyn Fisher	Bengough	28.65	
1999	Tammy Seibel	Herbert	Carlyn Fisher	Bengough	13.20	Carlyn Fisher	Bengough	28.85	
1998	Tammy Seibel	Herbert	Deana Clarke	Rouleau	13.05	Deana Clarke	Rouleau	27.92	
1997	Andrea Guenther	Hodgeville	Andrea Guenther	Hodgeville	12.75	Andrea Guenther	Hodgeville	27.12	
1996	Valerie Schultz	Caronport	Andrea Guenther	Hodgeville	12.92	Andrea Guenther	Hodgeville	26.70	
1995	Kim Lewis	Coronach	Andrea Guenther	Hodgeville	12.68	Andrea Guenther	Hodgeville	28.10	
1994	Jamie Fast	Herbert	Kassandra Metayer	Notre Dame	12.67	Kassandra Metayer	Notre Dame	26.62	
1993	Shella Carlson	Mossbank	Kassandra Metayer	Notre Dame	13.25	Kassandra Metayer	Notre Dame	27.11	
1992	Lana Hartley	Ogema	Kassandra Metayer	Notre Dame	13.27	Kassandra Metayer	Notre Dame	27.41	
1991	Christi Bjolverud	Central Butte	Linda Vanstone	Lang	13.09	Kerri Lynne Hanson	Mossbank	29.56	
1990	Rita Daradics	Notre Dame	Rita Daradics	Notre Dame	14.34	Corri Glass	Chaplin	31.21	
1989	Kirsten Peter	Caronport	Kirsten Peter	Caronport	13.07	Kirsten Peter	Caronport	27.40	
<b>400m</b>			<b>800m</b>			<b>1500m</b>			
2011	Morgyn Olmstead	Vanier	1:02.90	Morgyn Olmstead	Vanier	2:28.10	Sadie Schaeffer	Vanier	5:18.60
2010	Tye Buettner	Peacock	1:02.50	Tye Buettner	Peacock	2:25.20	Kendra Froehlich	Vanier	5:36.30
2009	Mahri Macfarlane	Caronport	1:09.40	Linnea Smith	Vanier	2:40.90	Jessica Williams	Peacock	5:46.70
2008	Kristina Segall	Peacock	1:07.00	Lauren Haffner	Caronport	2:48.10	Lauren Haffner	Peacock	5:40.00
2007	Rejoice Musa Buba	Central	1:01.70	Rejoice Musa Buba	Central	2:29.50	Amberly Doucette	Ecole Ducharme	5:30.00
2006	Randi Mattus	Chaplin	1:11.93	Stacey Therrien	Willow Bunch	2:51.96	Sarah Watamanuk	Crane Valley	6:00.84
2005	Daris Tandler	Notre Dame	1:13.19	Jamie Lawrence	Mossbank	2:47.31	Taylor Sheven	Mankota	5:57.90
2004	Amanda Moon	Milestone	1:08.12	Hannah Erb	Herbert	2:39.55	Hannah Erb	Herbert	5:49.03
2003	Chantel Morrison	Notre Dame	1:08.37	Dixie Nidesh	Caronport	2:52.05	Jenna Klaassen	Herbert	6:24.50
2002	Jeneen Ewen	Central Butte	1:06.45	Trisha Doyle	Morse	2:33.50	Trisha Doyle	Morse	5:47.57
2001	Kristin Karasinski	Limerick	1:09.07	Christy Roberts	Caronport	2:52.33	Lisa Eger	Coronach	5:57.12
2000	Megan Warken	Bengough	1:06.73	Jen Jonsson	Notre Dame	2:45.40	Jen Jonsson	Notre Dame	5:57.67
1999	Rebecca Roth	Caronport	1:08.39	Megan Warken	Bengough	2:52.30	Marcy Wasylenka	Caronport	5:46.94
1998	Deana Clarke	Rouleau	1:01.30	Kristen Marshall	Yellowgrass	2:45.97	Kim Mondor	Willow Bunch	5:46.65
1997	Deana Clarke	Rouleau	1:07.61	Sara Thiessen	Caronport	2:38.27	Sara Thiessen	Caronport	5:33.02
1996	Jill Pain	Notre Dame	1:06.70	Sara Thiessen	Caronport	2:36.24	Sara Thiessen	Caronport	5:37.00
1995	Megan Knelson	Hodgeville	1:07.82	Sara Thiessen	Caronport	2:43.00	Sara Thiessen	Caronport	5:36.12
1994	Kassandra Metayer	Notre Dame	1:01.30	Megan Dickens	Notre Dame	2:42.50	Sara Thiessen	Caronport	5:37.01
1993	Kassandra Metayer	Notre Dame	1:03.00	Jennifer Spencer	Milestone	2:41.98	Jamie Enns	Caronport	5:48.99
1992	Jenny Warken	Bengough	1:07.05	Jennifer Spencer	Milestone	2:46.03	Jenny Warken	Bengough	5:28.16
1991	Jenny Warken	Bengough	1:07.66	Sara Hicks	Lafleche	2:41.50	Sara Hicks	Lafleche	5:48.37
1990	Corri Glass	Chaplin	1:09.50	Jenny Warken	Bengough	2:43.85	Sara Hicks	Lafleche	5:34.34
1989	Kirsten Peter	Caronport	1:04.11	Sara Hicks	Lafleche	2:39.69	Sue Gray	Prairie View	5:40.01

