

South Central District Senior Boys Champions

100-m Hurdles

2011	Taylon Dufresne	Vanier
2010	Brock Montgomery	Central
2009	Paul Thomson	Assiniboia
2008	Paul Thomson	Assiniboia
2007	Stephen Johnson	Caronport
2006	Brett Boynton	Bengough
2005	Tyson Munkler	Gravelbourg
2004	Jeremy Costley	Mossbank
2003	Jeremy Costley	Mossbank
2002	Chris Costley	Mossbank
2001	Aaron Unger	Morse
2000	Brendon Wall	Caronport
1999	Arden Creasy	Kincaid
1998	Bryan Bodgan	Avonlea
1997	Victor Calvin	Kincaid
1996	Andrew Francis	Caronport
1995	Darren Shakotko	Caronport
1994	Andrew Francis	Caronport
1993	Ryan Chamberlin	Rouleau
1992	Kris Setrum	Coronach
1991	Mark Hicks	Central Butte
1990	Norm Gerwing	Notre Dame
1989	Jason Dunn	Prairie View

100m

15.90	Keegan Arnyek
15.00	Tyren Kupper
14.00	Darren Lowe
14.50	Riley Gillies
15.00	Brenan Ehman
15.34	Matt Williams
15.65	Derek Hoskins
15.09	Kenny Howe
15.39	Kyle Hobbs
15.02	Kyle Hobbs
15.92	Travis Cossette
16.45	Travis Cossette
15.62	Dave Kessler
15.77	James Douglas
15.27	Rhett Deobald
14.10	Andrew Francis
15.32	Andy O'Brian
15.10	Marlin Redpath
15.74	Jamie Hart
17.34	Clint Drime
15.47	Clint Drime
14.96	Ryan Williams
14.17	Jay Wilson

200m

11.50	Kahlen Branning	Central	23.50
11.40	Braeden Lang	Peacock	23.40
11.20	Paul Thomson	Assiniboia	23.60
11.60	Paul Thomson	Assiniboia	23.90
11.30	Brenan Ehman	Craik	23.10
11.51	Joe Jensen	Gravelbourg	24.35
11.19	Scott Eberle	Avonlea	23.43
11.65	Nathan Manville	Notre Dame	23.94
11.72	Clinton Paysen	Central Butte	23.67
11.31	Kyle Hobbs	Assiniboia	23.54
11.79	Travis Cossette	Gravelbourg	23.72
11.75	Travis Cossette	Gravelbourg	23.75
11.44	Geoff Fisher	Cornerstone	24.15
11.60	James Douglas	Notre Dame	24.81
11.57	Chris Peter	Caronport	23.24
11.31	Andrew Francis	Caronport	22.82
11.83	Andy O'Brian	Notre Dame	24.44
11.48	Marlin Redpath	Caronport	23.66
11.50	Marlin Redpath	Caronport	23.59
11.35	Mike Dawe	Notre Dame	24.01
11.63	Tim Hildebrand	Caronport	23.60
11.85	Jay Wilson	Caronport	23.31
10.94	Jay Wilson	Caronport	23.00

400m

2011	Kyle Dalgarno	Peacock
2010	Emmett Harrison	Peacock
2009	Paul Thomson	Assiniboia
2008	Karal Martin	Central
2007	Karal Martin	Central
2006	Keith Aulie	Rouleau
2005	Brian Fisher	Cornerstone
2004	Jeremy Costley	Mossbank
2003	Clinton Paysen	Central Butte
2002	Joey Krochak	Crane Valley
2001	Curtis Haubrich	Hodgeville
2000	Shawn Graham	Caronport
1999	Geoff Fisher	Cornerstone
1998	Bryan Bogdan	Avonlea
1997	Chris Peter	Caronport
1996	Andrew Francis	Caronport
1995	Cal Watson	Avonlea
1994	Brett Cornelson	Central Butte
1993	Quinton Gibson	Notre Dame
1992	Rod Fehr	Caronport
1991	Tim Hildebrand	Caronport
1990	Jay Wilson	Caronport
1989	Tony Larsen	Thundercreek

