

Official Guidelines - High Jump

You should have two assistants to replace the fallen bar

Athletes may practice their approaches at any time prior to the event an unlimited number of times.

Starting Heights

Senior and Junior Girls

Start at 1.25, then 5 cm advancement to 1.50, then 3 cm advancements to completion

Bantam and Midget Girls

Start at 1.10m, jump to 1.20, then 5 cm advancement to 1.45, then 3 cm advancements to completion

Senior Boys

Start at 1.50, then 5 cm advancement to 1.75, then 3 cm advancements to completion

Junior Boys

Start at 1.45, then 5 cm advancement to 1.70, then 3 cm advancements to completion

Midget Boys

Start at 1.40m, then 5 cm advancement to 1.65, then 3 cm advancements to completion.

Bantam Boys

Start at 1.30m, then 5 cm advancement to 1.60, then 3 cm advancements to completion.

Addressing the Athletes

Once the event is scheduled to begin, gather the athletes to you, introduce yourself, and tell them

“The starting height is _____ and we will be moving it up at _____ cm intervals”

“The order you will be competing in is{list the athletes}”

“If you have track events that might conflict, you are to make sure you are on the track for them, you WILL be given a chance to jump at a height you weren't in attendance for when you return”

“If you miss three consecutive jumps you are eliminated (they do not have to be three consecutive jumps at the same height”

“You may pass at any time (even after you have attempted a height)”

“If you pass on one attempt at a height, you may not have a subsequent attempt at that height”

“If you balk three consecutive times, it counts as an attempt”

“If you cross the plane formed by the bar and standards, an attempt is counted”

If you touch the mat during your jump, as long as you don't push off of it, no foul will be declared”

“Are there any questions”

Once the competition has started

- announce the next jumper and who is on deck.
- confirm the competitor number of the jumper when you write the results

Recording results

X	missed attempt
0	successful attempt
-	pass

On a record attempt

- the judges must check the measurement when the bar is placed at the record height and must recheck the measurements before each subsequent record attempt if the bar has been touched since last measured.
- all measurements shall be made in whole centimeters (rounding down) perpendicularly from the ground to the lowest part of the upper side of the bar.
- if a record is broken you MUST call for the Chief Field Official to confirm the record height

Tie-Breakers

1. the competitor with the fewest misses at the last successful height
2. the competitor with the fewest misses throughout the competition
3. If they are still tied for 3rd place or lower they will receive the same placement
4. If it is a tie for first or second and 1 and 2 do not resolve the tie use the following procedure:
 - the tied competitors will get ONE jump at the last height one of the tied competitors failed
 - the bar will then be raised or lowered for ONE jump at each height until the tie is resolved
 - competitors may NOT pass in any tiebreaker

Once the competition is completed

- determine and announce the top 6 finishers
- sign the results sheet
- give it to the first place finisher, send them to the results window to pick up their medal
- tell the 2nd, 3rd, and 4th place finishers to go get their ribbons
- remind the 1st and 2nd place finishers that they have qualified to go to provincials next week