<b>3000m</b>			<b>Shot Put</b>			<b>Discus</b>		
2011 Sadie Schaeffer	Vanier	11:26.80	McKenna Ehman	Peacock	9.89	Hannah Heisler	Vanier	26.41
2010 Camareigh Stewart	Central	12:32.00	Paige Anakaer	Vanier	8.62	Kylie Gavelin	Mankota	26.35
2009 Linnea Smith	Vanier	12:27.00	Danika Wolfe	Central	9.53	Danika Wolfe	Central	25.84
2008 Lauren Haffner	Central	12:29.00	Emma Dyck	Coronach	8.77	Emma Dyck	Coronach	28.75
2007 Amberly Doucette	Ecole Ducharme	12:36.50	Caroline Beck	Rouleau	10.34	Caroline Beck	Rouleau	27.50
2006 Sarah Watamanuk	Crane Valley	13.09.87	Leah Hesterman	Crane Valley	8.69	Brooke Ellis	Rockglen	30.63
2005 Taylor Sherven	Mankota	12.44.50	Brittany Polley	Chaplin	9.79	Laura Froehlich	Chaplin	27.92
2004 Hannah Erb	Herbert	12.33.80	Mandy Schwartz	Notre Dame	9.46	Sarah Willet	College Mathieu	25.75
2003 Natalie Oram	Central Butte	14.45.84	Christina Beck	Rouleau	10.62	Christina Beck	Rouleau	35.09
2002 Trisha Doyle	Morse	12.05.08	Adrienne Ray	Crane Valley	8.11	Brianne Weisgerber	Rockglen	24.96
2001 Lisa Eger	Coronach	13.06.59	Megan Jordison	Crane Valley	10.43	Carmen Goetz	Caronport	23.76
2000 Tenille Ostrander	Morse	13.23.11	Megan Jordison	Crane Valley	10.04	Megan Jordison	Crane Valley	26.78
1999 Mary Wasylenska	Caronport	13.04.52	Michelle Perkin	Rouleau	8.96	Amy Hutton	Glentworth	26.00
1998 Kim Mondor	Willow Bunch	12.47.19	Michelle Perkin	Rouleau	9.21	Jaclyn Mann	Rouleau	27.23
1997 Sara Thiessen	Caronport	11.39.60	Lana Stevens	Mankota	9.94	Tanya Reisner	Limerick	25.20
1996 Sara Thiessen	Caronport	12.21.69	Lana Stevens	Mankota	9.79	Kristen McDonnel	Notre Dame	24.64
1995 Sara Thiessen	Caronport	12.16.72	Miranda Kaiswahn	Notre Dame	8.56	Angie Andrews	Chaplin	29.41
1994 Sara Thiessen	Caronport	12.59.83	Miranda Kaiswahn	Notre Dame	9.03	Angie Andrews	Chaplin	32.98
1993 Alison Gerber	Caronport	13.14.24	Jill Hannah	Notre Dame	8.52	Leisa Johnson	Briercrest	27.37
1992 Naomi Martens	Herbert	12.39.70	Heidi Starr	Caronport	8.72	Niki Johnston	Bengough	25.59
1991 Jill Hamm	Herbert	17.35.62	Sarah Howald	Notre Dame	9.79	Sarah Howald	Notre Dame	33.02
1990 Christa Morhart	Briercrest	13.50.46	Krista Seibert	Milestone	9.17	Shelley Wilson	Morse	26.45
1989 No Results			Erin Huck	Notre Dame	9.44	Carla Hruska	Morse	25.95