800m

53.10	Regan Silversides
53.60	Emmett Harrison
53.60	Ryan Cox
52.20	Karal Martin
50.10	Miguel Potosme
53.53	Bobby Miller
54.12	Micheal Burkat
55.50	Kevin Falk
54.07	Kevin Falk
53.91	Devin Watteyne
55.48	Joel Pullman
54.93	Joel Pullman
53.94	Joe Filson
53.69	Bryan Bogdan
51.65	David Kemmesies
52.48	Cal Watson
55.18	Ken Terpstra
54.58	Ryan Chamberlin
54.14	Ryan Chamberlin
53.58	Stacey Lerat
51.40	Jesse Shakotko
51.50	Jesse Shakotko
51.58	Tony Larsen

1500m

2:05.50	Regan Silversides	Peacock	4:35.70
2:03.60	Regan Silversides	Peacock	4:21.10
2:10.20	James Wattam	Vanier	5:05.30
2:01.00	Miguel Potosme	Vanier	4:42.60
2:04.10	Devon Dietrich	Central	4:18.80
2:12.84	Tom MacFarlane	Caronport	4:39.63
2:11.04	Micheal Burkat	Caronport	4:48.92
2:10.81	Kevin Falk	Herbert	4:37.39
2:09.50	Kevin Falk	Herbert	4:39.94
2:11.89	Kris Rooneem	Notre Dame	4:41.96
2:05.91	Joel Pullman	Caronport	4:38.23
2:08.71	Joel Pullman	Caronport	4:41.97
2:10.90	Joe Filson	Lafleche	4:39.03
2:05.20	Joe Filson	Lafleche	4:42.03
2:08.69	M. Howard	Notre Dame	4:48.91
2:09.94	Marshall Lee	Caronport	4:44.82
2:07.46	Cal Watson	Avonlea	4:46.28
No Time	Ryan Chamberlin	Rouleau	4:22.70
2:06.39	Ryan Chamberlin	Rouleau	4:24.58
2:15.00	Cameron Laing	Herbert	4:36.02
2:08.40	Jesse Shakotko	Caronport	4:30.20
2:11.39	Brent Hermanson	Caronport	4:36.64
2:03.55	Rod Sviestrup	Prairie View	4:29.39

3000m

2011	Regan Silversides	Peacock
2010	Regan Silversides	Peacock
2009	Vincent Oyoo	Central
2008	Matthew Wilson	Lafleche
2007	Devon Dietrich	Central
2006	Tom MacFarlane	Caronport
2005	Micheal Burkat	Caronport
2004	Kevin Falk	Herbert
2003	Kevin Falk	Herbert
2002	Devin Watteyne	Lafleche
2001	Devin Watteyne	Lafleche
2000	Joel Pullman	Caronport
1999	Peter Kahenya	Caronport
1998	Sam Kibwaa	Caronport
1997	David Kemmesies	Caronport
1996	Wes Watteyne	Notre Dame
1995	Cory Mjolsness	Caronport
1994	Ryan Chamberlin	Rouleau
1993	Ryan Chamberlin	Rouleau
1992	Cameron Laing	Herbert
1991	Chuck Stevenson	Caronport
1990	Brent Hermanson	Caronport
1989	Jon Waind	Thundercreek

Shot Put

10:00.00	Preston Esmond
9:50.30	James Jeffers
10:48.60	Eli Crooks
10:30.90	Matt Pitts
9:25.40	Chris Pickering
9:56.41	Keith Aulie
10:44.16	Dustin Knowlton
10:10.75	Scott Yorke
10:12.26	Jordan Rempel
10:47.25	Jordan Rempel
10:02.21	Conrad Gerde
10:08.73	Jordan Clarke
11:22.94	Jordan Clarke
10:36.42	Tim Luke
10:10.81	Darren Clarke
10:18.40	Pete Rodin
10:12.30	Courtney Ryan
9:22.50	Mike Heistad
9:50.39	Carlos Soke
10:09.96	Scott Davidson
10:01.00	Rob Paproski
10:09.62	Ryan Bates
9:57.43	Alex Legault

11.88	Eyeblow
13.80	Bengough
12.79	Rockglen
13.04	Peacock
15.34	Riverview
12.59	Rouleau
13.42	Rouleau
13.73	Morse
13.57	Caronport
13.44	Caronport
12.49	Coronach
14.40	Rouleau
12.99	Rouleau
13.32	Crane Valley
13.31	Rouleau
14.13	Caronport
12.24	Coronach
12.95	Avonlea
12.26	Notre Dame
12.54	Notre Dame
12.61	Central Butte
12.32	Notre Dame
12.94	Prairie View

Discus

34.21	Carter Howe	Mossbank
40.48	Jacques Geyer	Vanier
36.72	Stuart Archer	Mossbank
36.13	John Lendvoy	Peacock
43.92	Chris Pickering	Riverview
36.08	Alex Kress	Mankota
35.27	Cody Bourdages	Caronport
39.21	Scott Yorke	Morse
38.88	Scott Yorke	Morse
45.11	Conrad Gerde	Coronach
37.91	Conrad Gerde	Coronach
36.75	Kelsey Rea	Caronport
36.10	Jordan Clarke	Rouleau
33.23	Loren Bredahl	Notre Dame
35.65	Nolan Meston	Bengough
41.62	Jamie Sadler	Central Butte
37.16	Jamie Sadler	Central Butte
32.51	Brad Hicks	Lafleche
35.91	Mike Durant	Notre Dame
36.66	Mark Gee	Bengough
39.00	Ryan Bates	Notre Dame
42.05	Craig Knox	Briercrest
37.73	Mike Nederhoff	Thundercreek

Javelin

2011	Eric Stewart	Rockglen
2010	Reid Howe	Mossbank
2009	Josh Larsen	Rouleau
2008	Shane Bakke	Mortlach
2007	Joey Stanowski	Central
2006	Evan Bruvold	Central Butte
2005	Ben Reed	Caronport
2004	Brian Gould	Central Butte
2003	Jeremy Flegel	Briercrest
2002	Russell Guthormsen	Mossbank
2001	Patrick Potie	Col. Mathieu
2000	Patrick Potie	Col. Mathieu
1999	Dustin Olson	Caronport
1998	Andrew Bishop	Notre Dame
1997	Rod Klippenstein	Caronport
1996	Adam Lawson	Caronport
1995	Adam Lawson	Caronport
1994	Steve May	Central Butte
1993	Steve May	Central Butte
1992	Curtis Voth	Central Butte
1991	Ryan Bates	Notre Dame
1990	Ryan Bates	Notre Dame
1989	Ryan Austin	Prairie View

Long Jump

38.97	Chris Sanford
51.16	Chris Sanford
47.98	Taylor Bean
46.27	Connor MacDonald
48.10	Brenan Ehman
42.07	Andrew Fast
46.23	Derek Hoskins
41.45	Brian Fisher
44.39	Ben McNutt
44.11	Matt Crosbie
43.79	Jeremie Tendler
45.69	Paul McNutt
46.66	Danny Coates
44.49	Brodie Mitchell
42.38	Dennis Dunn
46.43	Dennis Dunn
48.31	Dale Gee
49.95	C. Christopherson
45.96	Nathan Peter
44.36	Kevin Rutten
50.64	Steven Roberts
44.90	Chris Omoth
45.42	Scott Yanko

6.12	Vanier
5.97	Vanier
5.89	Rouleau
5.80	Peacock
6.08	Craik
5.89	Herbert
5.83	Cornerstone
5.98	Cornerstone
5.87	Crane Valley
6.17	Cornerstone
6.19	Assiniboia
6.03	Crane Valley
5.68	Chaplin
6.03	Coronach
6.54	Ogema
5.99	Ogema
5.95	Bengough
5.73	Milestone
5.96	Caronport
5.84	Yellowgrass
6.23	Notre Dame
6.16	Milestone
6.20	Prairie View