<b>Javelin</b>			<b>Long Jump</b>			<b>Triple Jump</b>		
2011 Hannah Heisler	Vanier	26.47	Alyssa Grondin	Assiniboia	4.23	Alyssa Grondin	Assiniboia	9.86
2010 Paige Anakaer	Vanier	26.56	Kaitlin Thiessen	Vanier	4.55	Kaitlinn Thiessen	Vanier	9.81
2009 Danika Wolfe	Central	27.79	Jessica Lariviere	Cornerstone	4.87	Jina Barker	Central	11.27
2008 Kendal Dombowsky	Avonlea	27.98	Kristina Segall	Peacock	4.60	Kelsey Konihowski	Central	9.03
2007 Alysse Pasic	Central	27.98	Ashley Kirkpatrick	Avonlea	4.57	Ashley Kirkpatrick	Avonlea	9.65
2006 Heidi Conner	Notre Dame	28.05	Heather Batty	Assiniboia	4.25	Tori Anderson	Glentworth	9.40
2005 Natasha Perkins	Notre Dame	24.68	Jessica McIntosh	Caronport	4.45	Sabrina Heywood	Rouleau	9.83
2004 Laura Connor	Notre Dame	27.52	Ashley Getzlaf	Avonlea	4.42	Ashley Getzlaf	Avonlea	9.79
2003 Bobbi Ross	Assiniboia	32.46	Robyn Bauck	Chaplin	4.57	Robyn Bauck	Chaplin	10.58
2002 Carmen Lizée	Notre Dame	27.75	Krista Hallborg	Chaplin	4.65	Krista Hallborg	Chaplin	9.72
2001 Kassi Myren	Ogema	24.92	Kristina Block	Coronach	4.38	Kimberly Craven	Bengough	9.29
2000 Hailey Eckstrand	Notre Dame	25.80	Jen Hoffart	Notre Dame	4.49	Erin Fischer	Hodgeville	9.73
1999 Keri Seibert	Herbert	24.31	Toni Bocek	Hodgeville	4.41	Toni Bocek	Hodgeville	10.07
1998 Coralee Kirby	Coronach	25.66	Tricia Hallborg	Chaplin	4.52	Erin Gleim	Chaplin	9.69
1997 Rhonda Strayer	Rouleau	26.36	Candice Hepworth	Assiniboia	4.74	Erin Gleim	Chaplin	10.44
1996 Jill Pain	Notre Dame	29.64	Valerie Schultz	Caronport	5.13	Valerie Schultz	Caronport	10.55
1995 Chr. Marcinkoski	Coronach	27.72	Valerie Schultz	Caronport	4.67	Valerie Schultz	Caronport	9.87
1994 Leah Rasmussen	Rouleau	28.25	Sheila Carlson	Mossbank	4.86	Jana Epp	Herbert	9.25
1993 Danielle Lalond	College Mathieu	24.92	Brandy Neuels	Ogema	4.64	Brandy Neuels	Ogema	9.70
1992 Natasha Haubrich	Hodgeville	31.57	Brandy Neuels	Ogema	4.62	Brandy Neuels	Ogema	9.81
1991 Sarah Howald	Notre Dame	28.74	Christine Weppler	Morse	4.71	Brandy Neuels	Ogema	9.49
1990 Krista Seibert	Milestone	28.76	Shelley Wilson	Morse	4.60	Shelley Wilson	Morse	9.34
1989 Rachel Coulter	Briercrest	31.49	Julie Nagel	Mossbank	4.65	Teresa Underwood	Milestone	9.77

**High Jump**

2011 Lindsay Fish  
2010 Taylor Stevenson  
2009 Jessica Lariviere  
2008 Alanna Mitchell  
2007 Shelby Mackey  
2006 Brooke Ellis  
2005 Liz Richards  
2004 Ashton Beitel  
2003 Angela Metke  
2002 Brittany Baxter  
2001 Mary Crooks  
2000 Erin Fischer  
1999 Toni Bocek  
1998 Falin Schaefer  
1997 Falin Schaefer  
1996 Andrea Guenther  
1995 Andrea Guenther  
1994 Jamie Fast  
1993 Jamie Fast  
1992 Christina Thiele  
1991 Linda Vanstone  
1990 Christine Wepler  
1989 Angela Ardette

Central  
Peacock  
Cornerstone  
Caronport  
Central  
Rockglen  
Assiniboia  
Briercrest  
Pangman  
Morse  
Rockglen  
Hodgeville  
Hodgeville  
Yellowgrass  
Yellowgrass  
Hodgeville  
Hodgeville  
Herbert  
Herbert  
Briercrest  
Lang  
Morse  
Milestone

1.40  
1.48  
1.61  
1.55  
1.25  
1.42  
1.35  
1.45  
1.40  
1.43  
1.40  
1.44  
1.55  
1.47  
1.60  
1.50  
1.53  
1.52  
1.51  
1.50  
1.50  
1.50

**4 X 100 Relay**

No Event Held  
Moose Jaw  
Moose Jaw  
Moose Jaw  
South East  
Golden Plains  
No Event Held  
No Event Held  
Prairie View  
Herbert  
Borderland  
Borderland  
Herbert  
Herbert  
Herbert  
Herbert  
Wood River  
Prairie View  
Prairie View  
Prairie View  
Wood River  
Prairie View

54.80  
55.40  
55.60  
55.90  
56.78  
  
  
56.53  
55.80  
58.06  
55.80  
56.45  
55.89  
54.55  
53.79  
54.98  
56.03  
54.84  
54.02  
54.99  
57.16  
55.66