Triple Jump

12.48	Keegan Arnyek	Vanier
12.51	Taylor Bean	Rouleau
12.56	Rylan Thiessen	Caronport
12.00	Corey Redstone	Caronport
12.44	Joey Stanowski	Central
12.16	Keith Aulie	Rouleau
12.50	Garrett Forbes	Mortlach
11.92	Scott Yorke	Morse
12.38	Ben McNutt	Crane Valley
12.24	Ben McNutt	Crane Valley
12.44	Justin Wolverton	Caronport
12.61	Curtis Holland	Avonlea
12.78	Danny Coates	Chaplin
12.01	Jeremy Nelson	Coronach
13.79	Dennis Dunn	Ogema
13.40	Dennis Dunn	Ogema
11.73	Steven Linton	Ogema
12.26	Benjy Houser	Caronport
12.74	Nathan Peter	Caronport
12.08	Nathan Peter	Caronport
12.30	Jesse Shakotko	Caronport
12.65	Jesse Shakotko	Caronport
12.96	Dave Vanbaudel	Prairie View

High Jump

2011 Ryan Froehlich	Vanier
2010 Leif Fryklund	Vanier
2009 Paul Thomson	Assiniboia
2008 Connor MacDonald	Peacock
2007 Connor MacDonald	Peacock
2006 Lincoln Crooks	Rockglen
2005 Brian Fisher	Cornerstone
2004 Garrett Guenther	Hodgeville
2003 Matt Stevens	Assiniboia
2002 Jason Holland	Avonlea
2001 Patrick Potie	Col. Mathieu
2000 Curtis Holland	Avonlea
1999 Curtis Holland	Avonlea
1998 Wes Hughes	Notre Dame
1997 Wes Hughes	Notre Dame
1996 Marshall Lee	Caronport
1995 Jeff Marzolf	Central Butte
1994 Eugene Huxley	Rouleau
1993 Mike Brooke	Notre Dame
1992 Don Jerrick	Milestone
1991 Scott Began	Notre Dame
1990 Clay Spearman	Mossbank
1989 Tony Larsen	Thundercreek

4 X 100 Relay

1.80	No Event Held
1.80	Moose Jaw
1.78	North
1.99	Moose Jaw
1.75	Moose Jaw
1.78	Thundercreek
1.87	Thundercreek
1.81	No Event Held
1.78	Herbert
1.85	Red Coat Trail
1.90	Thundercreek
1.92	Prairie View
1.70	Prairie View
1.72	Herbert
1.74	Thundercreek
1.82	Thundercreek
1.75	Prairie View
1.80	Thundercreek
1.75	Prairie View
1.81	Prairie View
1.83	Prairie View
1.77	Thundercreek
1.82	Prairie View

4 X 400 Relay

No Event Held		
47.00	Moose Jaw	3:39.50
47.40	Moose Jaw	3:44.60
46.20	Moose Jaw	3:39.80
45.40	Moose Jaw	3:35.20
46.94	Thundercreek	3:50.19
45.66	Thundercreek	3:49.92
No Event Held		
46.77	Herbert	3:48.38
47.09	Red Coat Trail	3:52.79
46.92	Thundercreek	3:49.09
48.35	Thundercreek	3:48.53
47.45	Thundercreek	3:55.76
47.74	Prairie View	3:50.31
46.81	Prairie View	3:47.97
46.15	Thundercreek	3:53.15
48.17	Thundercreek	3:50.52
46.43	Thundercreek	3:45.32
47.04	Wood River	3:52.51
46.00	Prairie View	3:45.34
46.41	Thundercreek	3:51.49
46.03	Thundercreek	3:37.40
47.74	Thundercreek	3:44.69

Quadathlon

2011 Joseph Taban	Central	2211
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